# The 4-H Network
Connecting all of Kern County

## JANUARY 2012

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>2</td>
<td>UCCE Office Closed</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>*New Horse Member &amp; Parent Orientation, 7:00pm</td>
<td>Harold Tolbert 661-205-1975</td>
</tr>
<tr>
<td>12</td>
<td>*Dairy Goat Meeting, 6:00 pm</td>
<td>Harold Bulford 661-393-6123</td>
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<tr>
<td>12</td>
<td>*Market Goat Meeting, 7:00 pm</td>
<td>Paul Hudson 661-845-9225</td>
</tr>
<tr>
<td>14</td>
<td>*New Leader Orientation, 10:00 am</td>
<td>Veronica Slaton 661-868-6235</td>
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<tr>
<td>16</td>
<td>UCCE Office Closed</td>
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<tr>
<td>23</td>
<td>*Horse Leader Meeting, 6:30 pm</td>
<td>Harold Tolbert 661-205-1975</td>
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<tr>
<td>24</td>
<td>*Leader Council, 7:00 pm</td>
<td>Christopher Diniz 661-213-4518</td>
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<tr>
<td>26</td>
<td>*Rabbit Meeting, 7:00 pm</td>
<td>Jana Goens 661-588-2094</td>
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<tr>
<td>26</td>
<td>East Kern Meeting, Ridgecrest-Location TBD 6:00 pm</td>
<td>Veronica Slaton 661-868-6235</td>
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<tr>
<td>27-29</td>
<td>LCORT—Wonder Valley Resort, Fresno County</td>
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*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA*

## FEBRUARY 2012

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<thead>
<tr>
<th>Date</th>
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<tbody>
<tr>
<td>11</td>
<td>Horse Field Day</td>
<td>Harold Tolbert 661-205-1975</td>
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<tr>
<td>16</td>
<td>*Rabbit Meeting, 7:00 p.m.</td>
<td>Jana Goens 661-588-2094</td>
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<tr>
<td>20</td>
<td>UCCE Office closed</td>
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<tr>
<td>27</td>
<td>*Horse Leader Meeting, 6:30 p.m.</td>
<td>Harold Tolbert 661-205-1975</td>
</tr>
<tr>
<td>28</td>
<td>*Leader Council, 7:00 p.m.</td>
<td>Chris Diniz 661-213-4518</td>
</tr>
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*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA*

*Delano Ag 4-H members donated food for four families in the Delano area. They delivered the baskets before Thanksgiving. This was the second year the club has funded the project. We hope to continue for many years!*

By Vanessa Gomez, Club Reporter
The Revolution of Responsibility is described as "... a movement for positive change in every community in America. 4-H youth are a living, breathing, culture-changing revolution for doing the right thing, breaking through obstacles, and pushing our country forward by making a measurable difference right where they live. That takes uncommon commitment."

2013 marks the centennial for 4-H in California, an important milestone for an organization that is deeply connected to communities throughout California. Core to the 4-H experience is service learning, which takes the form of youth-designed, youth-led projects where participants learn leadership by leading, collaboration through collaborating, and the importance of civic engagement by actively seeking opportunities to make a difference in their communities.

The Revolution of Responsibility Centennial Campaign will celebrate the power of California 4-H youth taking action through an ambitious statewide program that will fund 1,000 service learning projects at $1,000 each through the end of 2013. It will also provide an opportunity to re-connect with an estimated one million past 4-H participants living in California, engaging them as volunteers, donors, and advocates. Learn more at http://www.ca4h.org/Support/ RofR/

California 4-H $1,000 for 1,000 Service Learning Projects

The University of California 4-H Youth Development Program is dedicated to fostering an environment where youth and adults work together as equal partners to gain new skills and create positive community change. 4-H groups can apply for up to $1,000 to identify, plan, and carry out a service-learning project in their community. An open application process has review dates of October 15, 2011; January 15, 2012; and April 15, 2012. To apply, go to: http://ucanr.org/join/

Send Coupons to Military Overseas

Did you know that overseas military members can use expired coupons up to six months past their expiration date? Military families stationed overseas are often living on one income and money can be scarce. Let’s support our military by showing them some coupon love! Please join us each month to send our unused and expired coupons overseas

Eligible Coupons:
- Send only Manufacturer Coupons;
- Do NOT send store or restaurant coupons.
- Do NOT send coupons that are over 30 days expired.

Mail or drop off your expired or unwanted coupons to our local 4H office at:
UCCE – Kern County
1031 So. Mt. Vernon Ave.
Bakersfield, CA 93307

2012 California Camping Conference
March 23 – 25, 2012
YMCA Camp Campbell
Boulder Creek, CA

The California Camping Conference inspires ideas and innovation and helps camp administrators create fun, safe, and rich learning experiences for both campers and camp staff. The weekend conference offers staff, volunteers, and teen leaders the opportunity to learn new practices, acquire new skills, and network with others from all over the state. One of our key presenters will be Dr. Jim Cain who is an innovator in team building and author of several books including Raccoon Circles and Teamwork & Teamplay. The fee is $130 per person and includes meals, lodging, and all conference materials. The conference begins at 7:00 p.m. on Friday and ends after lunch on Sunday. If you plan to take the archery certification there is an additional $30 fee for class material. Archery is a full twelve hour course. For more information about the conference visit the 4-H Camp website at: http://www.ca4h.org/Programs/Camps/Conference/ To register online visit: http://ucce.ucdavis.edu/survey/survey.cfm? surveynumber=7206

Congratulations Jason Linderman! Jason Linderman of Kern River 4-H was nominated to attend the U.S. Air Force Academy. Jason is a senior at Independence High School and wants to study aeronautical engineering.
**4-H WEBSITES**
http://www.areyouintoit.com
http://www.fourhcouncil.edu
http://www.4-h.org/fourweb
http://www.ca4h.org

**4-H ENROLLMENT WEBSITE**
https://california.4honline.com

**4-H VOLUNTEER WEBSITE**
http://ucanr.org/4-hvolunteers/

**LOCAL 4-H OFFICE**
Veronica Slaton, 4-H Program Rep.
vaslaton@ucdavis.edu
661-868-6235

Berney DeLaCruz, Operation Military Kids
bdelacruz@ucdavis.edu
661-868-6227

John Borba, 4-H Advisor/Interim County Director
jaborba@ucdavis.edu
661-868-6216

Fax: 661-868-6208

**IDEAS THAT WORK**

There are many new stories of 4-H program success happening all across California. Visit: http://www.ca4h.org/News/Media/ to read stories recently featured in the media.

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The University of California, Davis College of Agricultural and Environmental Sciences will hold its 36th Annual Agricultural and Environmental Sciences Field Day on March 3rd, 2011. The UC Davis CA&ES Field Day is the 2012 California 4-H State Qualifier for Poultry, Dairy and Livestock judging. To register, go to http://www.calaged.org/registration

Select the event (2012 U.C. Davis Agricultural & Environmental Sciences Field Day). Choose the link “Get Access Code”. Complete the information on the form and click the register button. Please include 4-H next to your club name on the registration form. On the following page save the registration code and register later or simply continue with the registration at this point. Note that you may only register once so be prepared to complete the registration or contact us if you have any changes. After your chapter is registered, we request that you submit a printed copy of your online registration along with your payment. Checks should be made payable to “UC Regents” and mailed to:

Attn: Francesca Ross
College of Agricultural & Environmental Sciences
One Shields Avenue
Davis, CA 95616

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**KERN COUNTY 4-H IS ON FACEBOOK!**
Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and ‘like’ us! We will post updates, important event reminders, announcements—all sorts of important things! It’s the best way to keep up-to-date!

**CLUB WEB PAGES OR FACEBOOK PAGES**
There are now IMPORTANT guidelines set in place about your club having a web page or social media page (Facebook). The 4-H Office MUST know about any club pages. There is now a form to be filled out, and signed, that is required to be kept on file. These guidelines are on our County website www.cekern@ucdavis.edu under ‘Kern County Forms’. If your club already has one of these, please fill out the form and make sure that your page is following the policies as soon as possible.

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**4-H Members Recognized!!**

Three Kern County 4-H members were recognized at the 2011 California State 4-H Record Book Competition. This competition requires time and commitment on the part of those who enter. Their record books have to be accurate, well organized, and informative. The following Kern County 4-H members received the following honors:

**Medalist**
Zachary Blanton  Sierra Mountaineers 4-H

**Merit Recognition**
Garrett Blanton  Sierra Mountaineers 4-H
Erica Cole  Delano Ag 4-H

**UC Davis Animal Science Goat Day**
Saturday, January 21, 2012

This educational day is filled with sessions related to dairy goat herd improvement, feeding, showmanship, and many other topics.

For further information, visit their website at http://animalscience.ucdavis.edu/events/goatday/
Measuring Success through the 4-H Online Record Book—Win an iPad2!

One of the features of the 4-H Online Record Book (ORB) is the “Boost Your Spark Score!” box. Through the Spark Score Questions we will be able to measure the impact of 4-H and track the progress of individual youth toward reaching their full potential, or in a word, to thrive. Tracking youth progress allows us to continually improve 4-H programs based on real results. To incentivize use of ORB in this first year, both youth and adults have opportunities to be eligible to be entered into a drawing for iPad2’s and a Centennial commemorative pin.

**Youth Eligibility Requirements**

A. Chance to win one of four iPad2s, (16GB, Wireless)
   Drawing to be held in July 2012

   To be eligible, members must complete all of the following:

   1) Boost Your Spark Score! Complete all five Spark Score Questions surveys in ORB plus at least one Bonus Score Questions survey by **January 31, 2012**
   2) Boost Your Spark Score-again! Complete all five Spark Score Questions surveys in ORB plus at least one Bonus Score Questions survey by **June 30, 2012**. As you complete the original five Spark Score Question surveys, they will disappear from your Boost Your Spark Score panel. In April 2012, these same surveys will reappear and you will answer the same sets of questions again.

| Spark Score Questions: complete all five, twice during the year.  
1st time by January 31, 2012  
2nd time by June 30, 2012 | Bonus Score Questions: complete at least one, twice during the year (complete the same one(s) each time)  
1st time by January 31, 2012  
2nd time by June 30, 2012 |
|---|---|
| Light Your Spark  
Flex Your Brain  
Reach Your Goals  
How I Feel  
Contribution | Caring  
Character  
Connection  
Confidence  
Competence |

B. Centennial commemorative pin
   All members who complete the five baseline surveys by January 31, 2011 and the end-of-year surveys by June 30, 2012 are eligible to receive the Centennial commemorative pin.

**Adult Eligibility Requirements**

A. Chance to win one of two iPad2s, (16GB, Wireless)
   Drawing to be held in July 2012

   To be eligible, adults must complete all of the following:

   1) Attend Thrive training in your own or a neighboring county.
   2) Attend Rubrics and Thriving Training. (multiple conference call training sessions offered October—November 2011).
   3) Implement and complete the iThrive Member Guide in a Leadership Project (club, county-wide or other).
   4) Complete evaluation surveys from UC Davis research team. (Two surveys, pre and post program delivery.)
   5) Complete baseline GPS Rubrics and Contribution Rubrics on at least three youth by January 31, 2012
   6) Complete end-of-year GPS Rubrics and Contribution Rubrics on the same three (or more) youth by June 30, 2012.

B. Centennial commemorative pin
   All adults who complete all of the above requirements by the designated deadlines are eligible to receive the Centennial commemorative pin.
2012 Study Travel Adventures for Teens and Adults

California Focus
June 15-19, 2012
Sacramento, California

Teens- $550       Adults- $650

Enrollment is open to all adult 4-H leaders and to youth members that have completed the 8th grade

Washington Focus #1
Road to Democracy
June 24–July 2, 2012
$2,190.00
For those who wish to travel on a 10 day trip to Washington D.C., Jamestown, Yorktown, and Williamsburg.

Heritage Trail I
June 24-30, 2012
$1,840.00
For those who prefer to limit their travel to Washington, D.C.

Washington Focus #2
Global Journey
July 8-17, 2012
$2,330.00
For those who wish to travel on a 11 day trip to Washington, D.C., Philadelphia, and New York

Heritage Trail II
July 8-14, 2012
$1,840.00
For those who prefer to limit their travel to Washington, D.C.

Washington Focus Programs are open to all adult 4-H leaders and to all youth members who have completed their sophomore year in high school or will be 16 years of age by the time of travel.

For more information Contact Pat English 530-574-8520
The 2012 California State 4-H Field Day will be held on May 26, 2012 at UC Davis. The State 4-H Field Day is a fun-filled event for the whole family, with a day of 4-H contests, activities, picnics, and meeting others. The event is composed of the State 4-H Presentation Day, State 4-H Fashion Revue, Plant Science Contest, Film Festival, Photography Contest, Interview Contest, Judging Contest, and many others! Information on the event will be available in January 2012 at [http://www.ca4h.org/Programs/Events/SFD/](http://www.ca4h.org/Programs/Events/SFD/). If you want to host an educational event, prepare for your county and sectional/regional 2012 4-H Presentation Day? The 2012 impromptu topics are available at [http://www.ca4h.org/files/72298.pdf](http://www.ca4h.org/files/72298.pdf). The 2012 Senior and Intermediate problem solving presentation fact sets are available at [http://www.ca4h.org/Programs/Events/SFD/PD/](http://www.ca4h.org/Programs/Events/SFD/PD/). Problem Solving presentations allow the member to select a position on an issue and develop a presentation to defend that position. There is NOT pre-qualification required to enter this category at the State 4-H Presentation Day (i.e., a gold medal at a sectional competition is not required to enter the Problem Solving category). The 2012 special recognition opportunities are available at [http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/](http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/). Members focusing their presentation on one of these themes will earn a special pin at the State 4-H Presentation Day! The SET theme is renewable energy, the healthy living theme is healthy foods, and the citizenship theme is speakout for military kids. For questions, contact Steven Worker at smworker@ucdavis.edu.

The Million Pillowcase Project is a national community service activity adopted for 2012 by 4-H State Fashion Revue. To participate, sew a standard-size pillow case, 20” x 30”. Bring it to State Fashion Revue on May 26 at UC Davis or have a delegate from your county deliver it. The SFR committee will collect the pillowcases and donate them to charitable organizations throughout California. Get creative with your pillowcase fabric! Add a decorative border! Design a pillowcase for a foster child, a homeless person, or perhaps a nursing home resident. For ideas and sewing instructions, go to [www.alpeoplequilt.com](http://www.alpeoplequilt.com) and click on Million Pillowcase Challenge. Our goal is 500 pillowcases from California 4-H. Contact ashleyandtara@gmail.com with pillowcase questions. For more information about State Fashion Revue, go to [http://www.ca4h.org/Programs/Events/SFR/](http://www.ca4h.org/Programs/Events/SFR/).
• The State Fashion Revue Committee announces the addition of a new challenge for the 2012 SFR-Bag up Fashion Challenge. Sew a tote bag from Simplicity pattern #7161, View A only, and model it with an outfit that coordinates with the tote bag. You will not be judged on the outfit, but how the tote bag is presented and the overall appearance of your outfit. Be creative! Show off your personality in your design. This cute, easy to make tote bag will become a wonderful accessory to your wardrobe or make a great gift to give after the Fashion Revue contest. NOTE: This Simplicity pattern will be discontinued as of February 2012. Please plan to purchase your pattern early. If you are unable to find a pattern, please contact Mary from SFR committee at maryengebreth@comcast.net and we will see that your county office receives a pattern to be shared in your county. If you, your project, or your county would like more information about SFR, additional categories or service projects that will be eligible at SFR, or would like to assist our committee, please visit our website at http://www.ca4h.org/Programs/Events/SFR/.

• The dates for the 2012 Citizenship Focus Program have been set.
  California Focus—June 15-19, 2012
  Washington Focus #1
    Heritage Trail 1- June 24-30, 2012
    Road to Democracy– June 24–July 2, 2012
  Washington Focus #2
    Heritage Trail 1- July 8-14, 2012
    Global Journey– July 9-17, 2012
Meet 4-H’ers from across California while you expand your life skills and learn more about your community and state. An information packet will arrive in your county 4-H office by mid-October or information is available now on the web at: http://www.ca4h.org/Projects/Citizenship/Focus/. Registrations are due January 16. For questions contact Pat English at pnenglish@ucdavis.edu or 530-754-8520

CAWELO CARES

Because the economy is so bad there are more and more homeless and needy people that need to be fed here in Kern County. So Cawelo 4-H club decided to get involved with feeding the needy of Kern County.

We met to prepare the turkeys for deep pitting. First, we all took turns cleaning the turkeys so we could season them. There were two lines so everyone got to do each step. Next, we took turns putting mayonnaise on the turkeys. Then, we had to wrap the turkeys so they didn’t fall out and get dirty in the deep pit. A deep pit is a hole in the ground with a pipe in it. It cooks the meat slowly.

The next day on Thanksgiving morning we met at the Bakersfield Rescue Mission. We got to debone the turkeys. The meat fell right off of the bones. Everyone had a lot of fun. Thanksgiving is a time for being thankful and giving. By giving to the Mission we helped make a thankful holiday to those who may not have much!

Tabitha Taylor—Cawelo 4-H Club
PROGRAM UPDATES

POSITIVE YOUTH DEVELOPMENT

Resource: Having launched on September 1st, 2011, the 4-H Online Record Book ORB) continues to grow. Here are the latest statistics: 590 club meetings registered, 2284 Developmental Activities have been entered, 91 Presentations added, 880 Photos uploaded, 245 Comments were made and 388 Promotions received.

The 4-H Online Record Book has built-in reporting systems that will improve staff and volunteer efficiencies. As with anything new, it takes a little time to figure out how a system works. Once a user gets going on ORB, youth, volunteers, and staff will find that the Online Record Book will streamline reports and make approving things so much quicker and easier. Check out the Online Record Book today at https://ucanr.org/4hbook/login.cfm and simplify your 4-H life.

SCIENCE, ENGINEERING, and TECHNOLOGY (SET)


Resource: Every project in 4-H can benefit from the addition of science, engineering, and technology! In your 4-H projects, do members observe, compare, infer, plan, or build?! Download a new 4-H SET flyer at http://www.ca4h.org/files/131247.pdf


Curriculum: Want to lead a 4-H robotics project?! The new national 4-H curriculum is now available at http://www.4-h.org/resource-library/curriculum/4-h-robotics/. In California, many counties are offering Junk Drawer Robotics, where middle school youth learn scientific concepts and processes, the engineering design process cycle, and technology creation and building. For more information on 4-H robotics in California, visit http://www.ca4h.org/Projects/SET/Tech/JDR/

Activity: The 2012 Team American Rocketry Challenge is accepting registrations through November 30, 2011. The annual rocket contest, sponsored by the Aerospace Industries Association (AIA) and the National Association of Rocketry (NAR), challenges teams of three to ten students to design and build a rocket that will climb to 800 feet with two raw eggs as the payload and stay aloft for 43 to 47 seconds. The eggs must then return to earth unbroken. The complete 2012 contest rules and information are available at www.rocketcontest.org.

4-H Success Story: In the 2011 National 4-H Horticulture Contest, California 4-H members, Merrie Bedford, Jesse Hazeltine, Sara Aarestad, Isabelle West placed well! One of the highlights was California sweeping the top three places in the honors contest. See more at http://www.njha.org/pdfs/convention2011_winners.pdf. If you want to participate in the 2012 National 4-H Horticulture Contest, plan to participate in the state qualifier at the State 4-H Field Day on May 26, 2012 at UC Davis.


The Science Guidelines for Nonformal Education are developed to help youth educators and volunteer leaders understand the importance of nurturing the skills necessary for a scientifically literate society. Utilizing the tools and strategies outlined in these guidelines will help non-traditional STEM educators become more successful in their teachings.
HEALTHY LIVING

Activity: President’s Active Lifestyle Award
Congratulations California 4-H! With 146 members participating in the President’s Active Lifestyle Award (PALA) Challenge, California 4-H represented the largest group of 4-H members nationwide! Did you miss out? It’s not too late to start the challenge! Visit www.presidentschallenge.org/natl4-H to join.

Activity: Project Yellow Light
Contest Opens: December 1, 2011
High school seniors can submit a PSA that conveys the importance of teens developing and embracing safe driving habits, and focuses on not texting while driving. The winner will receive a $2,000 college scholarship. Visit www.projectyellowlight.com for details.

Activity: No BULL Challenge
Deadline: March 15, 2012
Students in sixth through twelfth grade are challenged to start an anti-cyberbullying campaign in their school or community, use video to document their campaign, and then submit their project to the NO BULL Challenge website. Win prizes such as a $10,000 production deal, a trip to the Sundance Film Festival, scholarships and much more! Visit nobull.votigo.com for more information.

Activity: Special Recognition at 2012 State Presentation Day
A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living. This year’s focus area is healthy food. Potential topics may include USDA’s MyPlate, serving sizes, sugar-sweetened beverages, nutrition facts labels, preparing a healthy meal on a budget, food groups, nutrients, healthy snacks, whole grains, food safety, dairy products, dietary fiber, and more. Visit www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities for details.

Resource: YOUTH-Turn Toolkit
The YOUTH-Turn Toolkit provides resources to help youth turn adversity into action and create educational, sustainable, memorable and engaging projects. Find out more about the YOUTH-Turn program and request a free toolkit by visiting www.noys.org/youthturn.aspx.

Resource: Snack Planet Mobile iPhone and iPad App
The Snack Planet app is a game that promotes the benefits of healthy snacking and exercise. Race the clock as Optimis, the robot, moves through the maze grabbing healthy foods along the way. Visit ianrhome.unl.edu/mobileapps for more information.

Check it out...our new website!
Our website has had quite an update! Stop by and look around our very informative and super helpful website. Bookmark it, save it as a favorite! Visit us at: http://cekern.ucdavis.edu/YouthDevelopment/
Happy Holidays from the 4-H Million Trees Project!

This is a great time to celebrate the success of the 4-H Million Trees Project this past year. Since the project started in Spring, 2007, over 41,000 youth have planted more than 340,000 trees. 4HMT continues to expand all over the world, from the U.S. to Canada, the Caribbean, Europe, Asia, and Africa. With 50,000 trees planted this year by 4HMT-KENYA and another 250,000 planned there in 2012, we are well on our way to one million. But we still need help from around the globe!

- For both veteran and new clubs, please think about planning a 4HMT tree planting event in 2012. Earth Day (April 22), Arbor Day (April 27), and Global Youth Service Day (April 20-22) are excellent target dates when 4-Hers can make a BIG impact.

- Please forward this 4HMT Holiday Greeting to all other 4-H clubs and units in your county/state/country, and let all 4-Hers know they are invited to join 4HMT and get personally involved in the climate crisis.

- Kids can learn important life skills in this project, from writing articles and grant proposals, to giving presentations and speeches. We encourage all 4-Hers to start service-learning projects in their passion areas.

Please contact us with any questions about this project.

Check out 4HMT on the web at [www.4hmilliontrees.org](http://www.4hmilliontrees.org) or 'Like Us' on Facebook at [https://www.facebook.com/pages/4-H-Million-Trees-Project/311665871868](https://www.facebook.com/pages/4-H-Million-Trees-Project/311665871868).

Thanks for your support of this project, because the Earth needs more people spreading the word about climate change and the importance of planting trees!

Fiona Benjamin
Teen Leader
4-H Million Trees Project
San Mateo County, CA 4-H

*Every day is a good day to plant a tree!*