## Kern County Home Ec.

Home Ec. Field day is getting a little...make-over! The event has been moved to April 28th at 9 a.m. 4-H has been rolling out a Healthy Living



initiative, and Kern County would like to be a part of it! We want to have not only our 'Favorite Foods Day', where members create dishes to be judged, but have a Healthy Living/Nutrition Faire-type event! There will be nutrition demonstrations and presentations, workshops/classes, and outdoor events and activities as well! We want to make this to be a fun day that the whole family can be a part of!

We are looking for members and leaders who would like to be a part of the committee to put on this event! We will need members to plan and give demonstrations or presentations on nutrition/healthy living topics! If you are interested please contact: Veronica Slaton at vaslaton@ucdavis.edu or 868-6235

