## SEPTEMBER 2013

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>2</td>
<td>UC Extension Office Closed for Labor Day Holiday</td>
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<td>7</td>
<td>Horse Show</td>
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<td>13</td>
<td>Harvest Hall Exhibits Due for Kern County Fair Refer to Fair Premium Book</td>
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<tr>
<td>14</td>
<td>Fair Work Day</td>
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<td>14</td>
<td>Junior Fair Board Circle of Excellence 1:00 pm Kern County Fairgrounds</td>
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<td>15</td>
<td>Harvest Hall Exhibits Due for Kern County Fair Refer to Fair Premium Book</td>
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<td>17</td>
<td>Harvest Hall Exhibits Due for Kern County Fair Refer to Fair Premium Book</td>
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<tr>
<td>18-29</td>
<td>Kern County Fair</td>
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*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA

## OCTOBER 2013

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>6-12</td>
<td>National 4-H Week</td>
</tr>
<tr>
<td>*22</td>
<td>Field Day Planning Meeting 6:00 p.m.</td>
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<tr>
<td>*22</td>
<td>Leader Council Meeting 7:00 p.m.</td>
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<tr>
<td>*28</td>
<td>Horse Leader Meeting 6:30 p.m.</td>
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<tr>
<td>31</td>
<td>Last Day for Hi 4-H Enrollment</td>
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</tbody>
</table>

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The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, gender identity, gender expression, sex, sexual orientation, gender identity, or gender expression, or medical condition (cancer-related or genetic characteristics) in any of its programs or activities. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University’s nondiscrimination policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California, Agriculture and Natural Resources, 1111 Franklin Street, 6th Floor, Oakland, CA 94607, (510) 987-0096.
**New Leader Orientation NOW ONLINE!!!**

Drum roll please........our New Leader Orientation page is now UP AND RUNNING ONLINE! Any in person Orientations scheduled are now canceled, as it can now be accessed ONLINE anytime!

Please visit our County 4-H website at: http://cekern.ucanr.edu/Youth_Development/ and look for the "Becoming a New 4-H Leader" page to get started!!

Please pass the word along to any potential leaders!!!

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**Send Coupons to Military Overseas**

Did you know that overseas military members can use **expired coupons** up to six months past their expiration date? Military families stationed overseas are often living on one income and money can be scarce. Let’s support our military by showing them some coupon love! Please join us each month to send our unused and expired coupons overseas.

**Eligible Coupons:**
- Send only Manufacturer **Coupons**;
- Do NOT send store or restaurant **coupons**.
- Do NOT send **coupons** that are over 30 days expired.

Mail or drop off your expired or unwanted coupons to our local 4-H office at:

**UCCE – Kern County**

1031 So. Mt. Vernon Ave.

Bakersfield, CA 93307

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**Food Safety Training Available ONLINE!**

The State 4-H Office requires that every club have at least one 4-H leader trained in Food Safety. The more leaders in your club that are certified, the more convenient it is for your club. It is required that a certified volunteer is to be present at all bake sales/food booths to make sure proper food safety guidelines are handled. Food Safety trainings are available anytime online! Please visit the website below, and use the provided sign-in/user information:

Website: [http://ucanr.edu/sites/MISKIS/](http://ucanr.edu/sites/MISKIS/)

Username: miskis

Password: makeitsafe_1234

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**IDEAS THAT WORK**

There are many new stories of 4-H program success happening all across California. Visit: [http://www.ca4h.org/News/Media/](http://www.ca4h.org/News/Media/) to read stories recently featured in the media.
RECORD BOOK INFORMATION

The 4-H Online Record Book (ORB) has approximately 4500 users statewide. **Did you know that the 4-H Online Record Book is not just for youth members?** Adult volunteers and county staff can access their own Online Record Book account using their 4-H Online user name and password. Adult volunteers can track their volunteer hours, communicate with youth in their clubs and projects and review and approve reports from their youth. To get started using ORB today, click on the following link: https://ucanr.edu/4hbook/login.cfm

The State 4-H Office is offering a 3-hour 4-H Online Record Book training for counties desiring it. This training (ORB Internet Café) will walk participants through how to use all aspects of the 4-H Online Record Book in a fun and engaging way. Please contact your county office if you desire to bring this training to your area.

For general information and help about the Online Record Book, please check out the following resources:
- ORB Webinar Archives— [http://www.ca4h.org/Resources/Members/RecordBook/ORB/](http://www.ca4h.org/Resources/Members/RecordBook/ORB/)
- ORB Login Help— [http://www.ca4h.org/files/121045.pdf](http://www.ca4h.org/files/121045.pdf)
- ORB Support (if you aren’t sure how to do something in ORB)— Please contact your county office
- ORB Bug Report (if a feature within ORB is not functioning correctly) — [http://www.ca4h.org/recordbookbugs/](http://www.ca4h.org/recordbookbugs/)

KERN COUNTY 4-H IS ON FACEBOOK!

Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and ‘like’ us! We will post updates, important event reminders, announcements—all sorts of important things! It’s the best way to keep up-to-date!

HAT PINS AND STRIPES

A vote was taken at the Council Meeting on May 28, 2013 to reaffirm the requirement of clubs to be provided their club’s hat pins and stripes for free, from the 4-H Office.

**Beginning July 1, 2013 for the new 4-H year of 2013/2014 the following requirements will be enforced:**

1. Each club is required to work two -3 hour shifts in the fireworks booth (07/01/2013 to 07/04/2013). It can be anyone that is over 18 years old to represent the club - parent, friend, older sibling.

2. Each club is required to donate an item to the silent auction in November with a minimum value of $25.00 (additional items will be appreciated - funds raised go to the Leader’s Council Scholarship fund)

3. Each club is required to have a representative of the club attend a minimum of 3 (three) 4-H Council meetings. It can be anyone who is a member, parent of a member or any leader. Council meets the 4th Tuesday of every month at 7 p.m. at the 4-H Office (the months of Sept. and Dec. are omitted) At the end of the 4-H year, if these requirements are not met you will be given a bill for your hat pins and stripes. If you have any questions please contact the 4-H office.

4-H WEBSITES
http://cekern.ucdavis.edu/Youth_Development/
http://www.areyouintoit.com
http://www.fourhcouncil.edu
http://www.4-h.org/fourweb
http://www.ca4h.org

4-H ENROLLMENT WEBSITE
https://california.4honline.com

4-H VOLUNTEER WEBSITE
http://ucanr.org/4-hvolunteers/
IMPORTANT INFO about DOJ Fingerprint Clearances!

While we finally got things straightened out for the future of our California Department of Justice (DOJ) Livescan fingerprint clearances, we still have a problem with recent past ones. **If you had your fingerprints ran through a Livescan agency from November 1, 2012 - February 1, 2013 we do not have your clearance**….the DOJ system auto deleted your notification. We can get another re-print of your fingerprint notification, we just need you to contact us with some specific information. We will need your full legal name, your date of birth (including year) and the ATI # from the agency where you got your Livescan done. This number would have been written on your copy of the Fingerprint Request Form that you would have taken to get Livescanned. If you cannot provide this information to us, please still contact us so we can figure out our next step in getting your fingerprint clearance. **Contact Veronica Slaton - 661-868-6235 or vaslaton@ucdavis.edu**

Kern County 4-H Program Evaluation!!!

*It seems lately that we have had less and less attendance in county events, scholarships and the All-Star Program in Kern County. We have also noticed a few other trends, and with the rise of technology we want to make sure that we are not only doing as much as we can to reach out to our 4-H audience, but to make sure the word is actually getting out to you!!! We have set-up a broad survey covering several topics so that we can evaluate here in Kern County. We truly appreciate that you are taking the time to do this survey; please be completely honest when answering these questions. The information is anonymous and we are only using the data of the answers to see how we can better our program! We are asking all leaders, parents and even older members to take it...please feel free to share and encourage others to take it as well!*

You can find the quiz here: [http://ucanr.edu/kc4hquestions](http://ucanr.edu/kc4hquestions)

DOG MEETINGS

Save these dates for dog meetings to start the new year. We will have extra help again in Showmanship and Rally/Obedience-as well as a class or two with Cari on teaching your dog tricks.

**Wednesdays:** October 2nd and October 9th at SPCA 6:00 pm, 3000 Gibson Street
Thursday, October 17th and Tuesday, Oct 22nd at Fruitvale-Norris Park 6:00 pm, corner of Fruitvale Ave & Norris Rd
**Wednesdays:** November 6th and November 13th at SPCA 6:00 pm

Come to as many as you wish….10 meetings during the year is enough to complete the project for most clubs. We try to offer a variety of dates and locations so that everyone can get in some County meetings with your project. Call for more info.

Claudia Burk
Kern County 4-H Dog Care and Training
7216 Cedarcrest
Bakersfield, Ca. 93308
661 393-1914
2013 Kern County Junior Fair Board Circle of Excellence and Superior Exhibitor Contest

Sponsored by Round-Up Feeds

No matter if you are Junior or Senior exhibitor, show rabbits or steers, the Kern County Junior Fair Board has the contest for you!

On Saturday, September 14th at 1pm in the Auction Barn, the KCJFB will be giving the Circle of Excellence tests. Participants need to bring an educational display about their species and their record book for the competition. Individual class winner qualify for Superior Exhibitor interviews.

Come on down and test your species knowledge!

There are NO entry fees or sign ups required, just good fun!

The Club or Chapter with the highest participation wins a $ 100.00 gift certificates from the Round Up!

Questions? Contact Roger Williams, (661) 747-9243, rwilliams8@bak.rr.com
SAVE the Date! November 8-10, 2013

100 Years and Thriving – Come celebrate California’s Centennial of 4-H with your 4-H colleagues at the State 4-H Leader’s Forum (SLF) at the Crowne Plaza in Sacramento. More information will be on the CA State 4-H website by the end of January. In the meantime, we are recruiting workshop presenters for this momentous event. Traditions or transitions, changes or choices, what kinds of information, issues, inspirations will you share with the delegates? Please contact Mary Engebret -maryengebreth@comcast.net with suggestions of topics and/or experts.
Record Book Quick Start Course

The Record Book Quick Start Course is now live and the link can be found on the State 4-H Website at:

http://4h.ucanr.edu/Resources/Members/RecordBook/RBCompetition/

The course is available to everyone and is required for any member who intends to have their book judged at State Competition. Members who intend to submit their books to State Competition, should refer to the Website. To be eligible for 2012 State Competition, members must complete the California 4-H Quick Start Record Book Course by October 15, 2013. The course is completed online and takes about 25 minutes to view. After the course, members take a short quiz which will take about another 7 minutes to complete. The quiz is how we will verify that a member took the course—it is important that they don't skip that step! In addition to helping youth prepare to submit a Record Book to state competition, the course is open to anyone who would like some additional guidance on completing a record book. In addition to the Quick Start Course, all of the materials to get ready to submit books to State Competition are on the Website as well….including the process, cover sheet, county checklist, due dates and judges applications.

If you have any questions, please contact Gemma Miner.

New Healthy Living Officer Position

Are you looking for ways to integrate healthy living practices into your 4-H Club? Starting in the 2013-2014 program year, California 4-H will be adding a Healthy Living officer position to the 4-H Officer Manual. The Healthy Living officer will serve as the club’s ambassador for health! By choosing to elect a Healthy Living officer for your club is taking an active role in promoting healthy lifestyles. The Healthy Living officer will be the leadership for all health activities including: Providing ideas on how to incorporate physical activities and healthy eating into each club meeting, write Healthy Living articles for the club meeting, write Healthy Living articles for the club newsletter and adopting and promoting a club Wellness Plan. Please help ensure that the health “H” if 4-H is at the forefront of all our meetings—consider electing a Healthy Living officer!

The Choose Health Officer Guide developed by Cornell University Extension can be found at: http://www.ca4org/Programs/Clubs/Officers/
What does the Healthy Living Officer do?

Education, family and peer support, and a community environment that promotes healthy behavior can strengthen the wellness of an entire community – such as a 4-H club! As the Healthy Living Officer, you will be responsible for educating, inspiring, and leading club members as they dedicate their “health for better living.” You will provide leadership for all health-related activities and will help to inform and educate your club members on easy ways to incorporate physical activity and healthful eating habits into their lives. You will be working with other officers to provide insight into ways to introduce healthy living options at club meetings and activities throughout the year.

General Duties

- Meet with other club officers and the officer advisor before each meeting
- Serve as chair of the 4-H Club Health Committee
- Work with other club officers and leaders to develop a yearly plan for including health activated in each 4-H club meeting and activity
- Provide recommendations for club policies related to health
- Gain support from members and leaders to do a service learning project related to health
- Organize a “meet and greet” team to make new guests feel welcome and part of the group
- Report activities and accomplishments to the Club Reporter and complete any reports as requested
- Lead by example – model healthy living practices
- Provide the club with ideas on how to incorporate physical activities and healthy eating into club meetings and member’s personal lives
- Write a Healthy Living article each month for the club newsletter

At Club Meetings

- Share nutritious snack ideas to the members responsible for club refreshments
- Announce health-related opportunities, events, and activities happening in the community
- Have members set a healthy living goal each month
- Track progress on the previous month’s healthy living goal
- Coordinate with the Recreation Leader to lead a physical activity at every meeting (engage members in physical activity opportunities at every club meeting)
- Lead a brief activity during roll call
- Survey members to check if they increased healthy behaviors since the previous meeting (or limited unhealthy behaviors)

End of Year

- Complete the Healthy Living report for your club
- Encourage members to adopt more physical activity and healthful eating habits over the summer
- Consider organizing a health-related event such as a canned food drive, Rely for Life team, or community health night

Did you know that youth should exercise 60 minutes each day? Exercising regularly can help children sleep better, have more energy throughout the day, decrease anxiety and depression, and have more self-esteem!

More Information

- Cornell University Cooperative Extension
  Choose Health Officer Guide
WHO: All high school youth and adult teams interested in geospatial technologies

WHAT: We’re not an ordinary conference. We want young people to gain skills that’ll make them finer than a freshly sharpened pencil. Here’s what teams of youth and adult chaperones will accomplish:

- Gain the latest knowledge and invaluable skills in the Global Positioning System, Geographic Information Systems, and Remote Sensing.
- Learn several applications of geospatial technologies in agriculture, climate, defense, emergency preparedness, natural resources, navigation, parks and recreation, planning, and transportation.
- Learn to facilitate this year’s National Youth Science Day GIS activities, “Maps and Apps”
- Visit and meet Washington, DC government agencies and businesses utilizing geospatial technologies
- Find out about career opportunities and pathways
- Plan a community GIS mapping project

WHEN: September 25-29, 2013

WHERE: National 4-H Youth Conference Center, minutes from Washington, DC in suburban Maryland

HOW: Register today at: www.nationalyouthsummit.org
All youth must register with an adult chaperone

There will be a GET Bus Reading Express book collection at Kern County Field Day again this year. The books are placed in racks on the bus for children using it as a means of transportation. Please bring new or gently used books for ages infant through 6th grade. This will count in the PDR #5 under Community Service.

Linda Snoddy, GET Book Collection Chair
September 2013

Dear Prospective Jr. Fair Board Member:

Thank you, in advance, for applying to the Great Kern County Fair Junior Fair Board and good luck! The Junior Fair Board is an organization for high school freshmen, sophomores, juniors and even a few seniors. It is a great way to meet kids from other schools and a wonderful way to serve your community. Junior Fair Board members have a lot of fun, but the work is hard. The following is a brief outline of the duties and responsibilities of the Junior Fair Board so you and your parents know in advance, what are expected of you and the time that will be required.

The Junior Fair Board will begin work in January with monthly Monday meetings and possible community activities i.e. parades, street fairs, etc. As the time gets closer to fair, meetings may be held bi-monthly or weekly. The meetings begin at 6:00 pm and last 1½-2 hours. Fair activities will be scheduled as to have no impact on school attendance.

Work begins in earnest the week before the fair starts. If you have an animal at the fair, we will work around your show times with your scheduled activities. There will be many activities that will be planned by the Junior Fair Board during the fair. In the afternoons, we meet and then sponsor activities, possibly until 9:00 pm. (This is a very busy and tiring week and a half. It can be difficult to keep up the pace and your studies, too. Even the best student’s grades can suffer. Some of our activities every member is expected to participate in, so bear this in mind when you apply.)

Junior Fair Board shirts will be provided for members. You are expected to wear shirts tucked in at all times with proper clothing. As representatives of the Fair, many people will closely scrutinize your behavior. Behavior deemed unacceptable by the senior Fair Board or Junior Fair Board advisors may be cause for dismissal.

Interviews are tentatively scheduled for November 2013. You will be notified by telephone as to your exact interview time.

We look forward to meeting you at your interview. Please sign and have a parent or guardian sign below. Return this with your application to the Kern County Fair main office by the end of October. This will verify that you and your parents understand what is expected of you if you are selected to serve as a member of the Great Kern County Fair Junior Fair Board.

Good Luck!

Applicant Signature ___________________________ Date ______________

Parent (Guardian) Signature ____________________ Date ______________

15th District Agricultural Association • State of California
1142 South P Street • Bakersfield, California 93307
Phone 661.833.4900 • fax 661.836-2743
www.kerncountyfair.com
August 26, 2013

KERN COUNTY FAIR
JUNIOR FAIR BOARD APPLICATION

Please Print
NAME: ____________________________

ADDRESS: ___________________ CITY: ___________ ZIP: ________

EMAIL: ______________________ PHONE: ________________________

SCHOOL: ___________________ GRADE: ________ G.P.A.: ________

PARENT(S)/GUARDIAN(S) NAME:

CLUBS AND/OR ORGANIZATIONS ACTIVE IN (INCLUDE OFFICES HELD):

_________________________________________________________________

_________________________________________________________________

LIST ALL ACTIVITIES IN OR OUT OF SCHOOL (USE ADDITIONAL SHEETS IF NECESSARY):

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

HOBBIES & INTERESTS: ____________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

• Page 2
WHY DO YOU WISH TO SERVE ON THE JUNIOR FAIR BOARD?:

______________________________________________________________

______________________________________________________________

WHAT PROJECTS OR IDEAS DO YOU HAVE IN MIND TO FURTHER THE ACTIVITIES OF THE JUNIOR FAIR BOARD?:

______________________________________________________________

______________________________________________________________

HAVE YOU BEEN INVOLVED IN THE KERN COUNTY FAIR BEFORE? _____ YES _____ NO IF YES, IN WHAT WAY AND FOR HOW LONG?:

______________________________________________________________

______________________________________________________________

DO YOU PLAN TO HAVE AN ANIMAL AT THE 2014 FAIR? WHAT KIND AND HOW MANY?:

______________________________________________________________

______________________________________________________________

______________________________________________________________

SIGNATURE: ___________________________ DATE: ____________

APPLICATIONS MUST BE RECEIVED AT KERN COUNTY FAIR OFFICE BY 5:00 P.M. ON Thursday, November 1, 2013.
ARCHERY CERTIFICATION TRAINING

4-H Archery Certification Training 2013
Ukiah Gun Club, Mendocino County
Saturday, October 12th - 9am-5pm
Sunday, October 13th 9am-12pm

A 4-H Archery Certification Training for volunteers and junior/teen leaders will be offered Saturday, October 12th, 9 a.m. – 5 p.m., and Sunday, October 13th, 9 a.m.- 12 noon, at the Ukiah Gun Club 2300 Vichy Springs Road, Ukiah, in Mendocino County. You must be an enrolled 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is $20 per person to include a resource binder and lunch on Saturday.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at http://www.ca4h.org/files/2123.pdf, and an adult or youth 4-H medical release form with a $20 check payable to “Mendocino County 4-H Council” and mail to Linda Edgington, 890 N. Bush St., Ukiah, CA 95482. Registration is due Friday October 4th and space is limited. For more information contact Linda Edgington at 707-463-4495 or: lgedgington@ucdavis.edu.

4-H Archery Leader Certification
February 1, 2014 – 9am-5pm
February 2, 2014 – 9am-12pm
33 Browns Valley Road, Corralitos, CA

If you have an interest in sharing your archery skills with youth, how about becoming a 4-H Archery adult volunteer or teen leader. There will be a 4-H archery leader certification training held February 1st & 2nd in Corralitos, CA (near Watsonville). The class will be offered Saturday, February 1st, 9 AM – 5 PM, and Sunday, February 2nd, 9 AM- 12 noon, at the Corralitos Community Center, 33 Browns Valley Road, Corralitos, in Santa Cruz County. This class is being hosted by Santa Cruz County 4-H. You must become a 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is $35 per person to include a resource binder, and Saturday breakfast & lunch and Sunday breakfast. Junior and teen leaders are invited but must attend with an adult. If you are already a certified volunteer archery leader and would like to become a trainer, contact Jeanne at 530-524-7278 or email mtlassenlover@gmail.com to discuss options.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at http://www.ca4h.org/files/2123.pdf, and an adult or youth 4-H medical release form and a $35 check payable to “Santa Cruz County 4-H Council” and mail to UCCE, 1432 Freedom Blvd., Watsonville, CA 95076. Registration is due Friday, January 17th and space is limited. For more information call Stephanie at 831-763-8015 (Mondays & Wednesdays only) or email her at sfontana@ucanr.edu or contact Jeanne at the contact information above.