### MARCH 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Contact Person</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>6</td>
<td>Online Record Book Workshop 6:00 p.m.</td>
<td>Veronica Slaton</td>
<td>661-868-6235</td>
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<tr>
<td>8</td>
<td>Home Ec Field Day 9:00 a.m. General Shafter School (in Bakersfield), 1825 Shafer Road</td>
<td>Veronica Slaton</td>
<td>661-868-6235</td>
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<tr>
<td>*11</td>
<td>Cloverbud Meeting 6:00 p.m.</td>
<td>Deneal Trevino</td>
<td>661-496-1755</td>
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<tr>
<td>15</td>
<td>Horse Show</td>
<td>Sandy Orloff</td>
<td>661-330-5885</td>
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<tr>
<td>*21</td>
<td>Fashion Revue 6:00 p.m.</td>
<td>Veronica Slaton</td>
<td>661-868-6235</td>
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<td>*24</td>
<td>Horse Leader Meeting 6:30 p.m.</td>
<td>Sandy Orloff</td>
<td>661-330-5885</td>
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<td>*25</td>
<td>Leader Council 7:00 p.m.</td>
<td>Carol Newkirk</td>
<td>661-330-5040</td>
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<tr>
<td>28</td>
<td>UCCE Office Closed—Cesar Chavez Holiday</td>
<td>Veronica Slaton</td>
<td>661-868-6235</td>
</tr>
<tr>
<td>*29</td>
<td>Embroidery Machine Workshop 10:00 a.m.</td>
<td>Veronica Slaton</td>
<td>661-868-6235</td>
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*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA*

### APRIL 2014

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<tbody>
<tr>
<td>5</td>
<td>Presentation Day &amp; Pizza Contest 9:00 a.m. General Shafter School (in Bakersfield) 1825 Shafer Road</td>
<td>Veronica Slaton</td>
<td>661-868-6235</td>
</tr>
<tr>
<td>6</td>
<td>Horse Show</td>
<td>Sandy Orloff</td>
<td>661-330-5885</td>
</tr>
<tr>
<td>15</td>
<td>DUE: Leader Council Scholarship Applications Due <a href="http://cekern.ucanr.edu/files/162407.pdf">cekern.ucanr.edu/files/162407.pdf</a></td>
<td>Sandy Orloff</td>
<td>661-330-5885</td>
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<tr>
<td>24</td>
<td>Record Book Workshop 7:00 p.m.</td>
<td>Veronica Slaton</td>
<td>661-868-6235</td>
</tr>
<tr>
<td>25</td>
<td>Air Rifle Match 5:30 p.m. Community Family Center</td>
<td>John Borba</td>
<td>661-868-6218</td>
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<tr>
<td>26</td>
<td>Sectional Presentation Day-Kings County</td>
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*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA*
Greetings 4-H families; youth, volunteers, and staff,

I personally appreciate the insight, dedication, and forethought taking place by 4-H leaders, youth, families, and staff all over California.

The core to everyone's conversation is the 4-H youth development program. What is the best we can do for the youth of California? Not just current members and leaders, but potential members and leaders.

Keeping and increasing, youth and adults, to engage with the best youth organization in the world is an on-going task. As stated, that is our focus, “Making / keeping the program the best.”

4-H leader Yvonne Holt stated, “It is up to each one of us to spread the positive word about the 4-H program to everyone we meet. Most of the projects in our local 4-H clubs, cooking, sewing, photography, archery, rocketry, scrap booking, quilting, welding, woodworking, are the best learning classes. We have advanced to science, engineering, technology, and more. Why should we not stand up and save a program worth saving because of everything it provides youth? Why should we not defend a program that teaches leadership and organizational skills, public speaking and life skill performance? If we do not stand up and defend 4-H now, we fall like a house of cards. 4-H is one of the few rural organizations that attempt to better the lives of rural residents. If it falls apart, it would be leaving rural neighborhoods in even worse shreds than they are now. Stand up and talk clearly about how much the organization does for everyone, and what the parents, volunteers, and local support do for the community.”

WOW, if each of us has that drive and ambition, can you imagine how much stronger we could become? Wear a 4-H pin, put a 4-H emblem on your car, put up the "4-H Leader / Member Lives here" sign, and be the "living documentary" for California 4-H. Start the conversations.

The State 4-H Leaders Council is working along side each of the Sectional Councils, engaging more youth and adults into advanced leadership opportunities. Over the past 3 years we have brought in the State Council list serve, face book page, twitter, teleconferencing and webinar technology to all councils, to provide the 4-H populous tools to attend, engage, and be informed remotely. Our participation numbers are over 800 engaged 4-H populous. Over the years, youth have demonstrated top leadership opportunities at each of the sectional youth conferences. In this last year, youth have become executive board officers in all councils; increasing those numbers in the past 6 months. We have over 33% youth in leadership capacities through out the State and Sectional executive councils, committees, and leading events. The Sectional councils are where your youth can take their first steps at increase their leadership skills, advancing knowledge of the program, and being part of and confident in decision making. This is what we want for our youth; continuing to be pillars of each and every community in California and increasing their readiness for the world. Who wouldn’t want that for their child? We are the village that helps raise the child into the leaders of the future.

Drop your petty differences’, old wounds, set ways, personal agenda, and unite with us who are like minded in making a difference for our youth. Now is the time to be engaged in what happens to California 4-H. Let’s make it “OURS”.

With over 72,000 youth, 15,000 adult leaders, staff and parents, united, we are a very loud voice!

* Fill out the survey, online or on paper. BE HEARD!
  https://ucanr.edu/survey/survey.cfm?surveynumber=11848
* Participate in the “UNIFORM CONTEST”
  http://ucanr.edu/survey/survey.cfm?surveynumber=12195

“Sticks alone can be broken, but sticks in a bundle, (united), are unbreakable.”
by Rabbi Marc Gellman; “We Are Unbreakable”

A Prayer for America, Yankee Stadium, September 23, 2001
# HYPERLINK http://greatseal.com/symbols/arrows.html

Sandy Cohen
State 4-H Leaders Council President
sandybear74@hotmail.com
(530) 210-6993
1126 Montague Ln, Lincoln, CA. 95648
New Leader Orientation NOW ONLINE!!!

Drum roll please.......our New Leader Orientation page is now UP AND RUNNING ONLINE! Any in person Orientations scheduled are now canceled, as it can now be accessed ONLINE anytime!

Please visit our County 4-H website at:
http://cekern.ucanr.edu/Youth_Development/
and look for the "Becoming a New 4-H Leader" page to get started!!!
Please pass the word along to any potential leaders!!!

Food Safety Training Available ONLINE!

The State 4-H Office requires that every club have at least one 4-H leader trained in Food Safety. The more leaders in your club that are certified, the more convenient it is for your club. It is required that a certified volunteer is to be present at all bake sales/food booths to make sure proper food safety guidelines are handled. Food Safety trainings are available anytime online! Please visit the website below, and use the provided sign-in/user information:
Website: http://ucanr.edu/sites/MISKIS/
Username: miskis
Password: makeitsafe_1234

MEMBERS & LEADERS............

DUE TO TECHNICAL SUPPORT DIFFICULTIES WITH WEBSITE LINK AT THE TIME OF THIS NEWSLETTER, THE ONLINE RECORD BOOK WORKSHOP THAT IS SCHEDULED FOR MARCH 6, 2014 AT 6:00 P.M., WILL BE FORWARDER TO ALL SUBSCRIBERS WITH LINK PRIOR TO MARCH 6TH FROM THE “4-H ALERT” SITE SO YOU MAY PARTICIPATE!

THANK YOU!!!

I DEAS THAT W ORK

There are many new stories of 4-H program success happening all across California. Visit: http://www.ca4h.org/News/Media/ to read stories recently featured in the media.
Kern County 4-H Program Evaluation!!!

It seems lately that we have had less and less attendance in county events, scholarships and the All-Star Program in Kern County. We have also noticed a few other trends, and with the rise of technology we want to make sure that we are not only doing as much as we can to reach out to our 4-H audience, but to make sure the word is actually getting out to you!!! We have set up a broad survey covering several topics so that we can evaluate here in Kern County. We truly appreciate that you are taking the time to do this survey; please be completely honest when answering these questions. The information is anonymous and we are only using the data of the answers to see how we can better our program! We are asking all leaders, parents and even older members to take it...please feel free to share and encourage others to take it as well! You can find the quiz here:

http://ucanr.edu/kc4hquestions

KERN COUNTY 4-H IS ON FACEBOOK!

Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and ‘like’ us! We will post updates, important event reminders, announcements—all sorts of important things! It’s the best way to keep up-to-date!

4-H WEBSITES
http://cekern.ucdavis.edu/Youth_Development/
http://www.areyouintoit.com
http://www.fourhcouncil.edu
http://www.4-h.org/fourweb
http://www.ca4h.org

4-H ENROLLMENT WEBSITE
https://california.4honline.com

4-H VOLUNTEER WEBSITE
http://ucanr.org/4-hvolunteers/

Bakersfield Symphony Orchestra 2013-2014

Come join us at the Symphony! This year’s schedule is as follows:
6:30 Pre Concert Lecture with CSUB music Professor Jerome S. Kleinsasser
7:30 Concert

March 15, 2014
April 12, 2014
May 10, 2014

The ticket price for 4-H is $5.00, but you must contact Jenine Snoddy prior to the concert so she can get a voucher to you. Hope you can join us! Jenine Snoddy
Four-hmom@bak.rr.com
661-979-4365
Great Job Clubs!

Thank you to the following clubs for coming out and representing your club at the 4-H Leader’s Council January 2014 Meeting:

Bear Valley - 1  Golden Empire - 1  Sundance - 4
Buttonwillow - 1  Horse Project - 1  West Bakersfield - 1
Calloway - 1  Kern Creative Minds - 1
Casa Loma - 1  Kern River - 1
Dog Project - 1  Midway - 2
Northwest - 4
Southwest - 2
Stockdale West - 2

Internet High Five!!!
(Place hand here!!)

Please Notice This
Community Club
Leaders...update your email address with the 4-H Office!

We regularly send out important e-mails and it seems like we are having more and more returned to us! Please be sure to let us (John and Veronica) know if your email has changed! Or, if you don’t check it often, please give us an email of someone else in the club who does! You could be missing out on IMPORTANT opportunities or announcements! Thank you!!

Veronica - vaslaton@ucanr.edu
John - jaborba@ucanr.edu
The 4-H Office is trying to recruit more help from clubs, members, and leaders to plan and facilitate some upcoming events this year! This will TREMENDOUSLY help John and Veronica out!! There are 3 events that we are looking to put committees together for:

- **Home Ec. Field Day** – March 8, 2014 at 9 a.m.
- **Fashion Revue** – March 21, 2014 at 8 p.m.
- **Presentation Day** – April 5, 2014 at 9 a.m.

Sign-up online at: [http://ucanr.edu/committeesignup](http://ucanr.edu/committeesignup)

The strength of the team is each member. The strength of each member is the team.

-Phil Jackson-

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**Local Training Opportunity at the UC Extension Office**

**1031 S. Mt. Vernon Avenue, Bakersfield**

**Embroidery Machine Workshop**

**Saturday, March 29, 2014**

**10:00 a.m.**

Leader Council owns an embroidering machine that is capable of sewing logos and motifs on fabric and clothing items. A workshop will be held to show 4-H leaders how to utilize the machine to create items for their club use.

Class size is limited and you must register at link below

**Embroidery Machine training link:** [http://ucanr.edu/embroidtraining](http://ucanr.edu/embroidtraining)
The Horse Leaders Group of Stanislaus County cordially invites you to join us for our annual Stanislaus County 4-H Benefit Show May 17th and 18th. This show is a qualifier for the 4-H Classic Show 25th-29th at Brookside Equestrian Center. This benefit show will be held at Diamond Bar Arena in Ceres, CA, more information about this facility can be found on Diamond Bar’s website, diamondbararena.com. Stalls are available for day and overnight use but must be coordinated through Diamond Bar Arena directly.

May 17th is English and Western, including showmanship, trail and over fences classes. Quadrille will be run during lunch on May 17th and is a fun opportunity for groups to show off their skills, although it is not a Classic qualifier. May 18th will be all gymkhana. Each class except Quadrille is a Classic qualifier and the divisions include Senior, Junior, Pony, and Walk/Trot. Each class is only $4.99 and the haul in fee is only $10.00. Please forward this email to your horse leaders so they can inform their groups and save the date for this great opportunity to qualify for Classic and support the Stanislaus County 4-H.

Amy Alongi and Amanda Fowler
Benefit Horse Show Committee Co-Chairs
Contact Amy Alongi at: amyalongi@live.com

CALIFORNIA DROUGHT!

A few people have asked for youth water education resources to help educate Californians' about our drought. Here are a few recent resources:

There’s No New Water! 4-H curriculum (6-10th grade)
$16 | http://www.4-h.org/resource-library/curriculum/4-h-theres-no-new-water/
Includes a water usage assessment tool (attached)

4-H2O Curriculum: Water Quality Awareness in Urban Environments
http://www.ca4h.org/files/14369.pdf

2008 4-H National Youth Science Day: Helpful Hydrogels
http://4h.ucanr.edu/Projects/SET/NYSD/2008_4-H_NYSD/

4-H Project Sheet: Water Education
http://4h.ucanr.edu/files/160007.pdf

Sacramento 4-H Water Wizards curriculum (4-6th grade afterschool, 12-week curriculum)
Curriculum in draft form; for a copy, contact Marianne Bird at mbird@ucanr.edu.

4-H2Online from National 4-H Council
http://www.4-h.org/youth-development-programs/4-h-science-programs/environmental-science-alternative-energy/4h2online/
The Bred Ewe:

After the fourth (4th) month of pregnancy the ewe will need four times as much water as they did before pregnancy, have plenty of clean water available.

Feeding in the last 5-6 weeks before lambing, ewes must have adequate calories and nutritional balance to support the ewe and the unborn lamb’s growth. Note: 70% of the unborn lamb’s growth takes place in the last 5-6 weeks of gestation.

During the last weeks of gestation the fetus becomes so large they displace much of the area previously occupied by the rumen. It is necessary at this time to feed, feeds of higher protein and energy, as the ewes have trouble ingesting enough feed to support themselves and their growing lambs. If the ewes are fed on low-quality roughage/feed it can result in:

- Hypoglycemia (low blood sugar)
- Ketosis (Pregnancy toxemia) *Most common
- Lambing problems
- Poor quality lambs

Toxemia

Signs of pregnancy toxemia:

- Droopy ewes
- Going off feed
- Standing around in one place
- Hard time getting up

Pregnancy Toxemia treatment:

***Propylene glycol used for livestock. Call your leader or vet for exact directions.

(NOTE: Propylene glycol is NOT the same as antifreeze used in cars!)

Prevention:

- Avoid over fatness
- Encourage exercise
- Supply constant source of fresh water and salt
- Add molasses to drinking water
- Do not make any sudden change in feed
- Make sure the ewe has the proper nutrition to support her and her lambs she is carrying
Preparing for Delivery:

Shear before lambing or at least trim wool away from crotch area, and remove any tags hanging around udder.

Supplies needed for lambing:

- Good light in delivery area
- Antiseptic lubricant or mineral oil
- Iodine
- Roll of paper towels
- Antibiotic, uterine boluses
- Penicillin
- Bucket with soap to wash and clean if necessary
- Dry, clean pen area

NOTE: Be sure to allow the ewe to do her best in the delivery of her lambs before you try to assist.

During a “Normal” Birth:

Water bag comes first.

After water bag has passed, birth should start 30 minutes to 1 hour later. Most common position of lamb is the nose and both front feet.

The ewe should not need any help unless the lamb is large or has a large head or shoulder.

NOTE: Discuss with your leader about possible birthing positions and how to assist the ewe if needed.

Care of Newborn Lambs:

If mom isn’t cleaning up the newborn lamb, wipe mucus off its nose, place lamb at mom’s head quickly so she can identify her newborn.

If its umbilical cord is dragging, snip off leaving about 2 inches (use clean scissors or knife) submerge in iodine. This helps to prevent infection and assists the cord to dry faster.

Be sure the lamb nurses. Note: The odor/smell from the waxy secretion from mom’s mammary pouch gland draws the lamb to her teats to eat.

The first milk from mom is called colostrum and is the most important for newborns. Colostrum provides warmth, energy and antibodies to the common disease organisms in the sheep’s environment.

One good sign of when a lamb is getting milk from mom, the lambs tail will whip back and forth!

Good luck and always remember to check with your leaders for help!

From Your Sheep Chairman,

Charlie Forshee
Kern County Fashion Revue 2014

"California Grown, California Sewn"

In order to stay more in line with the State Fashion Revue, please note that some of our categories have changed/been cut. Please find the following categories to enter for the 2014 year:

**Traditional:** A traditionally sewn garment/outfit made by the member
(member must be in sewing project)

**Consumer Education:** $40 limit for everything showing including shoes, jewelry and accessories, but not sales tax. Receipts are required, with purchases made during the 2013-2014 4-H year. Receipts can be handwritten if from garage sales, thrift shops, etc. (member does not have to be enrolled in specific project to participate)

**Upcycled:** Involves taking at least one existing garment and turning it into a completely new, different, and usable garment. The outfit must also include an accessory made from something that wasn't originally an accessory. A before photograph is required showing the beginning garment. (member must be in sewing project)

**Denim Challenge:** Sew a wearable garment out of woven cotton denim, any type or color. Sew or purchase additional garments to complete the outfit. There is no specific pattern requirement. (member must be in sewing project)

**Apron Challenge:** Create an apron from McCall's 6132 or 6476. Use of one of these patterns is required. The member may make the pattern larger or smaller to fit and embellish the apron but not change the basic design. Sew or purchase additional garments to compliment the apron. (member must be in sewing project)
2014 Kern County 4-H Fashion Revue Participant Entry Form
March 21, 2014 - 4-H Office - 1031 S. Mount Vernon Ave - 93307
[Due March 14, 2013] You can also register online at http://ucanr.edu/fashion2014

Name: ____________________________ Club: ____________________________

Pronunciation of Name: ____________________________ (Ex: Sheila Eastman would be SHE- LA EAST-MAN)

Valid e-mail address: ____________________________

Phone: (_____) ________ Years in the Clothing project: ________ Years in 4-H: ________

Gender: [ ] Male [ ] Female Age as of 1/1/14: ________

Division: ____________________________

[ ] Cloverbud (May enter Consumer Education category ONLY! Will not be judged)

[ ] Junior (9-11 years) [ ] Intermediate (12-13 years) [ ] Senior (14 and above)

Category and/or sub category for Outfit: **please note that some categories have changed!!!**

[ ] Traditional

Outfit/garment created by participant (member must be in sewing project)

[ ] Consumer Education

$40 limit for everything showing including shoes, jewelry and accessories, but not sales tax. Receipts are required, with purchases made during the 2013-2014 4-H year. Receipts can be handwritten if from garage sales, thrift shops, etc. (member does not have to be enrolled in specific project to participate)

[ ] Upcycled

Involves taking at least one existing garment and turning it into a completely new, different, and usable garment. The outfit must also include an accessory made from something that wasn’t originally an accessory. A before photograph is required showing the beginning garment. (member must be in sewing project)

[ ] Denim Challenge

Sew a wearable garment out of woven cotton denim, any type or color. Sew or purchase additional garments to complete the outfit. There is no specific pattern requirement. (member must be in sewing project)

[ ] Apron Challenge

Create an apron from McCall’s 6132 or 6476. Use of one of these patterns is required. The member may make the pattern larger or smaller to fit and embellish the apron but not change the basic design. Sew purchase additional garments to compliment the apron. (member must be in sewing project)

Brief Description of outfit you are entering:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

****Look for supplementary forms and commentary requirements via e-mail!

When feasible, all efforts are to be made to encourage and provide reasonable accommodations for persons with disabilities in 4-H Youth Development Program activities. Individuals who need to request special accommodations in order to participate in 4-H sponsored events and activities please contact the Veronica Slaton at the 4-H Office at 661-859-6235.
2014 4-H PRESENTATION DAY
APRIL 5, 2014

4-H Presentation Day is designed to give 4-H members experience in public speaking skills. The event is scheduled for Saturday, April 5, 2014 at General Shafter School, located at 1825 Shafter Road, in Bakersfield. Individuals and teams must pre-register for the event using the form below. Judges are needed for all grades and categories. Please contact John Borba at 661-868-6200 if you would like to judge. (This location is handicap accessible)

The schedule for the presentation day is as follows:

April 5, 2014
9:00 a.m.  Judge’s Orientation
          M.C. Orientation
          Presenter’s Arrive
9:30 a.m.  Presentations Begin
1:00 p.m.  Awards Assembly

2014 4-H PRESENTATION DAY ENTRY FORM DUE OR POSTMARKED BY MARCH 28, 2014

Mail to:  Presentation Day Entries
          UCCE Kern County
          1031 S. Mt. Vernon Avenue
          Bakersfield, CA 93307

4-H Club: ____________________________________________

☐ Individual Presentation    ☐ Indoor Presentation
☐ Team Presentation        ☐ Outdoor Presentation

(Team entries must be submitted on one form with names, grades, & ages for all team members)

Name: __________________________  Grade: _______  Age: _______
Name: __________________________  Grade: _______  Age: _______
Name: __________________________  Grade: _______  Age: _______

Title or Subject: ______________________________

Category of Presentation:

☐ Demonstration-Traditional (1-3 members)    ☐ Interpretive Reading (Individual Only)
☐ Illustrated Talk-Traditional (1-3 members)    ☐ Job Interview (High-School Age Only)
☐ Prepared Speech (Individuals Only)    ☐ Demonstration-Scientific (1-3 members)
☐ Impromptu Speech (Individual Only, 6th grade +)    ☐ Illustrated Talk-Scientific (1-3 members)
☐ Educational Display (1-2 members)    ☐ Audio Visual Presentation (1-2 members)
☐ Problem Solving Presentation (1-2 members)    ☐ Cultural Arts (Individual or Groups)
☐ 4-H Creed (Individual only)

Information regarding the above categories and scoring sheet can be found in the “4-H Presentation Manual.” The manual can be accessed on the web at http://www.ca4h.org/files/2193.pdf
Scholarships for Higher Education!

We have come across many scholarships and opportunities for 4-H members and we wanted to share them all!!

Check out the available scholarships/opportunities at our website:

http://cekern.ucanr.edu/Youth_Development

Look for the “Scholarships for Higher Education” tab on the left.

While we are showcasing these available scholarships, we are not the contact person for them (with the exception of the Kern County 4-H Leader's Council scholarship) please find the individual contact persons within each scholarship application.

New scholarships are always being added, so check the page often!

JOIN THE REVOLUTION OF RESPONSIBILITY

Do you know of a scholarship or opportunity that would benefit our young people? Contact: Veronica Slaton at vaslaton@ucdavis.edu or 661.868.6235
UC, ANR and 4-H Smoke and Tobacco Free Policy

On January 1, 2014, all UC campuses and facilities, including ANR, are completely smoke & tobacco-free, and the use of cigarettes and all tobacco products is no longer be permitted on any UC ANR property. This includes buildings and structures, grounds, parking structures, enclosed bridges and walkways, sidewalks, parking lots, and all property that is owned, operated, leased, occupied, or controlled by ANR. As well, smoking is prohibited in parked and moving vehicles while on grounds owned, leased, or under the control of ANR. 4-H had an existing policy prohibiting the use of tobacco for 4-H adult volunteers and youth members. The policy has been updated to include parents/guardians and other participants and to explicitly mention smokeless tobacco products, e-cigarettes and unregulated nicotine products.

Below is the current 4-H Policy on Alcohol, Drugs and Tobacco (Chapter 11, IX). The following policy applies when youth, adult volunteers, parents/guardians and participants are participating in the 4-H YDP and while performing 4-H YDP duties at non-4-H events.

A. Participation in 4-H Activities and Non 4-H Events
1. Adult volunteers shall not consume or be under the influence of alcohol, illegal drugs or tobacco while performing their 4-H YDP duties.
2. Adult volunteers shall not be impaired by legal drugs while performing their 4-H YDP duties.
3. Adult volunteers and 4-H YDP staff will not allow alcohol, illegal drugs or tobacco use.
4. The use of alcohol, illegal drugs, smoking and the use of smokeless tobacco products, e-cigarettes and unregulated nicotine products is prohibited.

For the ANR Policy and associated FAQ go to: http://ucanr.edu/sites/anrstaff/files/181051.pdf
For the 4-H Policy and associated FAQ go to: http://4h.ucanr.edu/Administration/Policies/Chapter

4-H Volunteer Café

Are you a club or project leader who is tired of doing the same old activities month after month? Maybe you need something designed just for you to be encouraged and encourage your own personal growth. The 4-H Volunteer Café is a place designed just for you providing encouraging and thought-provoking articles of how the principles of positive youth development translate into your 4-H experience, it offers tons of resources for you as a 4-H volunteer that you can use immediately in your meetings and gives you a place where you can contribute your own experiences and challenges. To check out the 4-H Volunteer Café, use the following link: http://4hvolunteercafe.wordpress.com/.

California 4-H Youth Development
Get Connected and Plugged In to Positive Youth Development!
California 4-H has several ways to connect with us online to get up-to-the-minute updates on information affecting 4-H statewide. Don’t rely on urban legend or information to pass through the grapevine—get the information as it happens and from the horse’s mouth. Here is a list of the ways you can connect with us online:

- Website: http://4h.ucanr.edu
- 4-H Online Record Book (yes every registered adult volunteer and every youth ages 9 and older has an Online Record Book account): http://4h.ucanr.edu/4hbook/
- Facebook: https://www.facebook.com/california4H
- Twitter: https://twitter.com/California4HY
- YouTube: http://www.youtube.com/user/California4h
- Pinterest: http://pinterest.com/california4h/
- Blog: http://4hvolunteercafe.wordpress.com/
- Instagram: http://instagram.com/ca4h

We will be continuing to provide virtual opportunities for you to connect directly with us at the State Office through these social media outlets.
2014 California Camping Conference
March 21 – 23, 2014
Boulder Creek, CA

The California Camping Conference inspires ideas and innovation and helps camp administrators create fun, safe, and rich learning experiences for both campers and camp staff. Sponsored by the University of California 4-H Youth Development Program, the weekend offers staff, volunteers and youth opportunities to develop their capacity as leaders in their local camp programs.

You will…
- Add new, fun, educational activities to your program
- Better understand how to work with campers, teen staff and adult volunteers
- Learn how to market and recruit campers and teen staff
- Network with others who share your passion for camp
- Come away with practical tools to increase the safety, fun and growth for campers and staff

Conference workshops include:
- Understanding and dealing with difficult behaviors
- New science, engineering and technology (SET) activities for camp: shelter building, first aid and safety, creating cookouts and overnight adventures
- Working with chaperones and other adult volunteers
- Project Learning Tree and more “green” ideas
- Our campers Thrive activities
- Important steps for camp health and safety compliance
- Archery certification
- And more!

Registration fee by February 1st is $140 per person ($150 by March 7th)
and includes meals, lodging, and all conference materials. The conference begins at 7:00 p.m. Friday, ending just before lunch on Sunday. Suggested participants include camp directors, youth leadership team, camp volunteers and 4-H staff members. Archery Certification is an additional $35 and the 12-hour course and precludes other workshop sessions.

For a copy of the brochure or to register online, visit: http://4h.ucanr.edu/Programs/Camps/Conference/

FOLLOW US ON FACEBOOK & TWITTER!
www.facebook.com/CA4HCamping
www.twitter.com/CA4HCamping

State 4-H Shooting Sports Match

The 2014 Annual State 4-H Shooting Sports Match rules and entry forms are now available on the State 4-H Shooting Sports website at:
http://4h.ucanr.edu/Projects/SET/ShootingSports/

Entry due date is March 10, 2014. Targets will be mailed upon receipt. The age categories are junior, intermediate and senior. Completed targets must be returned by June 23, 2014.

If you have questions, contact Jacki Zedier in Siskiyou County at 530-842-2711 or email: jkediker@ucanr.edu
Save the Date - State Field Day
May 31, 2014
8:00am-6:00pm
UC Davis Campus-Wellman Hall

Participation opportunities:
MyPlate Challenge- [http://ucanr.edu/myplate](http://ucanr.edu/myplate) (MyPlate last day to register May 15)
State Field Day exhibit applications due May 4th

New this year: 4-H Engineering and Technology Showcase
Have a 4-H Engineering or Technology project you will like to showcase or demonstrate?
Apply here [http://ucanr.edu/exhibit/display_application](http://ucanr.edu/exhibit/display_application)! Funding for supplies, materials or handouts is available, contact Steven Worker for more information, sworker@ucanr.edu.

Find more information here: [http://ucanr.edu/4hstatefieldday](http://ucanr.edu/4hstatefieldday).

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2014 State Fashion Revue
May 31, 2014
Theme: California Grown, California Sewn
SFR logo contest open to all 4-H members: Entries due January 15 to [http://ucanr.edu/sfrcovercontest](http://ucanr.edu/sfrcovercontest).
Categories: Traditional, CS Purchased, Upcycled, Denim and Apron Challenge
See the website for all the rules and category requirements.
SFR is open to members qualifying at their County Fashion Revue.
Entry deadline is May 17, so schedule your county event in time.
SFR website: [http://4h.ucanr.edu/Programs/Events/SFD/SFR/](http://4h.ucanr.edu/Programs/Events/SFD/SFR/).

SFR is coordinating 2 service activities. Get a group together and join in the fun by making something to benefit others. The walker/wheelchair bags are for seniors, both men and women. Suggested patterns are Simplicity #2382 and 2862, or a free online pattern (see the link on the SFR website). If you would like to contribute tote bags, please go to the SFR website for instructions. Tote bags will be used for Foster children. You may bring completed walker bags or tote bags to State Fashion Revue or contact Courtney at cja-m11219@gmail.com or Araceli at carrillosonia@yahoo.com for mailing information.

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Save the Date: 2014 State Fair 4-H Throwdown
July 22nd and 24th, three teams compete each round with a secret ingredient in each round! A panel of judges, yet to be named, will judge the 3 course creations!
Registration opens in March!
The daily schedule: Round One: 11am-1pm, Round Two: 1:30pm-3pm, Champion Round: 3:30pm-5pm
Start prepping now for the State Fair 4-H Throwdown!

Save the date! SLF 2014 - Nov. 14 – 16, 2014 at the Crowne Plaza Sacramento. Look for 'Innovative Project Idea Sharing' coming soon to the SLF website. Chair: Cindy Dixon cin_mom@sbcglobal.net

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Save the Date: California 4-H Film Festival
May 31, 2013 at UC Davis, part of the State 4-H Field Day
Films due May 5, 2014
The 2014 theme will be announced in January at [http://4h.ucanr.edu/Programs/Events/SFD/State_4-H_Film_Festival/](http://4h.ucanr.edu/Programs/Events/SFD/State_4-H_Film_Festival/)

National 4-H Film Festival in 2014
August 3-6, 2014 in Missouri; films welcome from 4-H members across the U.S.
[http://4h.missouri.edu/filmfest](http://4h.missouri.edu/filmfest). The National 4-H Film Festival will invite youth produced videos/films to be submitted for viewing and judging.
• California State Fashion Revue is May 31, 2014 at Olson Hall on the UC Davis campus.

This year our SFR community service projects are Drawstring Bags for Foster Kids and Walker Bags for Seniors. We are working on these projects all year and look forward to having a lot of support from all of our counties.

**Drawstring Bag Pattern:** Free Online Pattern at http://oces.okstate.edu/creek/family-and-consumer-sciences/patterns/Pattern%204-H%20Laundry20Bag.pdf

**Walker Bag Patterns:** Free Online Pattern at http://www.bucketsgonewild.com/free-walker-tote.htm. There are also commercially produced patterns available for purchase at fabric stores including Simplicity 2822 and 2382.

Check out the State 4-H website for information about the State Fashion Revue categories and get an early start on your projects for your county fashion revue submissions: [http://4h.ucanr.edu/Programs/Events/SFD/SFR/](http://4h.ucanr.edu/Programs/Events/SFD/SFR/)

• June 29-July 2, 2014 –Destinations to include Historical Gettysburg, PA, Philadelphia, PA and more!  
  **Registration will be open December 1, 2013.**

• New for 2014- Leadership Washington Focus  
  **July 15-19, 2014**  
  Leadership Washington Focus (LWF) is a 4-H leadership program for youth entering grades 7 through 9. The program will take place at the National 4-H Youth Conference Center, just 1 mile from the Washington, D.C. border. For more than 50 years, thousands of 4-H’ers have participated in our high school program, Citizenship Washington Focus and now we are happy to introduce its precursor for middle school 4-H’ers. For more information visit [http://www.4hcenter.org/youth-conference-center-overview/educational-programs/leadership-washington-focus/about/](http://www.4hcenter.org/youth-conference-center-overview/educational-programs/leadership-washington-focus/about/). If your county has members interested in participating contact Jenna Colburn at: jcolburn@ucanr.edu.

• State Leadership Conference August 14-17, 2014  
  **U.C. Santa Cruz**  
  “Raiders of the Lost Leadership”  
  The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. [Check our website, Facebook, Twitter & Instagram for updates and exciting announcements!](http://4h.ucanr.edu/Programs/Events/SFD/SFR/)

  California 4-H $1,000 for 1,000 Service Learning Projects  
  [http://4h.ucanr.edu/Support/RofR/](http://4h.ucanr.edu/Support/RofR/)

  2013-2014 Revolution of Responsibility Application Deadlines:

  | January 15, 2014 | July 15, 2014 |
  | March 15, 2014  | September 15, 2014 |
  | May 15, 2014   | November 15, 2014 |

**SCIENCE, ENGINEERING, and TECHNOLOGY (SET)**

4-H Engineering and Technology Showcase (a special 2014 theme)  
May 31, 2014 at UC Davis, part of the State 4-H Field Day  
Proposals due by May 4, 2014 at [https://ucanr.edu/survey/survey.cfm?surveynumber=11856](https://ucanr.edu/survey/survey.cfm?surveynumber=11856)

At the State 4-H Field Day, 4-H clubs, projects, and other groups are invited to setup displays to share information, conduct hands-on activities, and engage people in new topics. In 2014, a special theme will feature engineering and technology in 4-H, which could include robotics, woodworking, rocketry, gis/gps, engines, computers, automotive, farm machinery, and more. 4-H members part of an engineering/technology display are eligible for a “4-H engineering” pin (please include names in the comments box below). Limited funding is available for groups to exhibit, please contact Steven Worker at smworker@ucanr.edu to inquire.
State 4-H Future’s Task Force

The State 4-H office has convened a Task Force that is charged with analyzing our current sectional and state programming and organizational structure and developing recommendations to strengthen, grow, and sustain the 4-H Youth Development Program for the next 100 years. In December, the Task Force met to discuss preliminary recommendations on the areas that had been identified across the state as the top areas of opportunity to make the best better for the future of 4-H. The areas which were discussed were 4-H Public Relations, Communication, Engagement, and Organization which were identified and validated as the top priority areas of interest in all of our state-wide conversations to date. We had 4 workshops which introduced some preliminary recommendations to improve these areas in our organization. It became clear from our discussions, to support any efforts in the organization further discussion on the organizational structure would be beneficial. As an outcome, a sub-committee of the FTF will be formed to further explore potential organizational models. The goal is to look at the current structure and alternatives to determine what might best meet the needs of the members, volunteers, and supporters to position 4-H for continued growth the next 100 years.

We are still requesting additional recommendations through March 10th. Please either complete the online survey tool http://ucanr.edu/survey/survey.cfm?surveynumber=11848 or download and complete a word version from our webpage http://4h.ucanr.edu/Administration/4-H_Futures_Task_Force/. Also join us on Facebook to stay up-to-date on information and join in our discussions: https://www.facebook.com/groups/148321398700801/

HOARD’S DAIRYMAN COW JUDGING CONTEST 2014

Hoard’s Dairyman magazine will once again be offering it’s 84th Annual Dairy Cow Judging Contest 4-H club members may participate by evaluating photos of different breeds of dairy cattle and placing them in correct order of desirability. Cash prizes are available. The entry deadline is March 20, 2014. For more information, visit: http://www.hoards.com/youth/cowjudgingcorner

ALPACA SHEARING EVENT

Alpaca shearing will be on April 26th all day at the Thompson Ranch N Kennels at 8832 Kernita Road Bakersfield. There will be about 30 alpacas there and several shearers. Graciano’s Alpaca Shearing will be doing the job for the 4th year in a row for this farm. They are from the Orange Co area. Hope to see you there!
California 4-H Uniform Contest
Proposals due April 18, 2014, 9pm

If you’ve complained about the 4-H uniform, now is your chance to have a voice in changing it! In response to 4-H members’ and volunteers’ input and desire to explore options for a new uniform, the State 4-H Incentives and Recognition Advisory Committee is facilitating the process to adopt a new uniform. It is important to all that the new uniform maintains 4-H tradition but is an updated, comfortable, and easy uniform for today’s youth. The new uniform should make 4-Hers recognizable. The new uniform must continue to allow 4-Hers to exhibit their recognition pins and emblems. The uniform must meet the needs of certain projects. For instance, certain animal projects require boots, long pants, and/or long sleeves. Uniforms should also be affordable for all members.

For all contest rules, and how to submit your proposal, please see the link on our County Website at: http://cekern.ucanr.edu/Youth_Development

The Power of {Youth}

(The policy on 4-H attire will remain the same and states that, “There is no uniform requirement in the 4-H YDP and a uniform cannot be required for participation in any 4-H YDP sponsored activity, event, meeting or occasion. 4-H YDP staff will inform other sponsoring organizations that the 4-H YDP does not require uniforms.”)
Indoor 3-Position Air Rifle Match
& Pizza Social
Friday, April 25, 2014 – 6:00 p.m.
at the Community Family Fellowship Church
3510 L Street, Bakersfield

For more information or to make reservations for your shooter(s), contact John Borba at 868-6216 or email jaborba@ucdavis.edu

This invitational air rifle match is for Kern County 4-H members only. There will be awards for 1st, 2nd, and 3rd place shooters. Age divisions are: Beginner (ages 9 &10); Intermediate (ages 11 – 13); Senior (ages 14 up).

RULES:
1. Course – course fired will be the NRA Junior 3-Position Air Rifle course.
2. Eligibility – any 4-H member enrolled in the shooting sports project.
3. Equipment – any type of pneumatic, compressed air, or CO2 rifle which shoots a .177 caliber pellet.
4. Targets – AR 5/10, one shot fired at each record bulls-eye.
5. Sights – metallic only, open or aperture. No scopes allowed.
6. Distance – all targets will be placed at a distance of 10 meters (approximately 33 feet) from the firing line.
7. Positions – prone, kneeling, standing. 10 rounds fired in each position.

ADDITIONAL INFORMATION ABOUT THE MATCH:
1. Practice shooting will be allowed from 5:30 p.m. to 6:00 p.m.
2. Check in will begin promptly about at 6:00 p.m. followed by orientation and an explanation of the rules.
3. Shooters must bring their own eye protection.
4. Shooting mats will be provided.
5. Adults may help members during practice. Once the match begins, all non-shooters must leave the range area.
6. Shooters may use a spotting scope or binoculars.
7. Rifles are available for loan. You must make pre-arrangements for this prior to the match.

We would like to make this a fun and sociable event by hosting a pizza feed after the match. We would like the support of you and your shooters by helping provide a large pizza or soft drinks.