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Do you have a photo for the newsletter?
E-mail photos to vaslaton@ucdavis.edu

NEWSLETTER DEADLINE!
Articles/photos for the next issue of The 4-H Network must be received by October 20th.
Kern County 4-H
1031 S. Mt. Vernon Avenue
Bakersfield CA 93307-2851
Phone: 661-868-6200
Fax: 661-868-6208
or eckern@ucdavis.edu

NOVEMBER 2014

3 Record Books due at State 4-H Office for State Record Book Competition
*3 After Fair Meeting 6:00 p.m. Teresa Andrews
661-979-1003
11 Veteran’s Day Holiday UCCE Office Closed
14-16 State Leaders Forum Sacramento
15 Kern County 4-H Field Day & Medal Testing
*24 Horse Leader Meeting 6:30 p.m. Sandy Orloff
661-330-5885
*25 Leader Council Meeting 7:00 p.m. Roger Hillberg
661-393-0473
27-28 Thanksgiving Day Holiday - UCCE Office Closed

*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA

OCTOBER 2014

5-11 National 4-H Week
11 Horse Show
Sandy Orloff
661-330-5885
*27 Horse Leader Meeting 6:30 p.m.
Sandy Orloff
661-330-5885
*28 Field Day Planning Meeting 6:00 p.m.
Meredith Hendricks
661-324-2255
*28 Leader Council Meeting 7:00 p.m.
Roger Hillberg
661-393-0473
31 Last Day to Enroll in Hi 4-H
Nancy Hillberg
661-393-1758

*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA

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Wheelchair accessible. Please contact UCCE Kern at 661-868-6200 if any special accommodations. Individuals who need to request an ADA accommodation in order to participate in 4-H sponsored events and activities can contact your local 4-H Office to complete a 4-H ADA Accommodation Request Form: http://4h.ucanr.edu/files/153972.docx

I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service, my Health to better living.

For my club, my community, my country, and my world.
**New Leader Orientation NOW ONLINE!!!**

Drum roll please.......our New Leader Orientation page is now UP AND RUNNING ONLINE! Any in person Orientations scheduled are now canceled, as it can now be accessed ONLINE anytime! Please visit our County 4-H website at: http://cekern.ucanr.edu/Youth_Development/ and look for the "Becoming a New 4-H Leader" page to get started!!! Please pass the word along to any potential leaders!!!

**Food Safety Training Available ONLINE!**

The State 4-H Office requires that every club have at least one 4-H leader trained in Food Safety. The more leaders in your club that are certified, the more convenient it is for your club. It is required that a certified volunteer is to be present at all bake sales/food booths to make sure proper food safety guidelines are handled. Food Safety trainings are available anytime online! Please visit the website below, and use the provided sign-in/user information:

Website: http://ucanr.edu/sites/MISKIS/
Username: miskis
Password: makeitsafe_1234

**Safe Halloween Candy Donations**

It is that time of year again, it really is Fall and Halloween is upon us. Hi 4-H and Kern County All Stars will be participating in the Kern County 4-H outreach at the Kern County Museum Safe Halloween on October 30th and 31st.

We went through a lot of candy last year so we are reaching out to our Kern County Clubs to donate bagged candy for the event. We saw a lot of kids last year and they had a great time with our petting zoo. The museum is thrilled to have us back again this year. Please drop off your donations to the 4-H office or bring it to the leaders council meeting on October 28th.

Museum rules are it has to be quality candy, no penny candy allowed. Thank you so much in advance helping with this great outreach opportunity.

Linda Snoddy, Kern County All Star

**KERN COUNTY 4-H IS ON FACEBOOK!**

Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and ‘like’ us! We will post updates, important event reminders, announcements—all sorts of important things! It’s the best way to keep up-to-date!

**Ideas That Work**

There are many new stories of 4-H program success happening all across California. Visit: http://www.ca4h.org/News/Media/ to read stories recently featured in the media.
4-H Volunteer Café

Are you a club or project leader who is tired of doing the same old activities month after month? Maybe you need something designed just for you to be encouraged and encourage your own personal growth. The 4-H Volunteer Café is a place designed just for you providing encouraging and thought-provoking articles of how the principles of positive youth development translate into your 4-H experience, it offers tons of resources for you as a 4-H volunteer that you can use immediately in your meetings and gives you a place where you can contribute your own experiences and challenges.

To check out the 4-H Volunteer Café, use the following link: [http://4hvolunteercafe.wordpress.com/](http://4hvolunteercafe.wordpress.com/).

4-H Shooting Sports Workshop

Rifle Discipline

Bakersfield, CA

Saturday, December 6, 2014 – 8:00 a.m. – 6:00 p.m.

Sunday, December 7, 2014 – 8:00 a.m. – 4:00 p.m.

A 4-H shooting sports workshop for the rifle discipline will be held at UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course or receive more information, contact John Borba at: jaborba@ucanr.edu

WHAT IS REMIND AND WHY IS IT SAFE?

Remind is a one-way text messaging and email system. With Remind, all personal information remains completely confidential. Teachers will never see your phone number, nor will you ever see theirs.

Visit www.remind.com to learn more.
HI 4-H

OPEN REGISTRATION!!!

ARE YOU IN HIGH SCHOOL? DO YOU
ENJOY HAVING FUN WITH OTHER HIGH
SCHOOL AGE 4-H'ERS?
THEN HI 4-H HAS SOMETHING FOR YOU!

Hi 4-H is a hybrid of a social group and a leadership team. You We encourage you (but you’re not obligated) to work at events and activities to further your leadership skills. This creates a perfect balance for either someone who wants to dive head first into leadership, or someone who isn’t quite sure if they are ready to commit to just yet!

Hi 4-H is OPEN to ALL High school aged 4-H youth, no matter what club!

Contact Us!

Veronica Slaton - 661-868-6235 or vaslaton@ucdavis.edu

Sign-Up Online at:
http://ucanr.edu/hi4hregistration

Or scan the code!
NEW ACTIVITY AT 4-H FIELD DAY

KERN COUNTY

3-R Challenge

Rescue  Re-Invent  Re-Purpose

Time to get creative and show your skills. Find an item or items and turn them into something else. Save something for the landfill and give it new life.

Guidelines

Pick your project

Acquire necessary materials

Keep a log; including inspiration, before and after pictures, pictures of work in progress, how and where materials were obtained, cost of materials, hours worked and new skills learned.

Adult supervision ok, with minimal help (example: holding parts during assembly, heavy lifting or assistance with power tools)

Open to all 4-H members and adults:

Junior 9-13 yrs.  Junior Team 2 - 4 members
Senior 14-over  Senior Team 2 - 4 members
Club  Adult

One more category: Back From The Dead. This is a restoration project. Take an item and bring it back to its original condition.

Look for inspiration on Pinterest or from television shows like Flea Market Flip, Salvage Dawgs, West End Salvage and Be Organic on Create TV.

Any questions, call Harold at 661-205-1975

No limit on number of entries

Will be judged at Kern County 4-H Field Day, November 15th
NEW State 4-H Policy!!!

As of July 1, 2014 drinkable water, without anything added, must be available at all 4-H meetings, activities and events. In addition, any 4-H fundraisers that include the sale of beverages must include water as an option.

The health and safety of 4-Hers is a priority at all activities and events. Drinking water is crucial for good health and will help prevent dehydration and heat illness. Having water available ensures a healthy beverage choice.

Host Color Me Green 5K Runs

What is a Color Me Green 5K?

Over the past few years Color Runs have gained popularity. The original five-kilometer run was designed to encourage novice runners to improve their physical activity while also having fun. Participants are showered with green colored dye as they pass through each mile marker. The race is all in the spirit of fun and the dye stations serve to celebrate each success in completing the run. The intention is to build excitement and enjoyment around being physically active. California 4-H hopes to host Color Me Green 5K Runs throughout the state, all taking place during the month of March 2015.

Why should I host a Color Me Green 5K?

The Color Me Green 5K Run will provide you with a statewide service learning opportunity specific to the improvement of health. With the support of adult leaders, youth will organize and execute a 5K run in your community. It is our hope that you will aspire to increase the health habits of not only yourself, but also those in your community through participation in the Color Me Green 5K Run. Be a health advocate for your community and host a Color Me Green 5K Run!

How can I host a Color Me Green 5K?

1. Sign up with Anne Iaccopucci at amiaccopucci@ucanr.edu
2. Identify an adult volunteer or staff member to partner with.

For resources and additional information please visit: http://4h.ucanr.edu/Programs/Projects/HealthyLiving/Color_Me_Green_5K_Run/
Celebrate National 4-H Week

Express your 4-H pride with this year's theme, "#iam4H."

From October 5 - 11 post a picture of yourself with your #iam4H sign, which can be downloaded at the link below. Share your 4-H pride photo on Facebook, Twitter or Instagram, along with the #iam4H and #4HWeek hashtags.

Spread the Word!
Beyond social media, spread the word about National 4-H Week by distributing bookmarks and flyers at local events, hang posters at retail stores, and fill out our press release template to notify your local newspapers and television news stations about the six million young people empowered by 4-H every day.

Print and distribute the materials in this toolkit for National 4-H Week:
http://www.4-h.org/Content/Resource-Library/Promotional-Toolkits/Toolkits/2014-National-4-H-Week-Toolkit

4-H State Calendar of Events

October
10/1/2014 CA 4-H Quick Start Record Book Course DUE
10/4/2014 Archery Certification Workshop
10/4/2014 2015 State Fashion Revue Committee Meeting
10/8/2014 4-H National Youth Science Day
10/18/2014 Shooting Sports Leaders Meeting
10/25/2014 State 4-H Leaders' Council Meeting
10/25/2014 State Leaders' Council officer nominations

November
11/3/2014 Records Books for State Competition DUE
11/3/2014 National 4-H Conference—Applications DUE
11/7-9/2014 North Section—WHY Conference
11/8/2014 North Central Sectional Skills Day
11/14/2014 Save the date: 2014 State 4-H Leaders' Forum

December
12/6/2014 Shooting Sports Workshop - Rifle Discipline
12/21/2014 4-H Day at the Oakland Raiders

January
1/5/2015 2015 State 4-H Horse Classic Planning Team Applications DUE
1/15/2015 WRLF Registration DUE

1/16-18/2015 South Section—TIC Conference
1/23-25/2015 North Central Section—CAL Conference
1/23-25/2015 South Central Section—LCORT Conference
1/27/2015 WRLF 2015 Session 1
1/31/2015 Spark Score Surveys Close
1/31/2015 Master Trainer Incentive Deadline

February
2/12/2015 WRLF 2015 Session 2

March
3/2/2014 WRLF 2015 Session 3

April
4/11-18/2015 National 4-H Conference

May
5/27-29/2015 4-H Animal Science Symposium

June
6/19-23/2015 California Focus
6/28-7/7 Citizenship Washington Focus

July
7/14-18/2015 Leadership Washington Focus
7/23-26/2015 State Leadership Conference
State Record Book Competition
It's that time of year again! Youth who are planning to submit a 2013-14 Record Book to state competition must have completed the Record Book Quick Start Course by October 1, 2014. Books must arrive at the State Office by November 3, 2014. We recommend FedEx shipping to allow tracking if a book gets misdirected or delayed. See shipping details.

Judges Need!! State Record Book Competition
Have you judged Record Books at the County level? Do you really enjoy reading about how young people are growing through their 4-H involvement? If you answered “Yes!” to both questions, then consider applying to be a judge for State Record Book Competition. State Competition will be held in Davis on November 7 – 9, 2014. Find out more about the judging process and judge’s application here.

State Leaders’ Council officer nominations
The current President and Secretary of the California State Leaders’ Council are terming out of their positions. We thank President Sandy Cohen and Secretary Beverly Schreiber for their outstanding dedication and work as council officers. Nominations for the offices of President and Secretary of the State Leaders’ Council are now being taken at masmith4leader@gmail.com and nkeller91711@gmail.com. The election will occur at the State Council meeting on Saturday, October 25, 2014 in Davis.

4-H Shooting Sports Events Coming up!
- Archery Certification Workshop: October 4 & 5, 2014
- 4-H Shooting Sports Leader Meeting: October 18 & 19, 2014
- Rifle Discipline Workshop: December 6 & 7, 2014

State Fashion Revue 2015
Next meeting: October 4 from 10am-2pm at the San Joaquin Robert J. Cabral Agriculture Center, 2101 East Earhart Avenue, Stockton. Please bring your own lunch and your fabulous ideas!
Cover Art Contest: Original art work for the SFR 2015 Cover Art Contest is due by December 15, 2014 to http://ucanr.edu/sfrcovercontest. The theme is “Through the Looking Glass” and the categories are: Traditional, Upcycled, Consumer Science, Jacket Challenge, and Costume Challenge. The purchase limit is $40. The service projects this year are pillowcases (sewn) and hats (sewn, knitted or crocheted).
***Please see the SFR website for more details on joining the committee, the cover contest, the categories and service projects or the event itself at http://4h.ucanr.edu/4-H_Events/SFD/SFR/ (Note—NEW website URL).
SLF 2014
What Inspires You?
The California State 4-H Leaders’ Forum 2014 offers both information and inspiration, sometimes in an unconventional way. This is an unique opportunity for networking and weaving more tightly the fabric of our 4-H program. Volunteer leaders who have inspired youth and adults through the years, from first year leaders to the more experienced, will be honored for their service.

Scintillating and thought-provoking workshop proposals are arriving. Be inspired to make a contribution to the educational program at SLF. There is still time for you to submit your proposal (due by June 30). http://4h.ucanr.edu/Programs-Conferences/SLF/

SLF will be held on Nov. 14 – 16, 2014 at the Crowne Plaza Hotel in Sacramento. Early bird registration ends Sept. 1, so get registered soon and use your saved pennies to spend at the silent auction. Should you be inspired to contribute items for the silent auction or the live auction, please let us know, at your earliest convenience, so we can arrange to pick up the items. We would gratefully accept monetary donations, as well. Please contact Cindy Dixon, conference chair at: cin_mom@sbcglobal.net

For registration information and forms see: http://4h.ucanr.edu/Programs-Conferences/SLF/.

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SLF 2014
What Inspires You?
The 2014 California State 4-H Leaders’ Forum is on track to be your ‘go to’ place to acquire information, as well as participate in activities chosen to inspire and motivate you. Registration is open for the whole forum, or for specific parts of it. See the SLF website for the forms needed.

Also, on the website is the description of the workshops that are being presented. The workshops are so fantastic it may be hard to choose only 4: http://4h.ucanr.edu/4-H_Events/SLF/.

Please remember that SLF is self-supporting and we request that you bring items for the Silent Auction to help us cover costs. Here are some suggestions:

- Homemade or home produced with love and care by anyone or anything youth, adults, animals...let your imagination thrive. Write the story if you wish to share and bring it along, ready for display.
- Think smaller people are traveling, instead of 1 gigantic basket create three or four smaller baskets.
- You can expect to see pre auction of items that will help you get through the weekend.
- Hospitality and Silent Auction together... maybe??
- Set hours of operation... a new concept?
- Option of pre determined price to avoid the bidding and buy the item immediately.
- Mini Innovative Project Store...
- You don’t have to be attending forum to donate, send it with a fellow leader that is coming, but why would you want to miss out on such an opportunity to learn new innovative ideas, relax, and meet new friends.
- That’s all for now, you’ll have to come to forum to see for yourself the innovative results of the 2014 State Leaders’ 4-H Forum Silent Auction.

Our 3 guest speakers for the 2014 SLF are: Jeffery Dovall; https://www.gigasalad.com/studentreach_sacramento; Mark E Thompson; http://www.makeyourmarkinlife.com/ and Jana Flagg; https://www.gigasalad.com/jana_flagg_lodi
The 4-H Online Record Book Launches New Help Website
We have now launched a new ORB Help Website at www.4horb.weebly.com/.
This site will be updated regularly with “How to” directions and video helps in using the California 4-H Online Record Book.
To ask a question, report a problem or make a suggestion about the 4-H Online Record Book, please fill out the ORB Request Form which you can find at http://ucanr.edu/survey/survey.cfm?surveyidnumber=11078.

New 4-H Curricula Available!

What Does it Mean to be a Sheep?: http://anrcatalog.ucdavis.edu/pdf/8474.pdf

What does it mean to be Pig?: http://anrcatalog.ucdavis.edu/pdf/8479.pdf

Bio security in 4-H animal science: http://4h.ucanr.edu/Resources/Curriculum/FREE/Bio-Security_in_4-H

Uniform Selection Update
The 4-H State Recognition and Incentives Committee will analyze and evaluate the results of the uniform voting process and make recommendations to the Associate Director of 4-H Program and Policy in early 2015. The new uniform selection process will take time to implement. We anticipate that there will be a transition period to the new uniform and an implementation process will be developed in the coming months.

Adults Chaperone’s Leave Their Mark at the 2014 State Leadership Conference
This year’s 4-H State Leadership Conference was truly an adventure of epic proportion. The theme for the conference was “Raiders of the Lost Leadership” and had all the adventure and exploration factors that you would expect of an Indiana Jones movie. Our adult education sessions were no exception.
This year’s adult workshops were done in a different format using the Open Space Technology (OTS) format. The “Open Space” methodology is carefully designed to elicit maximum involvement and creativity in a constructive atmosphere. It is also highly flexible so that the content is entirely determined by the participants. Feedback about the workshops was very positive and participants explored how we can make 4-H more Relational, Relevant and Responsive. The topics that were created and discussed were:

- Building Positive Relations between Staff and Volunteers
- All Star/High School Retention
- Valuing Educational Opportunities
- How do we encourage kids with a project that is relevant to them, but you don’t know where to start? How to get beyond the basics in a project year and beyond?
- How to Deal with Ethical Issues with Parents and Leader Roles
- Inclusion Participation of kids with ASD/ADD/other learning differences
- Online and Conventional Record Books
- How technology tools can be used productively with 4-H

To find out more about next year’s State Leadership Conference and how you can get involved as an adult, check out our website at http://4h.ucanr.edu/4-H_Events/SLC/.
What: Fun with a Purpose! Provided by 4-H State Office

This highly interactive workshop will explore the use of activities to build safety and healthy relationships within your club program. Through hands-on learning and reflection activities, participants will learn four different forms activities and the optimal time to use them. At the end of this fun-filled packed two hours, participants will also walk away with a toolkit of team building activities to take back to their clubs.

Who: Club and Project Leaders, Club Officers, Intermediate and Senior Members

When: Friday, October 24, 2014

Time: 6 – 8 p.m.

Where: UC Center
550 E. Shaw Ave., Suite 210-B
Fresno, CA 93710

Cost: $2.00 a person (to offset the cost of refreshments)

Register online: http://ucanr.edu/survey/survey.cfm?surveynumber=13505

Shooting Sports Leaders – Mark Your Calendar!

A State 4-H Shooting Sports Leader Meeting will be held October 18 & 19, 2014 at the River Oaks Range (Safety First Shooting Association) in Merced County. This event is open to teen leaders and adult Volunteers involved with the shooting sports program. It will include training tips, policy, information sharing, hands-on activities and more. Save the dates on your calendar; more information will be provided at a later date. To receive the most current updates, enter your email address in the list serve located at: http://4h.ucanr.edu/ Projects/SET/ShootingSports/

4-H National Youth Science Day (NYSD) - October 8, 2014
http://4h.ucanr.edu/Projects/SET/NYSD/

The 2014 NYSD is titled, Rockets to the Rescue where youth will be tasked with the mission: design and build an aerodynamic food transportation device that can deliver a payload of nutritious food to disaster victims.

Pre-order NYSD kits.

CA 4-H Photos
Help us collect and preserve CA 4-H history by regularly sending us some of your county’s favorite 4-H photos, old or new, throughout the year. You can upload up to 10 photos at a time through the state 4-H website: http://4h.ucanr.edu/News/Photos_and_Videos/

Spread the word to your local clubs and note the 4-H policy regarding photo releases and website privacy (sections XIV and XV). Thanks for helping us archive CA 4-H history!
National Youth Summit Series
Washington, D.C.

REGISTER NOW

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<thead>
<tr>
<th>Aerospace Engineering</th>
<th>Robotics</th>
<th>Maker Summit</th>
<th>Agri-Science</th>
<th>Healthy Living</th>
</tr>
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You are invited to participate in a National Youth Summit in Washington, D.C. Registration is open to all, not just 4-Hers! More information at [http://www.nationalyouthsummit.org/home/](http://www.nationalyouthsummit.org/home/)

4-H History Preservation

There is no better guide toward our future than to learn from and build upon our past. The primary purpose of the 4-H History Preservation website is to provide a central resource on 4-H history, particularly at the national level.

Learn more about this movement and what you can do to help: [http://4-hhistorypreservation.com/](http://4-hhistorypreservation.com/)

May 2014 Newsletter
Hands on 4-H History

New Bicycle Safety Curriculum Now Available

A new bicycle-safety curriculum is now available free of charge for those working with students in grades 6-12 from the Society of Health and Physical Educators (SHAPE America) and the National Highway Traffic Safety Administration (NHTSA).

The curriculum includes lessons and assessments for the skills and knowledge students need to enjoy a lifetime of safe bicycling: [http://www.shapeamerica.org/publications/resources/teachingtools/qualitytype/bicycle_curriculum.cfm](http://www.shapeamerica.org/publications/resources/teachingtools/qualitytype/bicycle_curriculum.cfm)
State Ambassador Corner:

Now officially inducted, we would like to formally say, “Welcome to another amazing year of 4-H from your 2014-2015 State Ambassadors!” We are so excited for this fantastic year of the 4-H program ahead of us. As a team, we are so close and bonded you would think we have known each other our whole lives. It’s crazy to imagine that it has been only a mere 6 months since we first met!

At the end of State Leadership Conference 2014 we were introduced by our advisor, Jenna Colburn, and given our pin and a candle from the outgoing, 2013-2014 State Ambassador Team. They passed their light, metaphorically and literally, from them to us so that we may continue the impeccable legacy of this historic team. We also announced our theme for State Leadership Conference 2015 at UC Irvine:

State Leadership Conference 2015
“Bring your fairytale to life”
DREAM BIG

We have our first face-to-face meeting planned for this year on October 11-12 and more updates can be expected from us later. We are already planning some adventures out to the sectional conferences and State Leaders Forum in November.

Keep checking the Ambassador Corner for more information and updates!

Sincerely,

2014-2015 State Ambassador Team

We are a dynamic and fun loving group!
We had fun at the 2014 SLC dance.

4-H ARMY YOUTH DEVELOPMENT PROJECT: A History of Partnership

Since its inception in 1995, the 4-H/Army Youth Development Project has evolved into a model program of cooperation between Federal agencies. Through the 4-H/AYDP, National 4-H Headquarters and Army Child, Youth and Schools Services (CYS) partner to provide predictable, quality youth programs and introduce 4-H to Army installations worldwide. The partnership links resources of the Land Grant University Extension System to Army youth programs in pursuit of their common mission for positive youth development experiences for children and youth wherever they live.

CA 4-H Military Program: http://4h.ucanr.edu/Programs/MilitaryPartnership/Clubs/
SPARK

Spark Score Surveys are open! Surveys opened Sept 15th and close January 31st, 2015! We would like as many 4-H members as possible to complete surveys in the Online Record Book. It is our way to find out about you and how the California 4-H Youth Development Program is doing overall. Thank you to everyone who has completed their surveys so far. A list of previous survey winners can be found here.

As an incentive and in recognition of the investment of project leaders to deliver iGrow or iThrive, each county council is eligible to receive up to $300 which can be used for resources and supplies related to 4-H iGrow or iThrive Leadership Projects. Checks will be provided at the end of the program year provided that the county has at least one trained Master Trainer and one Trained Project Leader and submits all of the required reporting requirements below. Incentives are based on the number of successfully completed 4-H Thrive projects in your county:

- 1-2 Projects $75
- 3-4 Projects (or county-wide project for 25-40 youth) $150
- 5-6 Projects (or county-wide project for 41-60 youth) $225
- 7 or more Projects (or county-wide project with 61 or more youth) $300

Requirements for funding include:
1. Complete all required online course work for your role (Master Trainer or Project Leader) by January 31st, 2015.
2. Complete the pre and post surveys for your role (Master Trainer or Project Leader) by January 31st, 2015.

Surveys will be emailed to you following the completing of your online course trainings. Complete all post lesson surveys for your iGrow or iThrive project (previously in the form of postcards) by July 31st, 2015. All surveys from requirements 2 and 3 above can be completed online or printed out and emailed to 4ithrive@gmail.com or mailed to:

iThrive4
California 4-H YDP
Division of Agriculture & Natural Resources
California State 4-H Office
2801 Second Street
Davis, CA 95618

4-H Thrive Expands!
This year marks some notable changes in the way we train Thrive Master Trainers and Project Leaders for Thrive Leadership Development Projects across the State. It is very exciting to see the program growing and expanding both within our 4-H programs and the partners that we work with. This fall marks the official launch of the iThrive 4 Leadership Curriculum for teens as well as the launch of iGrow (for ages 9-11) and iSprout (for primary members) for a complete leadership project series for all age groups. Both iThrive 4 and iGrow have a healthy living focus and many of the activities are the same. iSprout can be implemented as part of the leadership series or in your club meetings or as a stand alone Primary Project.

Materials are on track to be ready to disseminate in mid-October. Provided project leaders complete the required trainings, Leadership Projects could start in October. The materials emphasize educational practices embedded in the domains of STEM, citizenship and healthy living as well as personal development of thriving skills. Our belief is that when young people are given opportunities to develop their spark, growth mindset, goal management skills and the 6 Cs, they will become effective in their leadership roles. More Information on the principles of thriving or on 4-H Thrive Leadership Projects.
Program Updates

CITIZENSHIP/LEADERSHIP

CALIFORNIA FOCUS
LEADERSHIP
WASHINGTON FOCUS

<table>
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<th>Leadership Washington Focus</th>
<th>California Focus</th>
<th>Citizenship Washington Focus</th>
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<tr>
<td>June 19-23, 2015</td>
<td>Leadership Washington Focus</td>
<td>June 28-July 4, 2015</td>
<td>Extended travel days to:</td>
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<td></td>
<td>July 14-18, 2015</td>
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<td>Gettysburg, Philadelphia &amp; Baltimore</td>
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<td>July 5-7, 2015</td>
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Registration is coordinated through the CA State 4-H Office. For more information on these programs please visit http://4h.ucanr.edu/

Save the Date: 2015 National 4-H Conference
National Conference dates are April 11-18, 2015
The National 4-H Conference is a working conference in which youth and adults develop recommendations to help guide 4-H Youth Development Programs nationally and in their communities.

National Conference Applications are now available!
Application Deadline will be November 3, 2014
http://4h.ucanr.edu/Programs/Conferences/N4-HC/

MORE UPDATES

State Field Day Updates
May 30, 2015, 8:00am-6:00pm
UC Davis Campus-Wellman Hall
Revamped State Field Day Webpage check it out:
http://4h.ucanr.edu/Programs/Events/SFD/
Here you will find an interactive map along all the exciting activities you can participate and enjoy!

Special Recognition and Impromptu Topics for 2015 Presentation Program are now available! Find them here: http://4h.ucanr.edu/4-H_Events/SFD/PD/
**ANIMAL SCIENCE**

**SAVE THE DATE: 4-H Animal Science Symposium, May 27-29, 2015**
The 4-H Animal Science Symposium is a professional development opportunity for 4-H staff and key volunteers on key topics and skills relating to bio-security and animal health. Central to this symposium will be a foundational training on the “Bio-Security Proficiencies for Beginning Producers,” which participants will implement back home with 4-H volunteers and junior/teen leaders.

Registration will open in January 2015. See [Informational flyer](#) for more details.

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**2015 State 4-H Horse Classic – Save the Date**
June 24-28, 2015 — Brookside Show park

**Want to help plan the 2015 State 4-H Horse Classic?**
Apply here: [http://ucanr.edu/survey/survey.cfm?surveynumber=13572](http://ucanr.edu/survey/survey.cfm?surveynumber=13572)

**Applications are due Jan 5, 2014.**

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**Hosting a Qualifying Horse Show?**
Register your show here: [http://ucanr.edu/qualifying-shows](http://ucanr.edu/qualifying-shows) for it to be considered a qualifying show for the 2014 California Horse Classic.

**Looking for a Qualifying Horse show for the 2015 California 4-H Horse Classic?**
Visit [http://ucanr.edu/classic-qualifiers](http://ucanr.edu/classic-qualifiers) to find a Horse Show near you!

State 4-H Equine Field Day-date and place are TBD. Keep a look out for more information to come!

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**New Swine and Beef curriculum on the 4-H Mall - [http://www.4-hmall.org/Category/animalscience.aspx](http://www.4-hmall.org/Category/animalscience.aspx)**
Wonderful resources produced in conjunction with California 4-H!

**Free Animal Science curriculum on the State 4-H Website: Veterinary Science, Rabbits, and Bio-Security, and new this year Swine, Sheep, and Pre-Harvest Food Safety!**
[http://4h.ucanr.edu/Projects/Curriculum/FREE/](http://4h.ucanr.edu/Projects/Curriculum/FREE/) Check them out!
Shooting Sports Archery Certification Workshop

October 4, 2014, 9 a.m.-5 p.m.
October 5, 2014, 9 a.m.-12 p.m.

Safety First Shooting Association
River Oaks Range
11584 Shaffer Rd
Winton, CA (Merced County)

If you have an interest in sharing your archery skills with youth, how about becoming a 4-H Archery adult volunteer or teen leader. There will be a 4-H archery leader certification training offered in October 2014. The class will be held Saturday, October 4th, 9 a.m. – 5 p.m. and Sunday, October 5th, 9 a.m. - 12 noon, at the Safety First Shooting Association, River Oaks Range, 11584 Shaffer Rd, Winton, in Merced County. This class is being hosted by Merced County 4-H. You must be a 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is $35 per person to include a resource binder, and Saturday breakfast & lunch and Sunday breakfast.

Junior and teen leaders are invited but must attend with an adult or have a certified archery adult leader they will be helping back home. If you are already a certified volunteer archery leader and would like to become a trainer, contact Jeanne at 530-524-7278 or email mtlassenlover@gmail.com to discuss options.

Driving directions to the range are at http://www.safetyfirstshooting.org/html/directions.html. Dry RV camping is an option.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at http://www.ca4h.org/files/2123.pdf, and an adult or youth 4-H medical release form and a $35 check payable to “Merced County 4-H Council” and mail to UCCE, 2145 Wardrobe Ave, Merced, 95341.

Registration is due Friday, September 22nd and space is limited. For more information call Darlene McIntyre at 209-385-7418 or email her at dlmcintyre@ucanr.edu or contact Jeanne at the contact information above.
UC Davis Horse Day

A New Hands on Approach to Equine Topics

October 25th, 2014

Topics Include:

* What to Know About Pigeon Fever
* Breeding and Reproduction
* A Look Inside the Mare’s Repro Tract
* Barefoot vs Shoes
* Benefits of Horseshoeing
* Basics of Hay Evaluation
* English and Western Saddle Fitting
* And Much More

For More Information Please Call: 530-752-1250

UC Davis
Horse Barn
Department of Animal Science
Shipped Semen, Foaling Services, Stallion Services, On-Farm Breeding:
Contact: Joel Viloria, Barn Manager
530-754-4156 • jeviloria@ucdavis.edu
animalscience.ucdavis.edu/horsebarn

The Proof is in the Progeny
**Sustainable You!**

**Train-the-Trainer**

Sponsored by
4-H Youth Development Programs at
UC Hansen REC

_Sustainable You!_ An interactive curriculum for youth.
Developed by Utah State University Extension Sustainability and
designed as a 4-H summer camp program for kids.
Incorporates major themes: Air, Energy, Water, Food, and Land

_Who should attend this hands-on training?_ Teachers, garden educators, 4-H
volunteers, after-school leaders or anyone working with youth grades 4-6 and
interested in integrating sustainability into their program.

_When:_ Saturday, November 1st  
9 a.m. to 3 p.m. (bring a lunch)

_Where:_ UC Hansen Agricultural Research and Extension Center
14292 W. Telegraph Rd., Santa Paula
(Corner of Briggs & Telegraph Rd., please use Briggs Rd. main entrance)

_Presenter:_ Chris Massa, Food Corps Member currently working with
Ventura Unified School District

_Cost:_ Free. [Online registration](#) required

Questions: 805-525-9293 ext. 214

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_The University of California prohibits discrimination or harassment of any person in any of its programs or activities. Complete nondiscrimination policy statement can be found at [http://www.ucop.edu/sites/avstaff/files/107734.doc](http://www.ucop.edu/sites/avstaff/files/107734.doc)Inquiries regarding the University’s equal employment opportunity policies may be directed to Linda Marie Mantes, Affirmative Action/Compliance Officer, University of California, Davis, Agriculture and Natural Resources, 2501 2nd Street, Davis, CA 95616, (530) 752-1316._
Come celebrate 4-H Day and cheer on the Oakland Raiders! $20 from each ticket sold benefits 4-H in your community.

County: ____________________  Club name: ____________________

SUNDAY DECEMBER 21, 2014
1:25PM KICKOFF

OAKLAND RAIDERS VS
BUFFALO BILLS

For any questions regarding tickets, please contact Evan Durlester at 510-780-3236. Please mail or fax your completed form to:
Oakland Raiders-Group Sales Department
1220 Harbor Bay Parkway Alameda, CA 94502
Fax: 510-864-5025

First name: ____________________  Last name: ____________________
Address: ____________________  City: ______________  St: ___  Zip: ___

Phone: (___)______  Email: ____________________

Method of Payment (check one): Check____  Visa____  MasterCard____  AMEX____  Cash____
Credit Card #: ____________________  CVC Code: _____  Exp. Date: ________________

Signature ____________________  Date: ________________

All orders must be received by November 21, 2014.
MISSION: LEADERSHIP
LCORT 2015

Friday, January 23 - Sunday January 25, 2015
Wonder Valley Ranch & Conference Center -- Sanger, California

WHAT: Leadership Conference of Regional Teens (LCORT)

WHEN: Check-in: Friday, January 23, 2015, 6-8:00 p.m.
      Adjournment: Sunday, January 25, 2015, at noon

WHERE: Wonder Valley Ranch
       6450 Elwood Road
       Sanger, CA 93657

WHO: * 7th-9th Grade 4-H members in South Central Section counties
      * County Leadership Teams (10th Grade & Above)
      * Adult Volunteer Leader and 4-H staff Chaperones
      * By invitation: State Ambassadors, Technology Leadership Team members, and conference staff

COST: $150.00 – includes 2 nights lodging, 4 meals (Saturday breakfast through Sunday breakfast), snacks, all registration materials, and an LCORT T-shirt.

WHY: To define and develop your leadership abilities.
     To have an opportunity to meet and share ideas with other 4-H youth and adults.
     To expand your perspective on the world around you and to have an enjoyable time.

EVERY DELEGATE IS EXPECTED TO:
* Attend and participate in all sessions and activities.
* Act in accordance with the 4-H Code of Conduct and Dress Code.
* Be responsible for his/her behavior and belongings.
* Follow all facility rules.

BE SURE TO BRING WITH YOU...
* Toiletries, personal items, towels, etc.
* Suitable changes of clothing for 2 days, including a jacket.
* Note: Delegates sit on the floor during assemblies so please wear clothing that covers you when sitting.
* A sleeping bag or sheets, blankets and a pillow.

PLEASE DO NOT BRING...
* Food—Don’t worry, you’ll be well fed!
* Clothing that will not meet the dress code standards.
* Electronics or other valuables that you will not absolutely need.

PLEASE NOTE:
* All personal belongings are brought at the owner’s risk.
* Use of personal electronics including, iPods and other MP3 players, cell phones, video games, etc. is NOT ALLOWED DURING WORKSHOP SESSIONS.
* Neither the South Central Section 4-H Council nor Wonder Valley will be responsible for lost or stolen clothing, electronics, or other personal articles.

ACCOMMODATIONS:
Dorm-type rooms with 6 to 10 people per room. Rooms have a bathroom and shower OR access to dorm-style, single-sex bathrooms and shower rooms.
Workshop sessions will be held in meeting rooms and multipurpose rooms.

COUNTY OFFICES REGISTER ON-LINE USING THE LCORT WEBSITE:
County 4-H Offices should register their delegates online using the survey tool. If you have not received a link, please Email Pauline Smoke at lcort.coordinator@yahoo.com
LCORT 2015 – LEADERSHIP CONFERENCE OF REGIONAL TEENS
January 23-25, 2015

YOUTH REGISTRATION FORM

Name ___________________________ County ___________ Club ___________

Address __________________________ City __________________________ Zip ________

E-mail: ___________________________ Telephone: (____) ____________ Gender: Male ____ Female ____

4-H Enrollment Type: Youth ___ Adult ___

YOUTH: Grade ___ Age on 12/31/2014 ___

DELEGATE STATUS (Choose one): Youth Delegate ___ Leadership Team Member (Workshop Presenter) ___
State Ambassador ___ TLT Member ___ LCORT Youth Staff ___

T-Shirt Size*: Adult XS ___ Adult S ___ Adult M ___ Adult L ___ Adult XL ___ Adult XXL ___ Adult XXXL ___
*T-shirts are included in your registration fee.

Roommate preference*: We will do our best to accommodate your request; however, we do not guarantee your choice of roommate, especially if that person does not also request you. Room changes will not be made at LCORT. **Please Note:** If necessary, Leadership Team (i.e., workshop presenters) members may be assigned to fill supervisory roles in rooms with only one adult chaperone.

9th-Graders Only

______ Check here if you would like to receive a link to the Peer Mentor application.

**Please Note:** Peer Mentor applicants must be in 9th grade, must have attended LCORT at least once before, and have leadership experience within or outside of 4-H.

Registration Fee is NON-REFUNDABLE due to the program and facilities. If a delegate cancels, county staff may request substitution of a delegate of the same sex, but substitutions are at the discretion of LCORT staff.

PERMISSION SLIP

I give permission for my son/daughter, __________________________________, to attend LCORT at Wonder Valley Ranch in Sanger, CA, on January 23 - 25, 2015. He/She will be riding with: __________________________, and returning with __________________________________.

Signature of Parent or Legal Guardian: __________________________________

[ ] Please check if 4-H member will have special needs during LCORT (medical, dietary, etc.) and explain need(s):

_________________________________________________________

Enclose with Registration Form:
• Registration fee. Confirm the amount you owe with your club/county.
• Signed copy of 4-H Code of Conduct (requires Parent/Guardian & Member’s Signatures)
• Signed Medical Treatment Form (requires Parent/Guardian Signatures).

***TIP: Make a copy, have it signed again, and carry it with you, since only “original” signatures are valid.

**REQUIRED**—This member is in good standing with our Club and County 4-H Program

Community Club Leader: ___________________________ Date: ____________

4-H Staff: ___________________________ Date: ____________

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