**FEBRUARY 2015**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Details</th>
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<tbody>
<tr>
<td>14</td>
<td>Bakersfield Symphony 6:30 p.m.</td>
<td>Lecture 7:30 p.m.-9:30 p.m. Concert Jenine Snoddy 661-979-4365</td>
</tr>
<tr>
<td>14</td>
<td>Horse Show</td>
<td>Sandy Orloff 661-330-5885</td>
</tr>
<tr>
<td>16</td>
<td>UCCE Office closed for President’s Day Holiday</td>
<td></td>
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<tr>
<td>17</td>
<td>LAST DAY TO TRANSFER CLUB AND BE ELIGIBLE TO PARTICIPATE IN 2015 KERN COUNTY FAIR</td>
<td></td>
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<tr>
<td>21</td>
<td>Home Ec Field Day &amp; Project Medal Testing</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
<tr>
<td>*23</td>
<td>Horse Leader Meeting 6:30 p.m.</td>
<td>Sandy Orloff 661-330-5885</td>
</tr>
<tr>
<td>*24</td>
<td>Leader Council 7:00 p.m.</td>
<td>Roger Hillberg 661-393-0473</td>
</tr>
</tbody>
</table>

*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA

**MARCH 2015**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Details</th>
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<tbody>
<tr>
<td>10-11</td>
<td>Farm Day in the City</td>
<td>Nancy Hillberg 661-496-1758</td>
</tr>
<tr>
<td>*12</td>
<td>Record Book Workshop 7:00 p.m.</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
<tr>
<td>14</td>
<td>Bakersfield Symphony 6:30 p.m. Lecture 7:30 p.m.-9:30 p.m. Concert Jenine Snoddy 661-979-4365</td>
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</tr>
<tr>
<td>27</td>
<td>UCCE Office Closed - Cesar Chavez Holiday</td>
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</tr>
<tr>
<td></td>
<td>Fashion Review - To Be Announced</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
</tbody>
</table>

*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA

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**HIGHLIGHTS IN THIS ISSUE**

- Home Ec Field Day Info……………………4-5
- Medal Testing Results…………………………..6
- State Events……………………………………8-17
- 3rd Annual State 4-H Archery Match, 17-20
- 4-H Shooting Sports Hunter Education…21
- Notes from the Sheep Barn…………..22-23

Do you have a photo for the newsletter? E-mail photos to vaslaton@ucdavis.edu

**NEWSLETTER DEADLINE!** Articles/photos for the next issue of The 4-H Network must be received by February 20th

Kern County 4-H 1031 S. Mt. Vernon Avenue Bakersfield CA 93307 - 2851 Phone: 661-868-6200 Fax: 661-868-6208 or eekern@ucdavis.edu

Wheelchair accessible. Please contact UCCE Kern at 661-868-6200 if any special accommodations. Individuals who need to request an ADA accommodation in order to participate in 4-H sponsored events and activities can contact your local 4-H Office to complete a 4-H ADA Accommodation Request Form: http://4h.ucanr.edu/files/153972.docx

**The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth), and medical conditions related to pregnancy or childbirth, physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994: service in the uniformed services includes membership, application for membership, performance of service, application for service, or obligation for service in the uniformed services) in any of its programs or activities. University policy also prohibits reprisal or retaliation against any person in any of its programs or activities for making a complaint of discrimination or sexual harassment or for using or participating in the investigation or resolution process of any such complaint. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University’s nondiscrimination policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California, Agriculture and Natural Resources, 1111 Franklin Street, 6th Floor, Oakland, CA 94607, (510) 987-6006.**
New Leader Orientation NOW ONLINE!!!

Drum roll please........our New Leader Orientation page is now UP AND RUNNING ONLINE! Any in person Orientations scheduled are now canceled, as it can now be accessed ONLINE anytime!
Please visit our County 4-H website at: http://cekern.ucanr.edu/Youth_Development/ and look for the "Becoming a New 4-H Leader" page to get started!!!
Please pass the word along to any potential leaders!!!

Food Safety Training Available ONLINE!

The State 4-H Office requires that every club have at least one 4-H leader trained in Food Safety. The more leaders in your club that are certified, the more convenient it is for your club. It is required that a certified volunteer is to be present at all bake sales/food booths to make sure proper food safety guidelines are handled. Food Safety trainings are available anytime online! Please visit the website below, and use the provided sign-in/user information:
Website: http://ucanr.edu/sites/MISKIS/
Username: miskis
Password: makeitsafe_1234

There are 4-H Cook Books available at the UC Extension office for $10.00. Please come by and pick one up!

4-H WEBSITES
http://cekern.ucdavis.edu/Youth_Development/
http://www.areyouintoit.com
http://www.fourhcouncil.edu
http://www.4-h.org/fourweb
http://www.ca4h.org

4-H ENROLLMENT WEBSITE
https://california.4honline.com

4-H VOLUNTEER WEBSITE
http://ucanr.org/4-hvolunteers/

KERN COUNTY 4-H IS ON FACEBOOK!

Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and ‘like’ us! We will post updates, important event reminders, announcements—all sorts of important things! It’s the best way to keep up-to-date!

IDEAS THAT WORK

There are many new stories of 4-H program success happening all across California. Visit: http://www.ca4h.org/News/Media/ to read stories recently featured in the media.

4-H VOLUNTEER WEBSITE
http://ucanr.org/4-hvolunteers/
Kern County 4-H is stepping up our high tech skills! We now have the ability to send out TEXT reminders about upcoming events, deadlines, meetings, updates, etc. If you’d like to sign up for our updates, please follow the steps below!

How to sign up for Kern County 4-H’s Kern County 4-H Updates messages:

To check out the 4-H Volunteer Café, use the following link: [http://4hvolunteercafe.wordpress.com/](http://4hvolunteercafe.wordpress.com/).

4-H Volunteer Café

Are you a club or project leader who is tired of doing the same old activities month after month? Maybe you need something designed just for you to be encouraged and encourage your own personal growth. The 4-H Volunteer Café is a place designed just for you providing encouraging and thought-provoking articles of how the principles of positive youth development translate into your 4-H experience, it offers tons of resources for you as a 4-H volunteer that you can use immediately in your meetings and gives you a place where you can contribute your own experiences and challenges.

To check out the 4-H Volunteer Café, use the following link: [http://4hvolunteercafe.wordpress.com/](http://4hvolunteercafe.wordpress.com/).

HEALTHY LIVING

4-H Cooking ThrowDown

For the past two years California 4-H members have been invited to participate in the 4-H Cooking ThrowDown at the California State Fair. Youth compete in teams to prepare a healthy three-course meal using a surprise secret ingredient. The meals are judged and the winners of each qualifying round then compete to determine the 4-H ThrowDown Champion! In order to prepare your youth participants for this competition we recommend using the 4-H Cooking 101, 201, 301, and 401 curriculum. These resources can be found here: [http://web.extension.illinois.edu/state4h/projects/new/](http://web.extension.illinois.edu/state4h/projects/new/)
SHARE YOUR SKILLS!

Join the Home Ec. Field Day Committee!

Home Ec. Field day will be on Saturday, February 21, 2015. This is a large event, and it is so much more successful when a group of people are involved in the planning! (Veronica will also be out of town at a conference the week leading up to it.) Help is needed in ALL areas, and from older youth and adults!

Visit the registration website for all positions and descriptions: http://ucanr.edu/hefdcommittee

Or scan the code!

The Power of YOUTH
2014 Home Ec. Field Day Entry Form

Home Ec. Field Day
February 21, 2015 – 9 a.m.
General Shafter School -1825 Shafter Rd. Bakersfield, CA 93313

You will determine the year you are by what year in cooking you are currently enrolled in. (For example you just finished your first year in cooking, and are starting your second; you are a second year cooking member.) You can find more detailed information you will need to follow within the various categories on the Home Ec. Field Day General Information flyer. This flyer can be found on our county website in the events page. ALL entries MUST have a table setting. (It does not have to be themed to match your food dish, unless you are choosing to enter in the optional ‘Themed Category’). It is also mandatory that members include their recipe card and their menu planning sheet with their entry. These forms will be available for download on our county website, as well as be sent out via e-mail to members prior to the event…this is why it is so important to provide a valid e-mail address on your entry!

You can also register online at: http://ucanr.edu/homeecfieldday

Name: ____________________________________________

e-mail: ____________________________________________

Phone: __________________________ Age: ________

Club: ________________________________

Years in Food: (circle)

1st year - Fruit or Vegetable
2nd year - Grain Dish
3rd year - Dessert or Appetizer
4th year - Meat or Bean Dish
5th year & Above - Whole Meal

Please check if you would like to take part in the optional Coordinated Theme Setting

Send entry form to the 4-H Office-1031 S. Mount Vernon Ave.-Bakersfield, Ca 93307 or Fax: 868-6208

ENTRIES MUST BE RECEIVED BY FEBRUARY 17, 2015!!!

When feasible, all efforts are to be made to encourage and provide reasonable accommodations for persons with disabilities in 4-H Youth Development Program activities. Individuals who need to request special accommodations in order to participate in 4-H sponsored events and activities please contact Veronica Slaton at the 4-H Office at 661-868-6235.
Congratulations Medalists!!

Medal Testing Results - Field Day 2014

Cavy - Bronze
Cassie Smith - Four Seasons
Abigail Freeman - Southwest
Katelyn Diniz - Southwest

Clothing & Textiles - Bronze
Anastasia Bryant - Northwest

Computers - Bronze
Katelyn Diniz - Southwest
Brad Hudson - Southwest
Alexis Diniz - Southwest
Nick Hudson - Southwest
Charlize Diniz - Southwest

Dairy Goat - Bronze
Hope Lindley - Glennville
Christine Lindley - Glennville

Dog Care - Bronze
Kerstyn Barton - Northwest

Leathercraft - Bronze
Garrett Hawks - Rio Del Norte
Joslyn Camp - Rio Del Norte
Celeste Rickett - Rio Del Norte
Cole Camp - Rio Del Norte
Kala Hill - Rio Del Norte

Market Goat - Bronze
Anastasya Bryant - Northwest 4H
Hope Lindley - Glennville 4H
Christine Lindley - Glennville 4H

Poultry - Bronze
Elida Torres - Midway 4H

Pygmy Goats - Bronze
Zolee Hillberg - Northwest
Areyke Bryant - Northwest
Anastasya Bryant - Northwest

Rabbit - Bronze
Mason Bullard - Midway
Abigail Freeman - Southwest
Charlize Diniz - Southwest
Elijah Madera - Champion
Elida Torres - Midway
Alexis Diniz - Southwest

Sheep - Bronze
Aleah Adame - Kern Creative Minds
Weldon Colbert - Southwest

Sheep - Gold
Marci Padilla - Kern Creative Minds

***Medals will still be given out only once a year at the August Awards Ceremony.

If you took a medal test, but your name is not on this list, unfortunately you did not pass this time. You will however have another opportunity to re-take the test at: Home Ec. Field Day, on Feb 21, 2015.
Scholarships For Higher Education!

We have come across many scholarships and opportunities for 4-H members and we wanted to share them all!!

Check out the available scholarships/opportunities at our website:
http://cekern.ucanr.edu/Youth_Development

Look for the “Scholarships for Higher Education” tab on the left.

While we are showcasing these available scholarships, we are not the contact person for them (with the exception of the Kern County 4-H Leader's Council scholarship) please find the individual contact persons within each scholarship application.

New scholarships are always being added, so check the page often!

JOIN THE REVOLUTION OF RESPONSIBILITY

Do you know of a scholarship or opportunity that would benefit our young people? Contact: Veronica Slaton at vaslaton@ucdavis.edu or 661.868.6235
State Ambassador Corner

The California 4-H State Ambassador is a working honor that provides 4-H members expanded opportunities to serve the University of California 4-H Youth Development Program. The 4-H State Ambassador position is one of the highest service opportunities and recognition attainable in the University of California 4-H Youth Development Program. 4-H State Ambassadors are youth who have excelled in the areas of leadership and community service. They are selected to serve the 4-H Youth Development Program in roles that promote leadership through education and service. 4-H State Ambassadors work with advisors who are experienced in working with older youth in a youth-adult partnership.

We have been asked often about what a State Ambassador is and what does a State Ambassador do? Since we are most often seen at State Leadership Conference it is assumed that we only work on SLC. The fact is we do many things. We travel throughout the State promoting our platform and present to the sectional conferences. We represent California 4-H to outside organizations, at community events and to our legislators. The State Ambassador program was formally called Diamond Star, so if you have parents or grandparents that were in the program that is probably what they know the program by.

View passed State Ambassador teams and read the history of the program originating in 1936: http://4h.ucanr.edu/Programs/Projects/Leadership/SASFormer/SA/
California State Ambassador applications are now open. Due February 16, 2015 For application instructions and requirements, visit: http://4h.ucanr.edu/Programs/Projects/Leadership/SAS/

Follow the State Ambassadors through Social media

If you’d like to follow along with our ambassador team, check out the hashtags #iamCA4H and #CA4HSA15 on Instagram! We love hearing from members and adult volunteers, so feel free to interact with us on all of our platforms, and if you see us in person, say hi!
HOARD’S DAIRYMAN COW JUDGING CONTEST 2014

Hoard’s Dairyman magazine will once again be offering its 85th Annual Dairy Cow Judging Contest. 4-H club members may participate by evaluating photos of different breeds of dairy cattle and placing them in correct order of desirability. Cash prizes are available. The entry deadline is March 19, 2015.

For more information, visit: http://www.hoards.com
# 4-H State Calendar of Events

## February
- **2/6/2015**: 2015 National 4-H Beekeeping Essay Contest
- **2/12/2015**: WRLF 2015 Session 2
- **2/16/2015**: State Ambassador Apps Due
- **2/17-18/2015**: IDI Statewide Staff Conference (Davis)
- **2/25-26/2015**: IDI Statewide Staff Conference (Eureka)
- **2/28/2015**: 4-H Equine Field Day

## March
- **3/2/2015**: WRLF 2015 Session 3
- **3/3-4/2015**: IDI Statewide Staff Conference (San Diego)

## April
- **4/11-18/2015**: National 4-H Conference

## May
- **5/27-29/2015**: 4-H Animal Science Symposium
- **5/30/2015**: State 4-H Field Day

## June
- **6/19-23/2015**: California Focus
- **6/28-7/7**: Citizenship Washington Focus

## July
- **7/14-18/2015**: Leadership Washington Focus
- **7/23-26/2015**: State Leadership Conference

## August

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### The 4-H Online Record Book Launches New Help Website

We have now launched a new ORB Help Website at [www.4horb.weebly.com/](http://www.4horb.weebly.com/).

This site will be updated regularly with “How to” directions and video helps in using the California 4-H Online Record Book.

To ask a question, report a problem or make a suggestion about the 4-H Online Record Book, please fill out the ORB Request Form which you can find at [http://ucanr.edu/survey/survey.cfm?surveynumber=11078](http://ucanr.edu/survey/survey.cfm?surveynumber=11078).

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### Uniform Selection Update

The 4-H State Recognition and Incentives Committee will analyze and evaluate the results of the uniform voting process and make recommendations to the Associate Director of 4-H Program and Policy in early 2015. The new uniform selection process will take time to implement. We anticipate that there will be a transition period to the new uniform and an implementation process will be developed in the coming months.

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### CA 4-H Photos

Help us collect and preserve CA 4-H history by regularly sending us some of your county’s favorite 4-H photos, old or new, throughout the year. You can upload up to 10 photos at a time through the state 4-H website: [http://4h.ucanr.edu/News/Photos_and_Videos/](http://4h.ucanr.edu/News/Photos_and_Videos/)

Spread the word to your local clubs and note the 4-H policy regarding [photo releases and website privacy](http://4h.ucanr.edu/News/Photos_and_Videos/) (sections XIV and XV). Thanks for helping us archive CA 4-H history!
State 4-H Shooting Sports Match

The 2015 Annual State 4-H Shooting Sports Match rules and entry forms are now available on the State 4-H Shooting Sports website at:

[http://4h.ucanr.edu/Projects/SET/ShootingSports/](http://4h.ucanr.edu/Projects/SET/ShootingSports/)

**Entry due date is March 9, 2015.** Targets will be mailed upon receipt. The age categories are junior, intermediate and senior.

Completed targets must be returned by June 22, 2015.

If you have questions, contact Jacki Zedier in Siskiyou County at 530-842-2711 or email: jkzediker@ucanr.edu

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**California State Fashion Revue 2015**

4-H members throughout California are sewing and creating outfits to enter into local county fashion revues. Members qualify at the county level to advance to State Fashion Revue, one of the State Field Day events. If you have questions about categories, age divisions, or how to participate, contact Sue at 2moores@mlode.com.

The SFR Committee has three announcements this month:

1. We were asked to extend the deadline for the Program Cover Art contest so the deadline is now **February 15**. See the rules at [http://ucanr.edu/sfrcovercontest](http://ucanr.edu/sfrcovercontest) to have your original art work published!

2. We are establishing a list of all the 4-H clothing & textiles project leaders and county fashion revue chairs to improve communication about SFR. If you would like to receive SFR news directly from us, please give Rachel your name and email, sierrascoop@sbcglobal.net.

3. We are beginning to recruit judges. If you have experience with sewing, crafts, textiles or fashion, especially with youth, and can be at UC Davis on Saturday, May 30, 2015, please consider becoming a SFR judge. To volunteer or for judge information, contact Charlean at teacherc2@yahoo.com. Complete information about SFR is at [http://4h.ucanr.edu/4-H_Events/SFD/SFR/](http://4h.ucanr.edu/4-H_Events/SFD/SFR/).
Healthy Living Webcast Series Update
National 4-H Council is proud to announce a series of webinars to promote 4-H Healthy Living Professional and Volunteer Development. These will be held on the third Tuesday of each month with two times: 1 PM and 6:30 PM EST and will feature a current 4-H Healthy Living topic with a guest presenter for the first hour and then ½ hour of a healthy recipe, healthy activity and new resources including grant opportunities. The emcee for each webcast will be a teen from the National 4-H Healthy Living Management Team.
Registration details: http://4h.ucanr.edu/files/201538.pdf

State Field Day Plant Science Contest
Location: Hart Hall (Lobby, room 1128, and room 1130)
Time: 10:00am - 1:30pm
The plant science contest engages youth in the scientific study of plant life and provides an opportunity for youth to increase their knowledge of horticultural plants, and horticultural/plant science techniques and knowledge, greatly expand their ability to identify various plants and allows for interaction with other youth interested in plant science. The plant science contest is organized into three parts: Judging, Plant Identification, and Written. All 4-H’ers are welcome to participate in the contest. No Pre-registration is necessary.
The four highest scoring senior-age youth (15-18) are eligible to be part of the California State 4-H Horticulture team. This team represents California in the National Junior Horticultural Association convention. Senior-age youth (in addition to team members) are also eligible to attend the convention and participate in demonstration, speech, and a number of other contests at the convention. See http://www.njha.org/projects_hortid.html for more information on the contest format and rules.

4-H Shooting Sports Updates
The California 4-H Shooting Sports Committee works hard to provide training and updates for adult and teen leaders in the program. In order to get the latest information, adult and teen leaders are encouraged to register to receive the latest announcements and postings regarding 4-H shooting sports through direct email or the Facebook site.
Keep up-to-date by following our 4-H Shooting Sports Facebook page or join our email listserv.

2015 National 4-H Beekeeping Essay Contest
2015 Essay Topic: “Planting for Bees from Backyards and Up”
Participate in the 2015 National 4-H Beekeeping Essay Contest and submit a 750 to 1000 word essay with the listed criteria in this document. This contest is open to active 4-H club members and must adhere to the requirements and designated subject.
Awards: 1st Prize - $750, 2nd Prize - $500, 3rd Prize - $250
Essays must be submitted electronically as a Word or .pdf attachment, to the State 4-H Office by February 6, 2015. Email to: ca4h@ucanr.edu. In the subject line write: 2015 National Honey Bee Contest. The National winners’ essays will appear in an Issue of the American Beekeeping Federation’s newsletter.
The 4-H Animal Science Symposium is a professional development opportunity for 4-H staff and key volunteers on key topics and skills relating to bio-security and animal health. Central to this symposium will be a foundational training on the “Bio-Security Proficiencies for Beginning Producers,” which participants will implement back home with 4-H volunteers and junior/teen leaders.

Registration will open in January 2015. See informational flyer for more details.

Hosting a Qualifying Horse Show?
Register your show here: http://ucanr.edu/qualifying-shows for it to be considered a qualifying show for the 2014 California Horse Classic.
Criteria for a Qualifying Show:
- Show verified by County
- Up to 3 shows per county
- Each horse show must be registered
- The Horse Show must offer the same class categories that are offered at the State 4-H Classic (they may offer more if they choose too)
- Management of each show is required to send show results to Sarah Watkins at the State 4-H Office

Please submit results on this form: Classic Qualifying Show Results Sheet
Results can be sent via email to spwatkins@ucanr.edu

Looking for a Qualifying Horse show for the 2015 California 4-H Horse Classic?
Visit http://ucanr.edu/classic-qualifiers to find a Horse Show near you!

Want to help plan the 2015 State 4-H Horse Classic?
Apply here: http://ucanr.edu/survey/survey.cfm?surveyNumber=13572
Applications are due Jan 5, 2014.

2015 State 4-H Horse Classic—Save the Date
June 24-28, 2015
Brookside Show park
http://4h.ucanr.edu/4-H_Events/Horse_Classic/

Check out the blog for up-to-date information!
In 2015 we have a new and exciting event:
The 4-H Statewide Animal Science Symposium which will take place May 27-29, 2015 at the UC Davis School of Veterinary Medicine.

- The Symposium is targeted to county teams (typically 2-3 people per county) including 4-H Program Representatives, Advisors, and key 4-H volunteers (e.g., county volunteer point people for animal science, large animals, small animal). The Symposium is not open to 4-H youth members (except the Career Fair, see below).
- The 4-H Animal Science Symposium is a professional development opportunity for 4-H staff and key volunteers on key topics and skills relating to bio-security and animal health. Central to this symposium will be a foundational training on the “Bio-Security Proficiencies for Beginning Producers.” County teams will return home and prepare 4-H volunteers and junior/teen leaders to implement these proficiencies with 4-H members in animal science projects.
- Symposium participants will be expected to participate in monthly conference calls on their progress preparing 4-H volunteers and junior/teen leaders to implement the bio-security proficiencies. Each participant will receive a curricula kit at the symposium to help implement the proficiencies. The conference calls will provide support and resources.
- Symposium speakers will include leaders in the California Department of Food and Agriculture, the UC Davis School of Veterinary Medicine, Division of Agriculture and Natural Resources, and commodity and industry groups.
- Online registration will open in January 2015 which will include registration details and fees.
- Plans are underway for a Youth Career Fair on Wednesday, May 27, 5:30pm for 4-H and FFA members. More information on the exhibits and presenters will be available in January 2015.

Sarah Watkins
4-H Program Development Coordinator for Animal Science Education
University of California, Agriculture and Natural Resources
California State 4-H Office
2801 Second Street
Davis, CA 95618-7774
(530) 750-1340 | Fax (530) 756-1079
spwatkins@ucanr.edu
Program Updates

CITIZENSHIP/LEADERSHIP

CALIFORNIA FOCUS
LEADERSHIP
WASHINGTON FOCUS
WASHINGTON FOCUS

Save the dates!
California Focus
June 19-23, 2015
Leadership Washington Focus
July 14-18, 2015
Citizenship Washington Focus
June 28-July 4, 2015
Extended travel days to:
Gettysburg, Philadelphia & Baltimore
July 5-7, 2015

Registration is coordinated through the CA State 4-H Office. For more information on these programs please visit http://4h.ucanr.edu/

Save the Date: 2015 National 4-H Conference
National Conference dates are April 11-18, 2015
The National 4-H Conference is a working conference in which youth and adults develop recommendations to help guide 4-H Youth Development Programs nationally and in their communities.

National Conference Applications are now available!
Application Deadline will be November 3, 2014
http://4h.ucanr.edu/Programs/Conferences/N4-HC/

MORE UPDATES

State Field Day Updates
May 30, 2015, 8:00am-6:00pm
UC Davis Campus-Wellman Hall
Revamped State Field Day Webpage check it out:
http://4h.ucanr.edu/Programs/Events/SFD/
Here you will find an interactive map along all the exciting activities you can participate and enjoy!

Special Recognition and Impromptu Topics for 2015 Presentation Program are now available! Find them here: http://4h.ucanr.edu/4-H_Events/SFD/PD/
Introducing Citizenship & Leadership Gift Certificate Program
This program allows family members & friends of 4-H members to provide a specific 4-H member with financial support for attending Statewide and National 4-H Citizenship and Leadership Conferences. Gifts may be used on registration costs of the following conferences and events*

- Citizen Washington Focus
- Leadership Washington Focus
- California Focus
- Leadership Washington Focus
- State Leadership Conference

Order a gift certificate today!
For questions please contact Jenna Colburn, jcolburn@ucanr.edu
*Gift certificates must be used within 12 months of purchase.

Citizenship Washington Focus
June 28–July 4, 2015
Extended travel days (July 5–7, 2015) to: Gettysburg, Philadelphia & Baltimore
Registration due December 15. For more information on these programs please visit http://4h.ucanr.edu/4-H_Events/WF/

Leadership Washington Focus
July 14–18, 2015
Registration due December 15. For more information on these programs please visit http://4h.ucanr.edu/4-H_Events/WF/

California Focus
June 19–23, 2015
Registration opening the week of December 14th and is due March 31. District Leader Applications due January 14th. For more information visit http://4h.ucanr.edu/4-H_Events/CF/

Apply to be a 2015-2016 State Ambassador!
The California 4-H State Ambassador Program is a working honor that provides 4-H members expanded opportunities to serve the University of California 4-H Youth Development Program. Due February 16, 2015.

State Ambassador App Reference Guidelines
State Ambassador Application Instructions and Information 2015
Apply Online
Submit a Reference

National 4-H Youth Conference Center Program Assistants
Do you know a college student who has a passion for government, history, political science, education, public speaking, or leadership? We are looking for individuals with a passion for working with young people. If this brings someone to mind please encourage them to apply for the position of Program Assistant (PA) at National 4-H Youth Conference Center!
More info.
Calling all Archery Leaders, the 3rd annual State 4-H Shooting Sports Archery Match is now open. Every leader that entered last year was sent an email with the rules and entry form attached. The same was sent to the 4-H staff list. The deadline for entering is March 16, 2015. Each leader MUST have the entry form signed by a 4-H staff person, who double checks that each youth is currently enrolled and submit a council check for their entries.

The deadline for returning the entries is June 16, 2015. The rules and entry forms can be found at [http://cemendocino.ucanr.edu/files/204379.pdf](http://cemendocino.ucanr.edu/files/204379.pdf) for the rules and [http://cemendocino.ucanr.edu/files/204380.pdf](http://cemendocino.ucanr.edu/files/204380.pdf) for the entry forms.

A reminder only a currently enrolled approved archery leader can sign and send in the entries and score the cards as the member shoots.
3rd Annual State 4-H Shooting Sports ARCHERY Match

It’s time to sharpen up your archery skills for the 3rd Annual State 4-H Archery Match in partnership with the state 4-H shooting sports program and Mendocino County 4-H Council. Entries must be postmarked by March 16, 2015 and returned by June 16, 2015. Don’t wait until the last day to enter … once your entries are received the targets and scorecards will be mailed. Here’s the simple rules:

DIVISIONS: Age as of December 31, 2014
- Junior 9-10 years of age
- Intermediate 11-13 years of age
- Senior 14-18 years of age

CATEGORIES:
1. Traditional – Longbow and recurve bows.
   - Fingers only
   - Any number of sight pins
   - Kisser buttons and clickers OK
   - 60 lb. maximum draw weight
   - Any length stabilizers & torque compensators
   - No string peeps
   - No mechanical releases
2. Compound – Any bow that uses pulleys, wheels or cams
   - Fingers or mechanical releases
   - Any type of sight with any number of pins or optical sights
   - Any length stabilizers & torque compensators
   - String peeps OK
   - 60 lb. maximum draw weight

RULES:
1. Arrows may not be larger than 23/64ths in diameter for both traditional and compound categories.
2. Full color FITA targets, 80 cm faces, will be mailed to be used for the competition.
3. Scoring is 10 pts to 1 pt from the center outward.
4. The shooting distances for Junior are 10, 20, and 30 yards.
5. The shooting distances for Intermediate are 20, 30 and 40 yards.
6. The shooting distances for Senior are 30, 40 and 50 yards.
7. For each category, the participant will shoot 6 ends of 3 arrows each.
8. A member may enter traditional or compound or both with a maximum of three distances per category.
9. The entry fee is $5.00 for each category distance entered.
10. All entries must be verified by the county 4-H staff that participants are currently enrolled in 4-H archery.
11. Entries fees may be paid only by a check from the local county 4-H council.

continued next page......
12. Make checks payable to “Mendocino County 4-H Council”
13. Mail entries and fees to Mendocino County 4-H, 890 North Bush Street, Ukiah, CA 95482 no later than March 16th. Match scorecards and targets will be mailed upon receipt to the county 4-H office or designated leader. **No late entries will be accepted.**

14. **All targets must be shot and scored in the presence of a certified 4-H archery leader.**
15. All scorecards must be signed by the 4-H certified archery leader of record.
16. All completed scorecards must be returned to Mendocino County 4-H by June 16th to be eligible for awards. **No late scorecards will be accepted.**
17. After the scorecards are verified, the results will be distributed through the county 4-H offices. Awards will be sent to the participating counties for archery leaders to present.
18. Awards will be given for the top 10% in each category.

For questions, contact Linda Edgington at 707-463-4495 or email at lgedgington@ucanr.edu.

See entry form on next page.........
3rd Annual State 4-H Shooting Sports ARCHERY Match
ENTRY FORM

(Please print clearly)

Leader's Name: __________________________ Phone: ___________ County: ___________

Leader's Address: ____________________________________________ Club: ______________

City: __________________ Zip: ___________ E-mail: ________________________

Entries must be received no later than March 16, 2015. You are welcome to mail the entries anytime; the targets & scorecards will be mailed upon receipt. A 4-Her may enter traditional or compound or both with a maximum of three distances per category. Junior (9-10 years), Intermediate (11-13 years) and Senior (14-18 years) as of December 31, 2014.

<table>
<thead>
<tr>
<th>4-Her’s Name</th>
<th>Traditional or Compound</th>
<th>Junior 10 yds</th>
<th>Junior 20 yds</th>
<th>Junior 30 yds</th>
<th>Int. 20 yds</th>
<th>Int. 30 yds</th>
<th>Int. 40 yds</th>
<th>Senior 30 yds</th>
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</table>

Total Number of categories entered ______ X $5.00 = _______ Total Due

Mail to: Mendocino County 4-H
890 Bush Street

Please submit ONE county council check payable to “Mendocino County 4-H Council” Ukiah, CA 95482

Signature of County 4-H Staff: __________________________ (Signature indicates all participants are verified as current 4-Hers.)
This project covers the information required to take the California hunter education test and obtain your hunter safety certificate. The hunter safety certificate allows you to purchase a hunting license or hunt in other states that require proof of having passed a hunter education course. The project is open to junior, intermediate, and senior 4-H members (no Cloverbuds). Five meetings will take place at the UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield. Students need to bring a writing utensil and paper to each class. The final class will be held at the Praise Tabernacle Church at 3510 “L” Street, Bakersfield.

At the end of this course, each student is expected to demonstrate proper safety procedures with firearms and pass the written exam with a minimum passing score of 80% or better. Failure to pass the written exam prohibits the student from obtaining his/her hunter safety certificate, and she/he must retake the entire course. State law requires that each student attend every session. Missing one or more class sessions automatically drops the student from the course. Being tardy for class is also grounds for dropping a student.

A parent or legal guardian must fill out the State registration card for the course. Grandparents, aunts, uncles, etc. are not acceptable unless they are legal guardians. The form must be filled out prior to class. Registration forms are available at the UC Extension Office along with the course workbook. Class size is limited to 25 students.

CLASS SCHEDULE
Session 1 – Thursday, February 26, 2015, 6:00 – 8:30 p.m.
   - Introduction to Hunter Education: Chapter 1
   - Know Your Firearm & Equipment: Chapter 2

Session 2 – Thursday, March 5, 2015, 6:00 – 8:30 p.m.
   - Basic Shooting Skills: Chapter 3
   - Basic Hunting Skills: Chapter 4

Session 3 – Tuesday, March 10, 2015, 6:00 – 8:30 p.m.
   - Primitive Hunting Equipment: Chapter 5
   - Be a Safe Hunter: Chapter 6

Session 4 – Tuesday, March 17, 2015, 6:00 – 8:30 p.m.
   - Be a Responsible and Ethical Hunter: Chapter 7
   - Preparation and Survival Skills: Chapter 8

Session 5 – Thursday, March 19, 2015, 6:00 – 8:30 p.m.
   - Wildlife Conservation: Chapter 9
   - Regulations: Pages 93 - 95
   - Review

Session 6 – Thursday, March 26, 2015, 6:00 p.m. - 8:30 p.m. (approximately)
   - Live Fire (bring eye protection) & Testing
NOTES FROM THE SHEEP BARN

FOR FEBRUARY 2015

PRE-LAMBING AND LAMBING

1. THE EWE

WATCH FOR SIGNS OF:

WEAK EWES IN THE LAST WEEKS BEFORE LAMBING

YOUNG EWE LAMBS:
If you have bred young ewes this year (6-8 months old) they need special attention.
If these ewe lambs are fed in the same feed area as your more mature ewe lambs they may not be getting enough feed to support their condition, the larger, older ewes will push them away from the feed space. This will cause under conditioning for the younger ewes.
The younger ewes should have their own pen space and feed space to ensure proper conditioning.

PREGNANCY TOXEMIA:

The ewe may not be getting enough feed.

2. FEEDING IN THE LAST FOUR WEEKS BEFORE LAMBING:

Feed must be adequate to support the growth of the lamb or lambs that the ewe is carrying.
Note: At this time the lamb embryos are so large they now displace much of the stomach space.
The ewe is not able to handle as much roughage (hay) or large quantities of any low nutritive feed. You might add a good grain mix like 1/3 oats, 1/3 corn, and 1/3 wheat. (for selenium content and energy.)

AM/PM

1 1/2 lbs. of grain with good hay and plenty of water can help avoid the risk of triggering pregnancy toxemia.

Do not over feed in early pregnancy, this will cause ewes to gain too much weight and have trouble lambing. (too big of lambs)

3. SIGNS OF PREGNANCY TOXEMIA:

Droopy ewes
Going off feed
Standing around in a daze
Hard time getting up

4. TOXEMIA – PREGNANCY

Treatment: Propylene glycol used for livestock
Note: Call your leader for directions.

5. TO PREVENT PREGNANCY TOXEMIA:

Avoid over-fatness
Encourage exercise
Supply constant source of fresh water/salt
NOTES FROM THE SHEEP BARN

ADD MOLASSES TO DRINKING WATER
AVOID STRESS
MAKE NO SUDDEN CHANGES IN FEED
MAKE SURE THE EWE HAS THE PROPER NUTRITION TO SUPPORT HER AND THE LAMBS SHE IS CARRYING.

NOTE: PROPYLENE GLYCOL IS NOT THE SAME AS ANTIFREEZE YOU PUT IN CARS

6. PREPARE EWE
SHEAR BEFORE LAMBING
OR AT LEAST CLEAN THE CROTCH AREA BY TRIMMING THE WOOL AWAY
CLEAN ANY WOOL OR TAGS HANGING AROUND THE UTTER

7. MATERIAL NEEDS FOR LAMBING
GOOD LIGHT IN DELIVERY AREA
ANTISEPTIC LUBRICANT OR MINERAL OIL
IODINE
ROLL OF PAPER TOWELS
ANTIBIOTIC, UTERINE BOLUSES
PENICILLIN
BUCKET WITH SOAP TO WASH AND CLEAN
IF NECESSARY – SCISSORS OR KNIFE

NOTE: BE SURE TO ALLOW THE EWE TO DO HER BEST IN THE DELIVERY OF HER LAMBS BEFORE YOU TRY TO ASSIST.

8. POSSIBLE POSITIONS DURING BIRTH
NORMAL BIRTH
WATER BAG COMES FIRST
AFTER THE WATER BAG COMES BIRTH SHOULD START IN HALF HOUR TO ONE HOUR LATER.
MOST COMMON POSITION IS THE NOSE AND BOTH FRONT FEET PRESENT.
THE EWE SHOULD NOT NEED ANY HELP UNLESS THE LAMB IS LARGE OR THE HEAD OR SHOULDER ARE LARGE.

NOTE: DISCUSS WITH YOUR LEADER ABOUT OTHER POSSIBLE BIRTH POSITIONS AND HOW TO ASSIST THE EWE IF NEEDED.

9. CARE OF NEWBORN LAMBS
IF THE EWE IS NOT CLEANING UP THE NEWBORN LAMB WIPE THE MUCUS OFF ITS NOSE, PLACE THE LAMB AT MUMS HEAD QUICKLY SO SHE CAN IDENTIFY HER NEW LAMB
IF THE UMBILICAL CORD IS DRAGGING SNIP IT OFF LEAVING IT ABOUT TWO INCHES LONG (USE SCISSORS OR KNIFE)
NEXT STEP: SUBMERGE IT IN IODINE. THIS HELPS TO PREVENT INFECTION AND ASSIST THE CORD TO DRY FASTER.
BE SURE THE LAMB NURSES
NOTE: THE ODOR/SMELL FROM THE WAXY SECRETION FROM MOM’S MAMMARY GLAND DRAWS THE LAMB TO THE EWES TEATS TO EAT.
THE FIRST MILK FROM MOM IS CALLED COLOSTRUM AND IS THE MOST IMPORTANT FOR NEW BORNS.
COLOSTRUM PROVIDES WARMTH, ENERGY, AND ANTIBODIES TO THE COMMON DISEASE ORGANISM IN THE SHEEP’S ENVIRONMENT.
ONE GOOD SIGN THAT THE LAMB IS GETTING MILK FROM MUM IS THAT THE LAMBS TAIL WILL WHIP BACK AND FORTH.

GOOD LUCK
ALWAYS CHECK WITH YOUR LEADERS FOR ANY HELP NEEDED
CHARLIE FORESHEE
COMMUNITY SHEEP LEADER