FEBRUARY 2016

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>15</td>
<td>Last day to transfer clubs and add/drop projects for 2016 Kern County Fair</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
<tr>
<td>15</td>
<td>President’s Day Holiday - UCCE Office Closed</td>
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<tr>
<td>20</td>
<td>Home Ec. Field Day and Medal Testing 9:00 a.m. Entries are due February 16th</td>
<td>Veronica Slaton 661-868-6235</td>
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<tr>
<td>20</td>
<td>2016 Equine Field Day at Fresno State Information listed on page 22</td>
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<tr>
<td>*22</td>
<td>Horse Leader Meeting - 6:30 p.m.</td>
<td>Sandy Orloff 661-330-5885</td>
</tr>
<tr>
<td>*23</td>
<td>Leader’s Council - 7:00 p.m.</td>
<td>Jeanne Walford 661-831-1639</td>
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MARCH 2016

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Contact</th>
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<tbody>
<tr>
<td>*10</td>
<td>Record Book Workshop 7:00 p.m.</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
<tr>
<td>15</td>
<td>Record Book Virtual Training (Online) 7:00 p.m. More information coming</td>
<td>Veronica Slaton 661-868-6235</td>
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<tr>
<td>19</td>
<td>Horse Show</td>
<td>Sandy Orloff 661-330-5885</td>
</tr>
<tr>
<td>*21</td>
<td>Horse Leader Meeting - 6:30 p.m.</td>
<td>Sandy Orloff 661-330-5885</td>
</tr>
<tr>
<td>25</td>
<td>Cesar Chavez Day Holiday - UCCE Office Closed</td>
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<tr>
<td>27</td>
<td>Easter Sunday</td>
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<tr>
<td>*29</td>
<td>Leader’s Council - 7:00 p.m.</td>
<td>Jeanne Walford 661-831-1639</td>
</tr>
</tbody>
</table>

*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA

Would you like your club featured in next month’s newsletter?
Do you have a photo for the newsletter?

E-mail photos to cekern@ucdavis.edu

NEWSLETTER DEADLINE!
Articles/photos for the next issue of The 4-H Network must be received by January 20th

Kern County 4-H
1031 S. Mt. Vernon Avenue
Bakersfield CA 93307-2851
Phone: 661-868-6200
Fax: 661-868-6208
or cekern@ucdavis.edu

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucanr.edu/sites/anrstaff/files/215244.pdf). Inquiries regarding ANR’s nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318.
New Leader Orientation NOW ONLINE!!!

Drum roll please........our New Leader Orientation page is now UP AND RUNNING ONLINE! Any in person Orientations scheduled are now canceled, as it can now be accessed ONLINE anytime!

Please visit our County 4-H website at:
http://cekern.ucanr.edu/Youth_Development/
and look for the "Becoming a New 4-H Leader" page to get started!!!
Please pass the word along to any potential leaders!!!

Food Safety Training Available ONLINE!
The State 4-H Office requires that every club have at least one 4-H leader trained in Food Safety. The more leaders in your club that are certified, the more convenient it is for your club. It is required that a certified volunteer is to be present at all bake sales/food booths to make sure proper food safety guidelines are handled. Food Safety trainings are available anytime online! Please visit the website below, and use the provided sign-in/user information:
Website: http://ucanr.edu/sites/MISKIS/
Username: miskis
Password: makeitsafe_1234

4-H WEBSITES
http://cekern.ucdavis.edu/Youth_Development/
http://www.areyouintoit.com
http://www.fourhcouncil.edu
http://www.4-h.org/fourweb
http://www.ca4h.org

4-H ENROLLMENT WEBSITE
https://california.4honline.com

4-H VOLUNTEER WEBSITE
http://ucanr.org/4-hvolunteers/

KERN COUNTY 4-H IS ON FACEBOOK!
Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and 'like' us! We will post updates, important event reminders, announcements—all sorts of important things! It’s the best way to keep up-to-date!

4-H uniform page
http://4h.ucanr.edu/About/Uniform/
California 4-H Uniform Guidelines
http://4h.ucanr.edu/files/216262.pdf
Leslie Carman 4-H Supplies
http://www.4hsupplies.com/
California 4-H Branding Toolkit
http://4h.ucanr.edu/Resources/Branding_Toolkit/
California 4-H Dress Guidelines
http://4h.ucanr.edu/files/210170.pdf
Check Us Out!!!

Kern County 4-H is stepping up our high tech skills! We now have the ability to send out TEXT reminders about upcoming events, deadlines, meetings, updates, etc. If you’d like to sign up for our updates, please follow the steps below!

Kern County 4-H would like you to join Kern County 4-H Updates!

WHAT IS REMIND AND WHY IS IT SAFE?

Remind is a one-way text messaging and email system. With Remind, all personal information remains completely confidential.

Visit www.remind.com to learn

4-H Volunteer Café

Are you a club or project leader who is tired of doing the same old activities month after month? Maybe you need something designed just for you to be encouraged and encourage your own personal growth. The 4-H Volunteer Café is a place designed just for you providing encouraging and thought-provoking articles of how the principles of positive youth development translate into your 4-H experience, it offers tons of resources for you as a 4-H volunteer that you can use immediately in your meetings and gives you a place where you can contribute your own experiences and challenges.

To check out the 4-H Volunteer Café, use the following link:

http://4hvolunteercafe.wordpress.com/
Raise Money For Your Club!!!

Leader’s Council is allowing clubs to check out 4-H cookbooks to sell and keep a portion of the profits!

1.) Your club sells them for $7.50 each!

2.) You give council back $5 from each cookbook sale!

3.) This means you get a $2.50 profit from each cookbook for your club!

We have a limited supply of cookbooks, so it will be a first come first serve basis. Cookbooks will be checked out in increments of 10. Pick cookbooks up anytime during normal office hours (Monday–Friday from 8–5 p.m.) at the 4-H Office! (1031 S. Mount Vernon Ave. - 93307)

Any unsold cookbooks need to be returned to the 4-H Office.

The 4-H Cookbooks make FANTASTIC gifts as well! They are a very nice 3 ring binder style and include a cookbook stand. in the back of the book! Packed full of 100’s of DELICIOUS recipes from several generations of 4-H families!
2016 Home Ec. Field Day Entry Form

Home Ec. Field Day
February 20, 2016 – 9 a.m.
General Shafter School -1825 Shafter Rd. Bakersfield, CA 93313

You will determine the year you are by what year in cooking you are currently enrolled in. (For example you just finished your first year in cooking, and are starting your second: you are a second year cooking member.) You can find more detailed information you will need to follow within the various categories on the Home Ec. Field Day General Information flyer. This flyer can be found on our county website in the events page. ALL entries MUST have a table setting. (It does not have to be themed to match your food dish, unless you are choosing to enter in the optional ‘Themed Category’). It is also mandatory that members include their recipe card and their menu planning sheet with their entry. These forms will be available for download on our county website, as well as be sent out via e-mail to members prior to the event…this is why it is so important to provide a valid e-mail address on your entry!

Name:____________________________________

E-mail:______________________________

Phone:__________________________Age:____________________

Club:____________________________________

Years in Food: (circle)

1st year - Fruit or Vegetable
2nd year – Grain Dish
3rd year – Dessert or Appetizer
4th year – Meat or Bean Dish
5th year & Above – Whole Meal

Please check if you would like to take part in the optional Coordinated Theme Setting

Send entry form to the 4-H Office-1031 S. Mount Vernon Ave.-Bakersfield, Ca 93307 or Fax: 668-6208

ENTRIES MUST BE RECEIVED BY FEBRUARY 16, 2016!!!

When feasible, all efforts are to be made to encourage and provide reasonable accommodations for persons with disabilities in 4-H Youth Development Program activities. Individuals who need to request special accommodations in order to participate in 4-H sponsored events and activities please contact the Veronica Slaton at the 4-H Office at 661-868-6235.
SHARE YOUR TALENTS WITH US!!!

Do you have great ideas and talents you would like to share with others?

Would you like to be more involved on a County Level?

Would you like to volunteer in 4-H but not necessarily as a Project Leader?

Then we need YOU!

We are currently transitioning our County 4-H events to being Volunteer/Teen Leader planned and facilitated!

To ensure these events not only keep going, but also thrive and grow, we need YOUR help!

Recruitment for all positions for the following events has started!

Home Ec. Field Day/Nutrition Faire - February 20, 2016**
Presentation Day - April 2, 2016**

**(If we don’t have a committee to run these, they may NOT happen this year!)

Medal Testing Committee - Ongoing!

ALL positions are being recruited for!
To sign-up or to read the position descriptions please visit:

http://ucanr.edu/eventcommittees

Or call, email, or talk to Veronica: 661-888-6235 or vaslaton@ucdavis.edu
4-H Countywide Dog Project

If you take the Countywide Dog Project, with Claudia Burk, please follow the instructions below to enroll in the project in your 4hOnline enrollment:

1. Sign into your 4hOnline enrollment account.
2. Click ‘edit’ next to the person’s name you need to add the project to.
3. Click on the word ‘Participation’. It will be towards the top of the page, along the enrollment timeline.
4. Now you will need to select a club. Select the ‘Countywide Projects’ from the drop down menu. Click ‘Add Club’. Make sure that the Primary Club dot is still on the correct MAIN Club that you are in! Click ‘Continue >>’.
5. You should now be on the Projects tab. First, select the ‘Countywide Projects’ from the club list. Now you should be able to select the Dog project from the project list. If needed adjust the years you have been in the project, do so on the drop down menu. When finished click ‘Continue>>’. If you end up on the ‘Groups’ tab next, just click ‘Continue>>’ again to get back to your family profile.
WHAT: County Wide Dog Care and Training Classes  
WHERE: SPCA 3000 Gibson St.  
WHEN: Thursdays at 6:00  
WHO: Regular members and their dogs  
HOW: Sign up for the project - Talk to your Community Leader -  
Contact Claudia at numbers below--

We have 10 new dogs this year and 10 returning ones so far. It is a really nice group. It is a pleasure to work with young adults who listen, follow directions and have fun with their dogs. We will be able to do a lot of extra things this year because of the great attitudes. Keep up the good work.

**If you are still interested in this project, please let me know and I will keep you on my email list**

Feb will have two meetings:
4th and 11th

P.S. Please feel free to call or email with any questions or concerns you may have. Remember to train in short sessions and end on a positive note. :-) When in doubt...just work on heeling. It is the cornerstone for everything else.

Claudia Burk
4-H Dog Care and Training
661 393-1914/661 303-8343
ckyrocket@bak.rr.com

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**KERN COUNTY FAIR 2016 UPDATES**

**BEEF:** NEW!! Division 103: Miniature Market Beef (400 to 800 lbs)

**SWINE:** DNA Kits will be $10.00 per kit for market hogs.

**PYGMY GOATS:** NEW!! Small Animal Exhibit for 5 to 8 years old can show and show showmanship. Must follow pygmy goat guidelines in fair book.

**POULTRY BARN:** Poultry Barn will be closed on judging days except for clean up hours and Turkey Judging.

**JUNIOR ACTIVITIES:** Commentaries are DUE on Saturday September 17 @ Noon in the Livestock Pavilion. No Exceptions!! (Poultry and Rabbits turn yours in on check in day)

**JUNIOR DIVISION THEME:** 100 Year Anniversary "A Century of Smiles"

If any questions please contact Teresa Andrews or Kristine Hudson

Thank You!

Teresa Andrews
Club Events and Photos

Premier 4-H Club once again participated in the wreath laying ceremony at the National Cemetery. The members enjoyed Christmas carols and a great lesson in patriotism. The ceremony was very moving to all those present. God Bless the United States of America!

Premier 4-H Club had a wonderful Christmas party, complete with Santa Claus. Our first annual party was held at Mountain Mike’s Pizza, our new meeting place. It was a full house, celebrating with Santa, pizza, goodies and gifts. Everyone had a great time!

The Kern Valley club practices a few yoga poses led by Healthy Living Officer Lydon Olivares.
NOTES FROM THE SHEEP BARN
FOR FEBRUARY 2016
PRE-LAMBING AND LAMBING

1. THE EWE

WATCH FOR SIGNS OF:

WEAK EWES IN THE LAST WEEKS BEFORE LAMBING

**YOUNG EWE LAMBS:**

IF YOU HAVE BREED YOUNG EWES THIS YEAR (6-8 MONTHS OLD) THEY NEED SPECIAL ATTENTION.

IF THESE EWE LAMBS ARE FED IN THE SAME FEED AREA AS YOUR MORE MATURE EWE LAMBS THEY MAY NOT BE GETTING ENOUGH FEED TO SUPPORT THEIR CONDITION, THE LARGER OLDER EWES WILL PUSH THEM AWAY FROM THE FEED SPACE. THIS WILL CAUSE UNDER CONDITIONING FOR THE YOUNGER EWES.

THE YOUNGER EWES SHOULD HAVE THEIR OWN PEN SPACE AND FEED SPACE TO ENSURE PROPER CONDITIONING.

PREGNANCY TOXEMIA: THE EWE MAY NOT BE GETTING ENOUGH FEED.

2. FEEDING IN THE LAST FOUR WEEKS BEFORE LAMBING:

FEED MUST BE ADEQUATE TO SUPPORT THE GROWTH OF THE LAMB OR LAMBS THAT THE EWE IS CARRING.

NOTE: AT THIS TIME THE LAMB EMBRYOS ARE SO LARGE THEY NOW DISPLACE MUCH OF THE STOMACH SPACE.

THE EWE IS NOT ABLE TO HANDLE AS MUCH ROUGHAGE (HAY) OR LARGE QUANTITIES OF ANY LOW NUTRITIVE FEED. YOU MIGHT ADD A GOOD GRAIN MIX LIKE 1/3 OATS, 1/3 CORN, AND 1/3 WHEAT. (FOR SELENIUM CONTENT AND ENERGY.)

**AM/PM**

1 ½ LBS. OF GRAIN WITH GOOD HAY AND PLENTY OF WATER CAN HELP AVOID THE RISK OF TRIGGERING PREGNANCY TOXEMIA.

DO NOT OVERFEED IN EARLY PREGNANCY, THIS WILL CAUSE EWES TO GAIN TOO MUCH WEIGHT AND HAVE TROUBLE LAMBING. (TOO BIG OF LAMBS)

3. SIGNS OF PREGNANCY TOXEMIA:

DROOPY EWES
GOING OFF FEED
STANDING AROUND IN A DAZE
HARD TIME GETTING UP

4. TOXEMIA – PREGNANCY

TREATMENT: PROPYLENE GLYCOL USED FOR LIVESTOCK

NOTE: CALL YOUR LEADER FOR DIRECTIONS.

5. TO PREVENT PREGNANCY TOXEMIA:

AVOID OVER-FATNESS
ENCOURAGE EXERCISE
SUPPLY CONSTANT SOURCE OF FRESH WATER/SALT
ADD MOLASSES TO DRINKING WATER
AVOID STRESS
MAKE NO SUDDEN CHANGES IN FEED
MAKE SURE THE EWE HAS THE PROPER NUTRITION TO SUPPORT HER AND THE LAMBS SHE IS CARRYING.
NOTE: (PROPYLENE GLYCOL IS NOT SAME AS ANTIFREEZE YOU PUT IN CARS)

6. PREPARE EWE
SHEAR BEFORE LAMBING
OR AT LEAST CLEAN THE CROTCH AREA BY TRIMMING THE WOOL AWAY
CLEAN ANY WOOL OR TAGS HANGING AROUND THE UTTER

7. MATERIAL NEEDS FOR LAMING
GOOD LIGHT IN DELIVERY AREA
ANTISEPTIC LUBRICANT OR MINERAL OIL
IODINE
ROLL OF PAPER TOWELS
ANTIBIOTIC, UTERINE BOLUSES
PENICILLIN
BUCKET WITH SOAP TO WASH AND CLEAN
IF NECESSARY – SCISSORS OR KNIFE
NOTE: BE SURE TO ALLOW THE EWE TO DO HER BEST IN THE DELIVERY OF HER LAMBS BEFORE YOU TRY TO ASSIST.

8. POSSIBLE POSITIONS DURING BIRTH
NORMAL BIRTH
WATER BAG COMES FIRST
AFTER THE WATER BAG COMES BIRTH SHOULD START IN HALF HOUR TO ONE HOUR LATER.
MOST COMMON POSITION IS THE NOSE AND BOTH FRONT FEET PRESENT.
THE EWE SHOULD NOT NEED ANY HELP UNLESS THE LAMB IS LARGE OR THE HEAD OR SHOULDER ARE LARGE.
NOTE: DISCUSS WITH YOUR LEADER ABOUT OTHER POSSIBLE BIRTH POSITIONS AND HOW TO ASSIST THE EWE IF NEEDED.

9. CARE OF NEWBORN LAMBS
IF THE EWE IS NOT CLEANING UP THE NEWBORN LAMB WIPE THE MUCUS OFF IT’S NOSE, PLACE THE LAMB AT MUM’S HEAD
QUICKLY SO SHE CAN IDENTIFY HER NEW LAMB
IF THE UMBILICAL CORD IS DRAGGING SNIP IT OFF LEAVING IT ABOUT TWO INCHES LONG (USE SCISSORS OR KNIFE)
NEXT STEP: SUBMERGE IT IN IODINE. THIS HELPS TO PREVENT INFECTION AND ASSIST THE CORD TO DRY FASTER.
BE SURE THE LAMB NURSES
NOTE: THE ODER/SMELL FROM THE WAXY SECRATION FROM MOM’S MAMMARY GLAND DRAWS THE LAMB TO THE EWES’ TEATS TO EAT.
THE FIRST MILK FROM MOM IS CALLED COLOSTRUM AND IS THE MOST IMPORTANT FOR NEWBORN.
COLOSTRUM PROVIDES WARMTH, ENERGY, AND ANTIBODIES TO THE COMMON DISEASE ORGANISMS IN THE SHEEP’S ENVIRONMENT.
ONE GOOD SIGN THAT THE LAMB IS GETTING MILK FROM MUM IS THAT THE LAMBS TAIL WILL WHIP BACK AND FORTH.

GOOD LUCK
ALWAYS CHECK WITH YOUR LEADERS FOR ANY HELP NEEDED
CHARLIE FORESHEE
COMMUNITY SHEEP LEADER
December 9, 2015

Dear 4-H Club,

The University of California, Davis College of Agricultural and Environmental Sciences is pleased to announce the 40th Annual Agricultural and Environmental Sciences Field Day. This year’s event will take place on March 4th and 5th, with an estimated 3,000 FFA and 4-H students in attendance. The UC Davis Agricultural and Environmental Sciences Field Day consists of 24 judging events and leadership contests that are all facilitated by current UC Davis undergraduate students.

Registration:
To register, browse to <http://calaged.csuchico.edu/registration/>. Select our event (2012 U.C. Davis Agricultural & Environmental Sciences Field Day). Choose the link “Get Access Code”. Complete the information on the form and click the register button. Please include 4-H next to your club name on the registration form. On the following page you may save the registration code and register later or simply continue with the registration at this point. Note that you may only register once so be prepared to complete the registration or contact us if you have any changes.

After your club is registered, we request that you submit a printed copy of your online registration along with your payment. Checks should be made payable to “UC Regents” and mailed to:

Attn: Jamie Dehn  
College of Agricultural & Environmental Sciences  
One Shields Avenue  
Davis, CA 95616

Deadlines:  
December 4 Online Registration Opens  
February 5 Online Registration Deadline – Payments must be postmarked by this date. A $25 late fee for payments postmarked after this date will be enforced.  
February 8 Agriscience Fair and Job Interview Materials Due  
February 12 Online Registration Closed – Late registrations will no longer be accepted.

Please register as soon as possible to ensure space for your teams. I can be contacted if you have any questions regarding this year’s Field Day at fieldday@caes.ucdavis.edu, or visit our website for more information at <http://caes.ucdavis.edu/fieldday>. We look forward to seeing your club on March 4 and 5!

Sincerely,

Jamie Dehn  
Field Day Coordinator  
530.754.0322
Registration is Now Open for 2016 4-H Leadership
Washington Focus

Leadership Washington Focus (LWF) is a summer 4-H leadership program for youth entering grades 7-9 and takes place at the National 4-H Conference Center.

Here are 5 great reasons to register your delegation for 4-H LWF vs. other summer camps.

1. Your middle school students will love having something to look forward to! Registering now will give your students a year of fundraising and another reason to get excited for their summer.

2. Experience the 4-H Conference Center and our Nation's capital!

3. The program is based on the Citizenship Mandate Model.

4. 4-H LWF is the precursor program to Citizenship Washington Focus (CWF)- our high school program for 4-H'ers interested in citizenship. By attending LWF students get excited to experience 4-H national programming into their high school years.

5. It's easy! Once you get to D.C. we take care of everything.

This is truly a once in a lifetime experience for middle school students to learn confidence, communication, critical thinking and collaboration.

Register your delegation today!

Week 1: June 20-24
Week 2: July 11-15
Week 3: July 18-22

Registration for Citizenship and Leadership Washington Focus Trips Are Now Open!
2016 Leadership Washington Focus—July 11-15, 2016 ($1849 per person)
For more information about Citizenship Washington Focus please visit: http://4h.ucanr.edu/4-H_Events/LWF/

2016 Citizenship Washington Focus Trips
  • Heritage Trail—July 10-16, 2016 ($2849 per person)
    (Conference Only)
  • Global Journey—July 10-19, 2016 ($3799 per person)
    (Conference plus Extended travel days to: Gettysburg, Philadelphia & Baltimore)
For more information about Citizenship Washington Focus please visit: http://4h.ucanr.edu/4-H_Events/WF/
2016 Camping Conference

The California 4-H Camping Advisory Committee invites you to attend the 2016 Camping Conference. Filled with enlightening workshops, engaging activities, and new ideas, this 3-day getaway is a great opportunity to improve your camping programs and meet others who are just as passionate about camp as you are! Our Keynote Speaker, Dr. Jim Cain, is an industry leader in teambuilding and adventure education. Plus, experienced 4-H staff, volunteers, and youth from around the state will be facilitating workshops such as “Nature Activities the Rock,” “When Stuff Hits the Fan,” “Astronomy,” “Compliance Made Easy,” and much more!

WHEN: April 1-3, 2016
WHERE: Nevada 4-H Camp, 1 4-H Road, Stateline, NV 89449
WHO: Teen camp staff, adult volunteers, & 4-H staff
COST: $150 (before Feb 15th), $175 (before Mar 15th), $35 (additional archery cost)

Find Out More:
http://4h.ucanr.edu/Programs/Camps/Resources_for_Staff_and_Volunteers/CampingConference_128/
Camping Webinars for Camp Staff and Directors
The webinar on Training Youth Camp Staff can be found at: Recording - http://uc-d.adobeconnect.com/p2szc7623d9/ & Presentation - http://uc-d.adobeconnect.com/p7ka14dfm6f/

Ambassador Corner

The State Ambassadors have been keeping busy! Recently they took part in phone-a-thon to get feedback and bring awareness of California Focus. The information gathered will be used to plan for our next California Focus. State Ambassadors will assist in planning and executing California Focus. Register to attend and see us there!
http://4h.ucanr.edu/4-H_Events/CF/

We are also working on the educational components of State Leadership Conference. Get ready for some dynamic learning experiences at Humboldt State University! Registration will be open this month, don’t miss out. http://4h.ucanr.edu/4-H_Events/SLC/

The State Ambassadors have developed a menu of workshops that organizations both inside and outside of 4-H can request. Would you like the 4-H State Ambassadors to present at your event, school or organization? For a brief description of each workshop and instructions on how to request go to: http://4h.ucanr.edu/Projects/Leadership/SA/.
# 4-H State Calendar of Events

## FEBRUARY
- 2/16: State Ambassador Application Deadline
- 2/20: 4-H Equine Field Day
- 2/12-15: National Youth Summit on Healthy Living
- 2/16: Bezos Scholars Program Application Deadline
- 2/13: South Central Section Leaders Council Meeting
- 2/19: National 4-H GIS/GPS Leadership Team deadline
- 2/19: 4-H Beekeeping Contest Essays Due
- 2/20: North Central Section Council Meeting
- 2/20-21: LEaD Conference

## MARCH
- 3/2-4: National 4-H Shooting Sports Instructor Training
- 3/13-16: 4-H Shooting Sports Western Heritage Workshop
- 3/19: Small Animal Field Day
- 3/19: Color Me Green 5K Run

## APRIL
- 4/1-3: California Camping Conference
- 4/9-16: 2016 National 4-H Conference
- 4/15-17: Global Youth Service Day
- 4/15: National 4-H Hall of Fame MC & Entertainment Nominations Deadline

## MAY
- 5/21: South Section Field Day and Fashion Revue
- 5/28: State Field Day at UC Davis

## JUNE
- 7/17-21: California Focus

## JULY
- 7/10-16: Washington Focus Heritage Trail
- 7/10-19: Washington Focus Global Journey
- 7/11-15: 2016 Leadership Washington Focus
- 7/28-31: State Leadership Conference

## August
- 8/3-7: California State 4-H Classic

## OCTOBER

## NOVEMBER
- 11/4-6: Mindfulness Retreat
- 11/11-13: State Leaders’ Forum

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Save the Date! California Camping Conference  
April 1-3, 2016  
The next California Camping Conference will be held at the Nevada State 4-H Camp in Stateline, Nevada. The Camping Conference provides 4-H teen leaders and adult camp administrators the opportunity to network and attend sessions to develop their local camp program. Please inform your key leaders and teen leaders.

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**State Fashion Revue (SFR) 2016.** “Hoe Down, Sew Down,” is Saturday, May 28, 2016 during State Field Day at UC Davis. SFR service projects are Port Pillows for cancer patients, and Reusable Tote Bags to be distributed to communities. You can read more about these projects on our website, using the link below, which also includes patterns and instructions for these items. Members qualify in their home counties to enter SFR in five categories: Traditional, Consumer Science Purchased $40 limit, Upcycled, and the 2016 challenges which are the Western Challenge and the Muslim Challenge. Please review the category rules and general SFR policies on the website at [http://4h.ucanr.edu/4-H_Events/SFD/SFR/](http://4h.ucanr.edu/4-H_Events/SFD/SFR/). If you have questions, contact Sue Moore, SFR Registrar, at smoore@mlode.com.

The Animal Science Symposium is scheduled for May 23-25, 2016 and will take place at the UC Davis, School of Veterinary Medicine. The symposium is a train-the-trainer professional development approach for 4-H staff, key 4-H volunteers, and FFA supervisors/teachers on important topics and skills related to animal welfare and animal health. The event will provide foundational training on the new Animal Welfare Proficiencies. The symposium is not open to 4-H youth members, but a career fair will take place during the evening of May 23rd. 4-H youth are invited to attend to learn about potential careers in the animal science and agricultural industries. Registration for this event will open in February, 2016. For more information visit: http://4h.ucanr.edu/4-HEvents/Symposium/.

California 4-H Horse Classic

Register your show at http://4h.ucanr.edu/4-HEvents/HorseClassic/EquineQualifier 4-H Events/ for it to be considered a qualifying show for the 2016 California 4-H Horse Classic. Please submit show results on the Classic Qualifying Show Results Sheet, which can be found at: http://4h.ucanr.edu/files/162863.xlsx.

Looking for a qualifying Horse Show for the 2016 California 4-H Horse Classic? Visit http://4h.ucanr.edu/4-HEvents/HorseClassic/EquineQualifier 4-H Events/.
2016 Equine Planning Team

Are you interested in serving on the 2016 Equine Planning Team? The Equine Planning Team is responsible for planning, conducting, and over-seeing both the Equine Field Day and the California 4-H Horse Classic. 4-H Members, Adult Volunteers and 4-H Staff are encouraged to apply at http://ucanr.edu/survey/survey.cfm?surveynumber=16296! For more information visit http://4h.ucanr.edu/4-H_Events/Horse_Classic/ or contact Alyssa Sankey, State 4-H Program Representative for Animal Science, ajsankey@ucanr.edu.

Healthy Living

National Youth Summit on Healthy Living – February 12-15, 2016

National 4-H Council and National 4-H Youth Conference Center have partnered with professionals in family consumer science and healthy living to host the National Youth Summit on Healthy Living. Youth attending this summit will gain knowledge and skills to address issues surrounding nutrition, physical fitness, and emotional well-being. This opportunity is available for high school students who are passionate about healthy living and improving community health. Youth can participate individually or as a team with at least one adult mentor/chaperone. There should be at least one chaperone for every eight youth participants. For more information and registration: http://www.nationalyouthsummit.org/healthy-living-conference/

4-H Healthy Living Event Checklist/Assessment

Are you planning a 4-H Event or Club meeting? By utilizing the 4-H Healthy Living Event Assessment/Checklist you can ensure that your events are supporting 4-Hers in forming lasting relationships, dealing with stress and their emotions, making healthful dietary choices, engaging in physical activity to promote optimal growth of minds and bodies, and avoiding unnecessary risks. Download and review the 4-H Healthy Event Assessment/Checklist for your next 4-H Event or Club meeting at http://4h.ucanr.edu/4-H_Events/
Science, Technology, Engineering, and Math (STEM)

National 4-H GIS/GPS Leadership Team
Application Deadline: Friday, February 19, 2016

The National 4-H GIS/GPS leadership team is a national leadership opportunity for state 4-H youth-adult teams to support 4-H GIS and community mapping programs. The team serves for one year beginning in June 2016. Members of the team will represent 4-H at the Esri Education GIS Users Conference in June 24-28, 2016 in San Diego. As a part of the team they will; 1) participate in a GIS service project there; 2) participate in team communications for the year; 3) take an active role throughout the year on a team GIS project that supports 4-H GIS activities at national, state and local levels; and 4) serve as geomentors for future 4-H GIS software grant recipients.

The national team is composed of state/local Government Unit teams of one or two 4-H teens and one adult. Youth must be 4-H members at least age 14 and not yet graduated from high school when the team attends the GIS conference in June 2016.

Completed and digitally signed PDF applications must be submitted by Friday, Feb. 19, 2016. Download the fillable PDF application from https://sites.google.com/site/net4gis. E-mail the completed PDF document with digital signatures to both e-mail addresses shown on the last page of the application. Selections will be made in March.

4-H Shooting Sports Western Heritage Workshop
March 13 – 16, 2016

Plans are underway to host a 4-H Shooting Sports Western Heritage Workshop in California. It will be held at the Safety First Shooting Association in Winton, CA (Merced County). More information and registration material will be sent out when the details are finalized. Those who pass the certification training will be certified to lead a 4-H Western Heritage project. For more information about the project and the location visit:

Western Heritage Project
http://www.4-hwesternheritageproject.org/

Safety First Shooting Association
http://www.safetyfirstshooting.org/

Please contact John Borba at jaborba@ucanr.edu or 661-868-6216 for an application.

4-H Beekeeping Essay Contest
Applications Due: February 19th, 2016 by 5pm
Email Applications to Elina Lastro Nino at elnino@ucdavis.edu
Healthy Living continued......

New Healthy Living Officer Training!

The Healthy Living Officer serves as the 4-H club’s ambassador for health! By choosing to elect a Healthy Living officer your club is taking an active role in promoting healthy lifestyles. The Healthy Living Officer will be the leadership for all health activities including: Providing ideas on how to incorporate physical activities and healthy eating into each club meeting, writing Healthy Living articles for the club newsletter, and adopting and promoting a club Wellness Plan. Please help ensure that the health “H” of 4-H is at the forefront of all our meetings, consider electing a Healthy Living Officer for your club!

The Healthy Living Officer Training can be found at: http://4h.ucanr.edu/Projects/HealthyLiving/Become_a_Healthy_Living_Officer/

Color Me Green 5K Runs

Consider hosting a Color Me Green 5K Run this March 2016!

The Color Me Green 5K Run will provide your county or club with a statewide service learning opportunity specific to the improvement of health. With the support of adult volunteers, youth will organize and execute a 5K run in their community. It is our hope that through participation in the Color Me Green 5K Runs both individuals and communities will aspire to increase their health habits. Be a health advocate for your community and host a Color Me Green 5K Run!

How can I host a Color Me Green 5K?

1. Talk with your County Office to find out if a Run is already being planned.
2. Each County Officer will sign-up with Anne Iaccopucci at County Host Registration https://ucanr.edu/survey/survey.cfm?surveynumber=14385

Mindfulness Retreat—New Dates! November 4-6, 2016

Camp Ocean Pines, Cambria, CA

Teens ages 13-19 and adults are welcome to spend the weekend at beautiful Camp Campbell developing their health and well-being. Teens will not only increase their personal skills in leading a healthy lifestyle, but will also gain skills needed to be a health advocate in their communities. For more information visit http://4h.ucanr.edu/Projects/HealthyLiving/Mindfulness/ or contact Anne Iaccopucci at amiaccopucci@ucanr.edu or Jenna Colburn at jcolburn@ucanr.edu.
Registration for the 2016 Equine Field Day is now open!
The Equine Field Day will be held at Fresno State on February 20, 2016. Workshops will be presented on various equine related topics. We will have both youth and adult tracks with five 45 minute sessions throughout the day. Youth and adults both need to register.

Register today at [http://ucanr.edu/survey/survey.cfm?surveynumber=16766](http://ucanr.edu/survey/survey.cfm?surveynumber=16766)!

**Early Bird Registration:**
$10 fee for 4-H Members and active 4-H Volunteers
$15 fee for non 4-H Members and Adults
*Early bird registration ends February 12, 2016.

**Late Registration/Walk-ins:**
$15 fee for 4-H Members and active 4-H Volunteers
$20 fee for non 4-H Members and Adults

For more information about the event, please visit [http://4h.ucanr.edu/4-Events/4H_Equine_Field_Day/](http://4h.ucanr.edu/4-Events/4H_Equine_Field_Day/) or contact Alyssa Sankey, State Program Representative for Animal Science Education, [ajsankey@ucanr.edu](mailto:ajsankey@ucanr.edu).

I hope to see you on February 20th!

Alyssa Sankey
State 4-H Program Representative for Animal Science Education
4-H Youth Development Program
Division of Agriculture and Natural Resources, University of California
[ajsankey@ucanr.edu](mailto:ajsankey@ucanr.edu) | (530) 750-1340
Citizenship

Planning a Service Learning Project in your community? Use the Service Learning toolkit to help you plan your project. [http://4h.ucanr.edu/Projects/Citizenship/service_learning/Toolkit/](http://4h.ucanr.edu/Projects/Citizenship/service_learning/Toolkit/)

NEW! Gift Certificate Program
For more information, please follow the link. [http://4h.ucanr.edu/4-H_Events/Gift_Certificate_Program/](http://4h.ucanr.edu/4-H_Events/Gift_Certificate_Program/)

Washington Focus Chaperones Wanted!
Do you have a passion for growing citizenship and leadership skills in 4-H members and want to facilitate their memory-making experiences? Applications are now being accepted for chaperone positions as part of the California delegations that will attend the National Citizenship and Leadership Washington Focus Trips in the summer of 2016.

[http://4h.ucanr.edu/4-h_events/wf/washington_focus_chaperones_information/](http://4h.ucanr.edu/4-h_events/wf/washington_focus_chaperones_information/) to find out more.

*Registration for all of these events are coordinated through the CA State 4-H Office.*

Leadership

Become a State Ambassador!
Applications are now open at
[Away to Become a State Ambassador - UC 4-H Youth Development Program](http://4h.ucanr.edu/4-H_Events/SLC/)
Deadline February 16, 2016

Humboldt State University
Registration opening early February 2016
Join the State Leadership Conference Team—Become a Program Assistant [http://4h.ucanr.edu/4-H_Events/SLC/](http://4h.ucanr.edu/4-H_Events/SLC/)

American Youth Leadership Program
Applications due December 1, 2015
The University of Wyoming 4-H program administers the American Youth Leadership Program funded through a grant from the U.S. Department of State. Through this program youth and adult participants from the 13 states in the Western Region have an opportunity to learn about and travel to Mongolia and Samoa on past programs. This year the exchange trip will be in Ghana and take place next summer in July. For information and applications visit [http://www.uwyo.edu/4-h/international/ghana/index.html](http://www.uwyo.edu/4-h/international/ghana/index.html).

Positive Youth Development

The Record Book Manual
Adult Partner’s Guide is now available on the website at: [http://4h.ucanr.edu/Resources/Members/RecordBook/RBResources/](http://4h.ucanr.edu/Resources/Members/RecordBook/RBResources/). We will be hosting some webinars for members and adults that help them navigate the new book. More information to come.
Positive Youth Development

New Presentation Manual

The NEW Presentation Manual is here! The 4-H Presentation Manual (2015) is the consistent and standard guide for all 4-H presentations and will be adopted by all County, Sectional/Regional, and State 4-H Presentation Days. To view the new manual visit: http://4h.ucanr.edu/files/220608.pdf If you have any questions regarding the new manual please contact Alyssa Sankey, State 4-H Program Representative, at ajisankey@ucanr.edu

Special Recognition Opportunities at State 4-H Presentation Day

California 4-H offers thematic recognition pins for youth who participate at State 4-H Presentation Day and focus their presentations on one of the four focus areas. For the focus areas visit: http://4h.ucanr.edu/4-H_Events/SFD/PDF/

Impromptu Speech Topics for State 4-H Presentation Day

4-H Thrive 2015-2016 Master Trainer & Project Leader Information

Interested in bringing a fun and engaging educational experience to 4-H members in your county? 4-H Thrive offers age-appropriate curriculum for members at each level of their 4-H experience. For more information on 4-H Thrive Educational Materials and online resources follow this link http://4h.ucanr.edu/About/Framework/PYD/Thrive/ and then click on the link for how to get involved during the 2015-2016 program year. We will be continuing to develop our online resources over the course of this year.

4-H Online Record Book Updates

The 4-H Online Record Book (ORB) continues to grow in popularity among 4-H members (check out the ORB Satisfaction Survey Results) and we are continuing to grow and expand the features in the system. If you have questions regarding how to use ORB, an idea to improve the system or are experiencing a glitch, please use the ORB Request form to share with the ORB Support Team.

Have a group of people interested in learning how to use the ORB system? You can bring in the ORB Internet Café Training to your county. These 3 hour trainings have been a popular way to get people excited about ORB and on the path to successful online record book keeping. For more information about how you can bring this workshop to your county, click here.