MARCH 2016

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>*10</td>
<td>Record Book Workshop</td>
<td>7:00 p.m.</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
<tr>
<td>15</td>
<td>Record Book Virtual Training (Online)</td>
<td>7:00 p.m.</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
<tr>
<td>19</td>
<td>Horse Show</td>
<td></td>
<td>Sandy Orloff 661-330-5885</td>
</tr>
<tr>
<td>*21</td>
<td>Horse Leader Meeting</td>
<td>6:30 p.m.</td>
<td>Sandy Orloff 661-330-5885</td>
</tr>
<tr>
<td>25</td>
<td>Cesar Chavez Day Holiday - UCCE Office Closed</td>
<td></td>
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<tr>
<td>27</td>
<td>Easter Sunday</td>
<td></td>
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<tr>
<td>*29</td>
<td>Leader’s Council</td>
<td>7:00 p.m.</td>
<td>Jeanne Walford 661-831-1639</td>
</tr>
</tbody>
</table>

April 2016

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Contact</th>
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</thead>
<tbody>
<tr>
<td>*1</td>
<td>Leader’s Council Scholarship Application DUE!</td>
<td></td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
<tr>
<td>2</td>
<td>Presentation Day, Medal Testing</td>
<td>9 a.m.</td>
<td>Veronica Slaton 661-868-6235</td>
</tr>
<tr>
<td>9</td>
<td>Horse Show</td>
<td></td>
<td>Sandy Orloff 661-330-5885</td>
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<td>Horse Leader Meeting</td>
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<td>Sandy Orloff 661-330-5885</td>
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<tr>
<td>*26</td>
<td>Leader’s Council</td>
<td>7 p.m.</td>
<td>Jeanne Walford 661-831-1639</td>
</tr>
<tr>
<td>29</td>
<td>Air Rifle March</td>
<td></td>
<td>John Borba 661-866-6216</td>
</tr>
<tr>
<td>30</td>
<td>Sectional Presentation Day Fresno County</td>
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</tbody>
</table>

*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA

Wheelchair accessible. Please contact UCCE Kern at 661-868-6200 if any special accommodations. Individuals who need to request an ADA accommodation in order to participate in 4-H sponsored events and activities can contact your local 4-H Office to complete a 4-H ADA Accommodation Request Form: http://4h.ucanr.edu/files/153972.docx

NEWSLETTER DEADLINE! Articles/photos for the next issue of The 4-H Network must be received by March 20th.

Kern County 4-H
1031 S. Mt. Vernon Avenue
Bakersfield, CA 93307-2851
Phone: 661-868-6200
Fax: 661-868-6208
or cekern@ucdavis.edu

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2016 4-H PRESENTATION DAY
APRIL 2, 2016

4-H Presentation Day is designed to give 4-H members experience in public speaking skills. The event is scheduled for Saturday, April 2, 2016 at General Shafter School, located at 1825 Shafter Road, in Bakersfield. Individuals and teams must pre-register for the event using the form below. Judges are needed for all grades and categories. Please contact John Borba at 661-868-6200 if you would like to judge. (This location is handicap accessible)

The schedule for the presentation day is as follows:

**April 2, 2016**

- 9:00 a.m. Judge’s Orientation
- 9:30 a.m. M.C. Orientation
- 9:30 a.m. Presenter’s Arrive
- 1:00 p.m. Presentations Begin
- 1:00 p.m. Awards Assembly

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2016 4-H PRESENTATION DAY ENTRY FORM
DUE OR POSTMARKED BY MARCH 25, 2016

Mail to: Presentation Day Entries
UCCE Kern County
1031 S. Mt. Vernon Avenue
Bakersfield, CA 93307

4-H Club: ____________________________________________________________

[ ] Individual Presentation [ ] Indoor Presentation

[ ] Team Presentation [ ] Outdoor Presentation

(Team entries must be submitted on one form with names, grades, & ages for all team members)

Name: ___________________________ Grade: ______ Age: ______

Name: ___________________________ Grade: ______ Age: ______

Name: ___________________________ Grade: ______ Age: ______

Title or Subject: ____________________________________________________________

**Category of Presentation:**

[ ] Demonstration-Traditional (1-3 members) [ ] Interpretive Reading (Individual Only) [ ] Educational Display (1-2 members)

[ ] Illustrated Talk-Traditional (1-3 members) [ ] Job Interview (High-School Age Only) [ ] Problem Solving Presentation (1-2 members)

[ ] Prepared Speech (Individuals Only) [ ] Demonstration-Scientific (1-3 members) [ ] Audio Visual Presentation (1-2 members)

[ ] Impromptu Speech (Individual Only, 6th grade +) [ ] Illustrated Talk-Scientific (1-3 members) [ ] Cultural Arts (Individual or Groups)

[ ] 4-H Creed (Individual only)

Information regarding the above categories and scoring sheet can be found in the “4-H Presentation Manual.” The manual can be accessed on the web at http://www.ca4h.org/files/2193.pdf
Kern County 4-H
Viva la Pizza!

Be a part of the 6th annual Kern County 4-H Viva la Pizza! Contest. It will be held the same time as Presentation Day, you will just drop off your pizza, and while Presentation Day is going on, all pizzas will be judged. Pizzas will be served as snacks after all judging is done! Remember…be creative! Look for unique and yummy recipes, or use one that’s special to you! To add more fun to the contest, come up with a creative name for your pizza!

When?: Saturday, April 2, 2016 at Presentation Day
Where?: General Shafter Elementary School - 1825 Shafter Road, in Bakersfield.
Check-In: 9:00 a.m.

There will be two categories in each age group, ‘Ready Made Crust’ and ‘Homemade Crust’ please enter your pizzas in the correct category using the definitions below:

Ready Made Crust - Any crust or dough that was pre-made for you. This includes powder mixes, unless you alter in a significant way, ex: if you added fresh garlic and herbs to a powder crust.

Homemade Crust - Any crust or dough that you make from scratch!

Rules for the Contest:

- ANY 4-H member can participate, you DO NOT have to be in a foods project!
- Cloverbuds are invited to join the contest, but will be given a participation prize only, and will not compete.
- You must register ahead of time using the entry form below!

Viva la pizza!
Contest Entry form

Name: ____________________________  Club: ____________________

E-mail: ____________________________  Phone: __________________

Age:
☐ Cloverbud
☐ Junior (4th - 6th grade)
☐ Intermediate (7th & 8th grade)
☐ Senior (High School)
☐ Leader (Must be a 4-H Leader)

Crust:
☐ Ready Made Crust
☐ Homemade Crust

***Please return all entries to the 4-H Office by: Thursday - March 25, 2016 please no postmarks) - 1031 S. Mount Vernon Ave. or Fax: 868-6208
Raise Money For Your Club!!!

Leader’s Council is allowing clubs to check out 4-H cookbooks to sell and keep a portion of the profits!

1.) Your club sells them for $7.50 each!

2.) You give council back $5 from each cookbook sale!

3.) This means you get a $2.50 profit from each cookbook for your club!

We have a limited supply of cookbooks, so it will be a first come first serve basis. Cookbooks will be checked out in increments of 10. Pick cookbooks up anytime during normal office hours (Monday-Friday from 8-5 p.m.) at the 4-H Office! (1031 S. Mount Vernon Ave. - 93307)

Any unsold cookbooks need to be returned to the 4-H Office.

The 4-H Cookbooks make FANTASTIC gifts as well! They are a very nice 3 ring binder style and include a cookbook stand. in the back of the book! Packed full of 100’s of DELICIOUS recipes from several generations of 4-H families!
SHARE YOUR TALENTS WITH US!!!

Do you have great ideas and talents you would like to share with others?

Would you like to be more involved on a County Level?

Would you like to volunteer in 4-H but not necessarily as a Project Leader?

Then we need YOU!

We are currently transitioning our County 4-H events to being Volunteer/Teen Leader planned and facilitated!

To ensure these events not only keep going, but also thrive and grow, we need YOUR help!

Recruitment for all positions for the following events has started!

Presentation Day - April 2, 2016**

** (If we don’t have a committee to run these, they may NOT happen this year!)

Medal Testing Committee - Ongoing!

ALL positions are being recruited for!
To sign-up or to read the position descriptions please visit:

http://ucanr.edu/eventcommittees

Or call, email, or talk to Veronica: 661-868-6235 or vaslaton@ucdavis.edu
The National Association of Extension 4-H Agents is pleased to announce four citizenship programs that will be delivered via webinar. Please mark your calendars and spread the word!

**Mar 1 at 2pm EST – Global Citizenship**  
*Alayne Torreta, Rutgers 4-H*

4-H Citizenship programs empower young people to be well-informed citizens who are actively engaged in their communities and the world. Through a variety of teaching opportunities in Russia for 4-H professionals and teens, 4-H can increase understanding and bridge the cultural gap between the two countries. Youth of Russia and the United States can look into the future of their relations with optimism and confidence, and actively engage in seeking new directions of mutually beneficial cooperation between the two nations. Alayne Torreta received a 2015 NAE4-HA Citizenship award.


Audio Conference Details  
Conference Number(s): 888-844-9904  
Participant Code: 8367077

**May 4 at 2pm EST – Global citizenship**  
*Kirk Astroth, Arizona 4-H*

With 4-H type programs active in nearly 80 countries around the globe, there is increased interest from developing countries to establish 4-H type programs as a critical investment in youth and the future. Increasingly, 4-H professionals are being tapped to assist with these efforts, as well as jump-start 4-H programs in countries that have had 4-H models in the past. This session will share some lessons learned about doing such work, outline some opportunities for getting involved as a 4-H professional, and share resources, teaching outlines, and materials for conducting 4-H positive youth development training in other countries.


Audio Conference Details  
Conference Number(s): 888-844-9904

The Montana 4-H Citizenship Seminar is a citizen-in-action event that occurs every other year during the Montana Legislative Session. This highly interactive and engaging program helps youth “legislators” and adult “lobbyists” learn the ins-and-outs of the legislative process. You will learn about the Montana program and how to create your own.


Audio Conference Details  
Conference Number(s): 888-844-9904  
Participant Code: 8367077

**Nov 8 at 2pm EST – Domestic citizenship**  
*Shannan and Hilton Waits, Louisiana 4-H*

This service-learning project on hunger awareness was conducted with a Louisiana Jr. Leader’s Club and culminated in a trip to the Heifer International Ranch in Arkansas. The Waits’ will present information about their project and the concept of service-learning. Shannan and Hilton Waits received a 2015 NAE4-HA citizenship award.


Audio Conference Details
Greetings from Washington DC!

Three of our team members - Jackie, Katie, and Laurel - went to the National 4-H Healthy Living Summit at the 4-H National Conference Center in Maryland. They presented a session on stress management to over 100 people from across the nation. The session received great reviews from all who attended. To show some California home-state spirit, ambassadors provided attendees with yellow California 4-H stress balls which were enjoyed by all. While attending the conference, the State Ambassadors met other 4-Hers from all over the nation, learning how 4-H operates and the different ways that other states incorporate Healthy Living in their state 4-H program. Jackie, Laurel and Katie also had an opportunity to meet one of the National 4-H Healthy Living Ambassadors from California, Ru, who taught them about meditation. While in Maryland, they toured DC Cupcakes bakery and Georgetown Cupcake where they had the opportunity to meet the store owner, Sopie, pictured below. While in Washington D.C., the ambassadors also had the chance to go on a night tour, which was very cold. They saw multiple famous monuments including the Lincoln Memorial and White House. Overall, this was a great experience representing the UC ANR 4-H YDP and attending the National 4-H Healthy Living Summit. If you are interested in having the State Ambassador team present at your next event, please go to the California 4-H State Ambassador page to request them: http://4h.ucanr.edu/files/225727.pdf

The State Ambassador team has been very busy presenting workshops this past month and planning aspects of upcoming events including State Leadership Conference and California Focus. Keep your eyes open for updates on state conferences and we hope to see you there!

Thanks,

2015-2016 State Ambassadors
4-H Shooting Sports Western Heritage Workshop
March 13 – 16, 2016

Plans are underway to host a 4-H Shooting Sports Western Heritage Workshop in California. It will be held at the Safety First Shooting Association in Winton, CA (Merced County). More information and registration material will be sent out when the details are finalized. Those who pass the certification training will be certified to lead a 4-H Western Heritage project. For more information about the project and the location visit:

Western Heritage Project
http://www.4-hwesternheritageproject.org/

Safety First Shooting Association
http://www.safetyfirstshooting.org/

State Fashion Revue (SFR) 2016, “Hoe Down, Sew Down,” is Saturday, May 28, 2016 during State Field Day at UC Davis. SFR service projects are Port Pillows for cancer patients, and Reusable Tote Bags to be distributed to communities. You can read more about these projects on our website, using the link below, which also includes patterns and instructions for these items. Members qualify in their home counties to enter SFR in five categories: Traditional, Consumer Science Purchased $40 limit, Upcycled, and the 2016 challenges which are the Western Challenge and the Muslin Challenge. Please review the category rules and general SFR policies on the website at http://4h.ucanr.edu/4-H_Events/SFD/SFR/. If you have questions, contact Sue Moore, SFR Registrar, at 2moores@mlode.com.
32nd Annual State 4-H Shooting Sports Match

Entries Due: March 8th, 2016 to Siskiyou County
Completed Targets Returned By: June 20th, 2016

Entries are now available for the 2016 State 4-H Shooting Sports Match hosted by Siskiyou County. There are categories for rifle, pistol, and shotgun. Targets are sent to the leaders in the local counties where they are fired and returned for scoring. Awards are available for the top shooters in each age category and discipline. For registration forms and match rules go to the State 4-H Shooting Sports web page at: http://4h.ucanr.edu/Projects/STEM/SET_Projects/ShootingSports/

Calling all Archery Leaders, the 4th annual State 4-H Shooting Sports Archery Match is now open. The deadline for entering is April 18, 2016. Each leader MUST have the entry form signed by a 4-H staff person, who double checks that each youth is currently enrolled and submit a council check for their entries. The deadline for returning the entries is June 27, 2016. The rules and entry forms can be found at: https://ucanr.edu/collaborate/posts_reader.cfm?threadnum=59208&cluster=6228
Color Me Green 5K Runs

Consider hosting a Color Me Green 5K Run this March 2016!

The Color Me Green 5K Run will provide your county or club with a statewide service learning opportunity specific to the improvement of health. With the support of adult volunteers, youth will organize and execute a 5K run in their community. It is our hope that through participation in the Color Me Green 5K Runs both individuals and communities will aspire to increase their health habits. Be a health advocate for your community and host a Color Me Green 5K Run!

How can I host a Color Me Green 5K?

1. Talk with your County Office to find out if a Run is already being planned.
2. Each County Officer will sign-up with Anne Iaaccopucci at County Host Registration. [Link](https://ucanr.edu/survey/survey.cfm?surveynumber=14385)

Mindfulness Retreat—New Dates! November 4-6, 2016

Camp Ocean Pines, Cambria, CA

Teens ages 13-19 and adults are welcome to spend the weekend at beautiful Camp Campbell developing their health and well-being. Teens will not only increase their personal skills in leading a healthy lifestyle, but will also gain skills needed to be a health advocate in their communities. For more information visit [http://4h.ucanr.edu/Projects/HealthyLiving/Mindfulness/](http://4h.ucanr.edu/Projects/HealthyLiving/Mindfulness/) or contact Anne Iaaccopucci at amiaccopucci@ucanr.edu or Jenna Colburn at jcolburn@ucanr.edu.

I pledge . . .

...to my club, my community, my country, and the world.

The Animal Science Symposium is scheduled for May 23-25, 2016 and will take place at the UC Davis, School of Veterinary Medicine. The symposium is a train-the-trainer professional development approach for 4-H staff, key 4-H volunteers, and FFA supervisors/teachers on important topics and skills related to animal welfare and animal health. The event will provide foundational training on the new Animal Welfare Proficiencies. The symposium is not open to 4-H youth members, but a career fair will take place during the evening of May 23rd. 4-H youth are invited to attend to learn about potential careers in the animal science and agricultural industries. Registration for this event will open in February, 2016. For more information visit: http://4h.ucanr.edu/4-H_Events/Symposium/.

California 4-H Horse Classic

Register your show at http://4h.ucanr.edu/4-H_Events/Horse_Classic/Equine_Qualifier_4-H_Events/ for it to be considered a qualifying show for the 2016 California 4-H Horse Classic. Please submit show results on the Classic Qualifying Show Results Sheet, which can be found at: http://4h.ucanr.edu/files/162863.xlsx.

Looking for a qualifying Horse Show for the 2016 California 4-H Horse Classic? Visit http://4h.ucanr.edu/4-H_Events/Horse_Classic/Equine_Qualifier_4-H_Events/.
2016 Equine Planning Team

Are you interested in serving on the 2016 Equine Planning Team? The Equine Planning Team is responsible for planning, conducting, and over-seeing both the Equine Field Day and the California 4-H Horse Classic. 4-H Members, Adult Volunteers and 4-H Staff are encouraged to apply at http://ucanr.edu/survey/survey.cfm?surveynumber=16296! For more information visit http://4h.ucanr.edu/4-H_Events/Horse_Classic/ or contact Alyssa Sankey, State 4-H Program Representative for Animal Science, ajsankey@ucanr.edu.
Citizenship

Planning a Service Learning Project in your community? Use the Service Learning toolkit to help you plan your project. [http://4h.ucanr.edu/Projects/Citizenship/service_learning/Toolkit/](http://4h.ucanr.edu/Projects/Citizenship/service_learning/Toolkit/)

NEW! Gift Certificate Program
For more information, please follow the link. [http://4h.ucanr.edu/4-H_Events/Gift_Certificate_Program/](http://4h.ucanr.edu/4-H_Events/Gift_Certificate_Program/)

Washington Focus Chaperones Wanted!
Do you have a passion for growing citizenship and leadership skills in 4-H members and want to facilitate their memory-making experiences? Applications are now being accepted for chaperone positions as part of the California delegations that will attend the National Citizenship and Leadership Washington Focus Trips in the summer of 2016.

[http://4h.ucanr.edu/4-h_events/wf/washington_focus_chaperone_information/](http://4h.ucanr.edu/4-h_events/wf/washington_focus_chaperone_information/) to find out more.

*Registration for all of these events are coordinated through the CA State 4-H Office.*

Leadership

Become a State Ambassador!
Applications are now open at [Apply to Become a State Ambassador - UC 4-H Youth Development Program](http://4h.ucanr.edu/4-H_Events/SLC/)
Deadline February 16, 2016

Humboldt State University
Registration opening early February 2016
Join the State Leadership Conference Team—Become a Program Assistant [http://4h.ucanr.edu/4-H_Events/SLC/](http://4h.ucanr.edu/4-H_Events/SLC/)

American Youth Leadership Program
Applications due December 1, 2015
The University of Wyoming 4-H program administers the American Youth Leadership Program funded through a grant from the U.S. Department of State. Through this program youth and adult participants from the 13 states in the Western Region have an opportunity to learn about and travel to Mongolia and Samoa on past programs. This year the exchange trip will be in Ghana and take place next summer in July. For information and applications visit [http://www.uwyo.edu/4-h/international/ghana/index.html](http://www.uwyo.edu/4-h/international/ghana/index.html).

Positive Youth Development

The Record Book Manual
Adult Partner’s Guide is now available on the website at: [http://4h.ucanr.edu/Resources/Members/RecordBook/RBResources/](http://4h.ucanr.edu/Resources/Members/RecordBook/RBResources/). We will be hosting some webinars for members and adults that help them navigate the new book. More information to come.
Positive Youth Development

New Presentation Manual

The NEW Presentation Manual is here! The 4-H Presentation Manual (2015) is the consistent and standard guide for all 4-H presentations and will be adopted by all County, Sectional/Regional, and State 4-H Presentation Days. To view the new manual visit: http://4h.ucanr.edu/files/220608.pdf. If you have any questions regarding the new manual please contact Alyssa Sankey, State 4-H Program Representative, at ajsankey@ucanr.edu.

Special Recognition Opportunities at State 4-H Presentation Day

California 4-H offers thematic recognition pins for youth who participate at State 4-H Presentation Day and focus their presentations on one of the four focus areas. For the focus areas visit: http://4h.ucanr.edu/4-H_Events/SFD/PD/.

Impromptu Speech Topics for State 4-H Presentation Day

4-H Thrive 2015-2016 Master Trainer & Project Leader Information

Interested in bringing a fun and engaging educational experience to 4-H members in your county? 4-H Thrive offers age-appropriate curriculum for members at each level of their 4-H experience. For more information on 4-H Thrive Educational Materials and online resources follow this link http://4h.ucanr.edu/About/Framework/PYD/Thrive/ and then click on the link for how to get involved during the 2015-2016 program year. We will be continuing to develop our online resources over the course of this year.

4-H Online Record Book Updates

The 4-H Online Record Book (ORB) continues to grow in popularity among 4-H members (check out the ORB Satisfaction Survey Results) and we are continuing to grow and expand the features in the system. If you have questions regarding how to use ORB, an idea to improve the system or are experiencing a glitch, please use the ORB Request form to share with the ORB Support Team.

Have a group of people interested in learning how to use the ORB system? You can bring in the ORB Internet Café Training to your county. These 3 hour trainings have been a popular way to get people excited about ORB and on the path to successful online record book keeping. For more information about how you can bring this workshop to your county, click here.
CARE OF NEWBORN LAMBS

- IDENTIFYING EACH LAMB OR LAMBS FOR EACH EWE
- USE EAR TAGS
- TAG SHOULD BE APPLIED WHILE LAMBS ARE YOUNG AND EASY TO MANAGE.
- FEDERAL LAW SAYS ANY LAMB THAT ENTERS A JUDGING FACILITY; COUNTY FAIR, STATE FAIRS OR ANY LIVESTOCK SHOW MUST HAVE A SCRAPIE TAG.
  
  THIS TAG IDENTIFIES THE BREEDER AND FLOCK THE LAMB CAME FROM

IMPORTANT INFORMATION

- WHEN GIVING MEDICATIONS BY INJECTION BE SURE TO ALWAYS READ THE INSTRUCTIONS ON THE PACKAGE FOR EACH MEDICATION BEFORE USING.

SUBCUTANEOUS INJECTIONS

Subcutaneous Injection Technique

1. Pinch a fold of loose skin.
2. Insert the needle into the space under the skin, holding the needle parallel to the body surface.
3. Push the plunger.
4. Rub the area afterward to distribute the medication and hasten absorption.
The preferred location for giving a subcutaneous injection is in the loose, hairless skin behind and below the axillary space (armpit), to the rear of the elbow, over the chest wall.

INTRAMUSCULAR INJECTION

Intramuscular shots are the most common form of injection. The best sites for administration are either the top of the neck, about 6 inches (15 cm) down from the center of the back, or the top of the thigh where it joins the hip, about 8 inches (20 cm) down from the center of the back. When giving an intramuscular injection, quickly thrust the needle into the muscle (inset). Make sure you haven’t accidentally entered a vein by pulling back slightly on the plunger first; if blood enters the syringe, the needle is in a vein; withdraw the needle and reinsert.

VACCINATIONS

If pneumonia is a problem you might vaccinate newborn lambs with intranasal vaccination as opposed to relying entirely on the passing of immunity through mom’s colostrum. Giving the shots for tetanus and enteroxemia (over eating disease) should be given by the age of 10 weeks.
DOCKING

TAILS SHOULD BE BANDED AT ABOUT THE AGE OF TWO TO THREE DAYS OLD. IT IS LESS TRAUMATIC FOR THE LAMBS AT THIS AGE. THERE ARE MANY WAYS TO REMOVE THE TAIL BUT I USE THE ELASTRATOR METHOD. USING THE ELASTATOR METHOD (RUBBER BAND) THE TAIL SHOULD FALL OFF IN ABOUT 2 TO 4 WEEKS AND THERE IS NO BLOOD. MAKE SURE YOU PLACE THE BAND PROPERLY ON BOTH THE TOP AND BOTTOM OF THE TAIL. THE BAND ON THE UNDERSIDE OF THE TAIL SHOULD BE PLACED 1/3IN ABOVE THE BOTTOM OPENING. IF IT IS YOUR FIRST TIME DOCKING MAKE SURE YOUR SHEEP LEADER IS WITH YOU.

CASTRATION


WEANING TIME

TO INSURE WEANING TIME WORKS WELL FOR ALL, BE SURE TO:

MAKE SURE THE CREEP AREA IS AVAILABLE FOR THE LAMB AS SOON AS POSSIBLE WITH GOOD HAY, GRAIN, AND FRESH WATER. AS THE LAMBS START EATING GRAIN AND HAY FROM THE CREEP, THEY WILL NEED TO NURSE OFF THE MAMA EWE LESS. REMEMBER TO START DIMINISHING THE GRAIN FOR THE MOM 10 DAYS BEFORE WEANING, THIS HELPS REDUCE HER MILK PRODUCTION BEFORE REMOVING HER LAMBS. THIS HELPS REDUCE THE RISK OF HER GETTING MASTITIS IN HER UDDER (MILK SACK)

GOOD LUCK FOR THE 2016 LAMBING SEASON

REMEMBER YOUR PROJECT LEADERS ARE ALWAYS READY TO HELP AND ASSIST

CHARLIE FORESHEE
Judi Doser
COMMUNITY SHEEP LEADERS
**New Leader Orientation NOW ONLINE!!!**

Drum roll please.......our New Leader Orientation page is now UP AND RUNNING ONLINE! Any in person Orientations scheduled are now canceled, as it can now be accessed ONLINE anytime!

Please visit our County 4-H website at: http://cekern.ucanr.edu/Youth_Development/ and look for the "Becoming a New 4-H Leader" page to get started!!!

Please pass the word along to any potential leaders!!!

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**Food Safety Training Available ONLINE!**

The State 4-H Office requires that every club have at least one 4-H leader trained in Food Safety. The more leaders in your club that are certified, the more convenient it is for your club. It is required that a certified volunteer is to be present at all bake sales/food booths to make sure proper food safety guidelines are handled. Food Safety trainings are available anytime online! Please visit the website below, and use the provided sign-in/user information:

Website: http://ucanr.edu/sites/MISKIS/
Username: miskis
Password: makeitsafe_1234

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**4-H WEBSITES**

http://cekern.ucdavis.edu/Youth_Development/
http://www.areyoutooint.com
http://www.fourhcouncil.edu
http://www.4-h.org/fourweb
http://www.ca4h.org

**4-H ENROLLMENT WEBSITE**
https://california.4honline.com

**4-H VOLUNTEER WEBSITE**
http://ucanr.org/4-hvolunteers/

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**KERN COUNTY 4-H IS ON FACEBOOK!**

Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and 'like' us! We will post updates, important event reminders, announcements—all sorts of important things! It’s the best way to keep up-to-date!
Kern County 4-H Volunteer Café

Are you a club or project leader who is tired of doing the same old activities month after month? Maybe you need something designed just for you to be encouraged and encourage your own personal growth. The 4-H Volunteer Café is a place designed just for you providing encouraging and thought-provoking articles of how the principles of positive youth development translate into your 4-H experience, it offers tons of resources for you as a 4-H volunteer that you can use immediately in your meetings and gives you a place where you can contribute your own experiences and challenges.

To check out the 4-H Volunteer Café, use the following link:

http://4hvolunteercafe.wordpress.com/
Veronica on LEAVE!

Hey everyone! I will be having surgery this month and will be out on medical leave for 8 weeks, barring any complications. I will be out of the office during the following dates:

Last day in the office: March 15th
Returning: May 16th

Thank you!
Veronica