OCTOBER 2016

<table>
<thead>
<tr>
<th></th>
<th>Kern County Fair</th>
</tr>
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<tbody>
<tr>
<td>1-2</td>
<td>Harvest Hall exhibits Released</td>
</tr>
<tr>
<td>3</td>
<td>After Fair Meeting - 6:00 p.m.</td>
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<tr>
<td></td>
<td>Teresa Andrews 661-979-1003</td>
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<tr>
<td>*11</td>
<td>Leadership Skills Training - 1:00 p.m. to 4:00 p.m.</td>
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<tr>
<td></td>
<td>Kimberly Whitaker 661-867-2878</td>
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<tr>
<td>*22</td>
<td>Horse Leader Meeting - 6:30 p.m.</td>
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<tr>
<td></td>
<td>Kimberly Hill 661-747-8990</td>
</tr>
<tr>
<td>*24</td>
<td>Leader’s Council - 7:00 p.m.</td>
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<tr>
<td></td>
<td>Jeanne Walford 661-831-1639</td>
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</tbody>
</table>

NOVEMBER 2016

|    | Veteran’s Day Holiday - UCCE Office Closed        |
| 11 | 4-H Field Day at Kern County Fairgrounds          |
|    | Includes: Medal Testing, Bake Day, Fashion Revue |
|    | and much more!                                   |
|    | Veronica Slaton 661-868-6235                      |
| 12 | Thanksgiving Day Holiday - UCCE Office Closed     |
|    | Kimberly Hill 661-747-8990                        |
|    | Horse Leader Meeting - 6:30 p.m.                 |
|    | Kimberly Hill 661-747-8990                        |
|    | Leader’s Council Meeting - 7:00 p.m.             |
|    | Jeanne Walford 661-831-1639                       |

*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA

Wheelchair accessible. Please contact UCCE Kern at 661-868-6200 if any special accommodations. Individuals who need to request an ADA accommodation in order to participate in 4-H sponsored events and activities can contact your local 4-H Office to complete a 4-H ADA Accommodation Request Form: http://4h.ucanr.edu/files/153972.docx

Would you like your club featured in next month’s newsletter?

Do you have a photo for the newsletter?
E-mail event info & photos to cekern@ucdavis.edu

NEWSLETTER DEADLINE!
Articles/photos for the next issue of The 4-H Network must be received by October 20th

Kern County 4-H
1031 S. Mt. Vernon Avenue
Bakersfield CA 93307-2851
Phone: 661-868-6200
Fax: 661-868-6208
or cekern@ucdavis.edu

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucanr.edu/sites/anrstaff/files/215244.pdf). Inquiries regarding ANR’s nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318.
Llamas are a new project this year and we are looking for new members who would like to join. Llamas are very friendly and can do many jobs like carting, packing, and guarding to name a few. Come join us and learn some fun llama facts like: Llamas spit (mostly at each other) for territory reasons, and they originated from Peru. They are gentle, easy to handle and can do many tricks like dogs. I would also love to visit your club meeting to talk a little more about them.

If you are interested please feel free to call Naomie Soto at 661-412-1599 or email naomies28@gmail.com for the address.

Come by and meet Mister Bean!
Llama Performance Day!

Sunday November 6th, 2016

Departure time 7am - Return Time 2pm

Come on out to a Llama farm in Fresno to walk llamas under, over and through different obstacles. Adults are welcome to try walking the llamas too! It’s a fun day for the whole family. All members will get a free lunch. Please call or text Omar & Naomie Soto at 661-412-1599 OR 661-412-1522 naomies28@gmail.com

Field trip is open to any and all members. Volunteers wanted for transportation also. Member treatment authorization form can be emailed for member transportation.
NEW 4-H Yoga Project!

The Yoga for Kids Project combines physical movement with breathing and focused concentration. Youth in the 4-H Yoga Project learn breathing exercises, physical postures, and mindful practices that help strengthen the mind and body. Youth and Volunteers will:

- Increase physical fitness.
- Learn strategies for stress management.
- Explore the benefits of concentrated focus and attention.
- Practice movements that improve flexibility and balance.

If you are an enrolled 4-H Project Leader and are interested in leading a 4-H Yoga for Kids Project please register for a training session below. CA 4-H will provide 6.5 hours of on-site training by a Registered Yoga Teacher; program guides; and technical support following the training. Trainings are offered at five locations throughout California:

**October 1, 2016 - 208 Fairground Road, Quincy, CA 95971 , CA 9:00am-3:30pm**

**October 8, 2016 - 21150 Box Springs Road, Ste 202 Moreno Valley, CA 9:00am -3:30pm**

**October 8, 2016 - 890 N. Bush Street Ukiah, CA 95482 9:00am -3:30pm**

Please contact Anne Iaccopucci at amiaccopucci@ucanr.edu with questions.

Register here: [https://ucanr.edu/survey/survey.cfm?surveynumber=18337](https://ucanr.edu/survey/survey.cfm?surveynumber=18337)
4-H Shooting Sports Workshop – Pistol Discipline

Saugus, CA (Los Angeles County)

The Antelope Valley 4-H Shooting Sports training team will be offering a project leader class for Pistol Certification offered in southern California. Class will be Saturday, October 15th 7 AM – 7 PM, at the Americana 1800 Adventure Club, 34401 San Francisquito Canyon, Saugus, 91390 in Los Angeles County. Participants must become a 4-H leader or member to receive certification to lead the pistol shooting sports discipline at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost for pistol discipline is $35 per person and includes a resource binder and Saturday lite breakfast refreshments. You are responsible for lunch so it is recommended you bring one. All equipment will be provided, if you choose, you may bring your own firearms, ammunition and eye and ear protection. Teen leaders are invited but must attend with an adult or have a certified shooting sports adult leader they will be assisting back home.

To register, please complete and mail:

1. “CA 4-H Shooting Sports Training Request and Registration Form” located at:
   http://4h.ucanr.edu/Projects/STEM/SET_Projects/ShootingSports/

2. An adult or youth 4-H medical release form located at:
   http://4h.ucanr.edu/Resources/Policies/Forms/

3. A $35 check made payable to “AV 4-H Shooting Sports”

Send to: UCCE Los Angeles County, 335 East Ave K-10, Lancaster, CA 93535

Registration is due Friday October 7th and class size is limited to 12 participants.

For more information call Sharon Carter 661-478-7998, or email her at sixcarter@sbcglobal.net

Range and class info contact is Tedd Osgood at 818-535-3222 or tedd_osgood@hotmail.com.
4-H CALENDAR OF EVENTS

<table>
<thead>
<tr>
<th>OCTOBER</th>
<th>NOVEMBER</th>
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<tbody>
<tr>
<td>10/1 Yoga for Kids Leader Training- Quincy</td>
<td>11/2 National 4-H Conference Applications Due</td>
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<tr>
<td>10/2-8 National 4-H Week</td>
<td>11/4-6 Mindfulness Retreat</td>
</tr>
<tr>
<td>10/3 State Record Book Evaluators Application Due</td>
<td>11/4-6 State Record Book Competition</td>
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<tr>
<td>10/5 2016 4-H National Youth Science Day</td>
<td>11/11-13 State Leaders' Forum</td>
</tr>
<tr>
<td>10/7 4-H and FFA Livestock Quiz Bowl, Registration Due</td>
<td>January</td>
</tr>
<tr>
<td>10/8 Yoga for Kids leader Training- Ukiah</td>
<td>1/27-29 2017 Leadership Conference of Regional Teens (LCORT)</td>
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<tr>
<td>10/8 Yoga for Kids leader Training- Moreno Valley</td>
<td>March</td>
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<tr>
<td>10/15 4-H and FFA Livestock Quiz Bowl</td>
<td>03/21 Legacy Awards/Youth in Action Awards Presentation</td>
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<tr>
<td>10/21 Record Books for State Competition Arrive to State Office</td>
<td>June</td>
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<tr>
<td>10/24 4-H Youth in Action Awards</td>
<td>06/24-07/01 Citizen Washington Focus (CWF)</td>
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<tr>
<td>10/28-11/ 4 State Record Book Competition</td>
<td>06/24-07/05 Extended Citizen Washington Focus (CWF)</td>
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</tbody>
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Volunteer Development

2016 State Leaders’ Forum
November 11-13, 2016
Flamingo Hotel, Santa Rosa, CA

Register now and join us to CONNECT THE DOTS on November 11 - 13, 2016 at State Leaders’ Forum. Some of our most productive and happiest moments come from connecting with friends, sharing ideas and challenges with people who share your interests, and getting the tools and support to bring your own contribution to a higher level. So get ready to be happy - and engaged! We have selected speakers who are guaranteed to inform and excite you; picked a destination that offers a wealth of fun explorations; and lined up a series of workshops which will help you make some of the connections that you've been searching for. Attendees will CONNECT to great information!

WRLF 2017
March 16-18, 2017
Edmonton, Alberta, Canada

Workshop proposals are currently being accepted through July 15, 2016. Adult volunteers, teens and extension staff are welcomed to submit proposals and will have an equal opportunity to be chosen. Click on the link WRLF 2017 - Call for Workshop Proposals for information on the submission process and required forms.

CA 4-H Management Board

The CA 4-H Management Board held their first meeting on August 14, 2016. If you missed it, you can view the agenda and access the recording here!
4-H & FFA Livestock Quiz Bowl
October 15, 2016
Grand National Livestock Exposition, Horse Show & Rodeo
Cow Palace in Daly City, CA
Registration Due October 7, 2017
Register now to participate in the 2016 Livestock Quiz Bowl! The winning 4-H and FFA teams will qualify to compete at the Livestock Quiz Bowl contest at the Western National Roundup in Denver, CO in January of 2017! More information: http://4h.ucanr.edu/4-H_Events/Livestock_Quiz_Bowl/

Open Barn in October - A Goat Education Day
October 22, 2016
9:00 am - 3:00 pm
24700 County Rd. 95 Davis, CA 95616
No Cost for admission
Crees Brothers Farm is hosting a goat educational day that will include lectures from local veterinarians, live demonstrations, and exhibits on basic goat care.
More information: http://www.creesbrothersfarm.com/

4-H Grown photo booth sign
Download the sign, mount it on poster or foam board, and use it in your social media posts. Please make sure to tag us @California4H.

4-H PLEDGE
I pledge my HEAD to clearer thinking,
my HEART to greater loyalty,
my HANDS to larger service,
and my HEALTH to better living.
for my club, my community,
my country, and my world.
Communications & Marketing

Now we’re starting the Share Campaign:

#4HGrown – we’re asking alumni to share their stories on social media about how the 4-H pledge is relevant in their lives today. They can also submit their stories to be featured on the National 4-H website: 4-H.org

Thank you for participating in the Grow True Leaders campaign! We just got results to share from National 4-H:

- >2.6 million reach through the Thunderclap
- 188,000 #TrueLeaders Shout Outs nationwide – keep it going
- 15,000 new alumni signups • 685 million overall reach

Science, Technology, Engineering, and Math (STEM)

2016 4-H National Youth Science Day
Wednesday, October 5, 2016

The National 4-H is thrilled to announce the 2016 4-H National Youth Science Day (4-H NYSD) challenge: Drone Discovery.

Developed by Cornell University Cooperative Extension, the 2016 4-H National Youth Science Day Challenge will explore how remote sensing can be used to solve real world problems while learning concepts like flight dynamics, forces of flight, basic computer coding, as well as following federal regulations while operating drones.

The 9th annual 4-H NYSD Challenge will be held on Wednesday, October 5, 2016, and will bring youth together from all around the nation to complete this single, innovative activity. Be sure to visit the 4-H National Youth Science Day website for fun and engaging STEM content, register your local 4-H NYSD event, and access resources and materials: www.4-H.org/NYS

4-H Online Record Book Updates

The 4-H Online Record Book (ORB) continues to grow in popularity among 4-H members (check out the ORB Satisfaction Survey Results) and we are continuing to grow and expand the features in the system. If you have questions regarding how to use ORB, an idea to improve the system or are experiencing a glitch, please use the ORB Request form to share with the ORB Support Team.

Have a group of people interested in learning how to use the ORB system? You can bring in the ORB Internet Café Training to your county. These 3 hour trainings have been a popular way to get people excited about ORB and on the path to successful online record book keeping. For more information about how you can bring this workshop to your county, click here.
Healthy Living

Mindfulness Retreat
November 4-6, 2016
Camp Ocean Pines
Cambria, CA

Save the date for the Mindfulness Retreat! Participants will increase their personal skills in leading a healthy lifestyle, and also gain skills needed to be a health advocate in their community. The retreat will address topics such as understanding mindfulness, exercise, stress management, community connection, relationship building, nutrition, and health advocacy! Designed for teens ages 13-19 and adults.
For more information or check out: http://4h.ucanr.edu/Projects/HealthyLiving/

Interested in helping to improve 4-H! Join one of the Management Board Committees: http://4h.ucanr.edu/Get_Involved/Management_Board/

Also a few of our state committees are still looking for adult volunteers and youth who are interested in helping to improve 4-H!

**Youth**

- 4-H Volunteer Development Advisory Committee
- 4-H Incentives & Recognition Advisory Committee
- 4-H Camping Advisory Committee

**Adults**

- 4-H Policy Advisory Committee

If you are interested in making the best better! Contact the State 4-H Office at ca4h@ucanr.edu for how to get involved in one of these committees.

Resources for Parents & Children

Parents and children can better cope with any disease outbreak when they know more about what is happening and that they can do something to help protect themselves, family, and friends. Please see "Ideas for Talking to your Child About Zika" (Spanish), "US Zika Pregnancy Registry Fact Sheet for Parents" (Spanish), and http://www.cdc.gov/zika/parents/ for more resources.
4-H Branding Toolkit

You can find flyers for this event as well as other promotional material on our website!!

Start planning your events to celebrate National 4-H Week, October 2-8, 2016!
This year’s theme is “4-H Grown”. The 2016 logos and social media toolkit are on the Branding Toolkit page.

Record Books

State Record Book Competition 2016 Important Information & Dates:

- State Record Book Competition will be administered electronically this year. Send your physical book (or a digital copy if allowed) to your County 4-H Office by their established deadline. Counties are then responsible for sending digital scans of Record Books to the State Office.
  Email Gemma Miner (gmminer@ucanr.edu) with any questions.

- Seeking State Evaluators!
  If you enjoy reading about all the great work 4-H members accomplish each year and you have access to a computer, please consider being a State Record Book Evaluator. Deadlines to know:
  October 3rd: State Record Book Evaluators (judges) applications are due.
  October 28th: Record Books sent electronically to evaluators.
  November 14th: Evaluator scores and comments due back to State 4-H Office.

Apply to be a State Record Book Evaluator here

2016-17 Record Books
The Record Book and manuals for Junior, Intermediate and Senior members will be the same as 2015-16. All units will be expected to come into alignment with the state book beginning July 1, 2016. All other supplemental forms not included in the state Record Book must be eliminated at that time. Two new versions of the Primary Member Report form were released on July 1, 2016. One is a basic report and the other follows and supports the iSprout curriculum.

Leadership

LCORT 2017 (Leadership Conference of Regional Teens) is coming January 27-29, 2017 at Wonder Valley Ranch in Fresno County. 4-H members age 12-14 as of 12/31/2016 in counties of the Central Area and former South Central Section are invited to attend with one or more 4-H leader or staff chaperones age 21 and up. Workshops are taught by Leadership Teams of members age 15-18 from the South Central counties. Registration for 2017 LCORT is now open so you should plan to attend! The fee is $165 for Central Area counties and $150 for SCS counties (previous SCS dues supported LCORT). Participants complete the paper registration and medical forms and turn them in to your county office which then registers you online. Closing date is 12/14/2016 or whenever the 350 maximum is reached, whichever is earlier. A waiting list will be established if necessary. See the LCORT website for the forms and Delegate and Chaperone FAQs, at http://ucanr.edu/lcortinfo.
Contact lcort2017@gmail.com with questions.
4-H Alumni Wanted

The University of California Agriculture and Natural Resources (UC ANR) is investing in a partnership with National 4-H and 27 other states to help strengthen our brand through updated marketing materials and campaigns (the 4-H Grows Here branding and the True Leaders Campaign are examples). One of the important outcomes is to identify and engage 4-H alumni as volunteers. UC ANR is inviting all California 4-H Alumni & Friends to sign up to stay engaged in 4-H. We ask that you encourage any alumni you know to sign up – the link is https://www.surveymonkey.com/r/CA4HAlumniandFriends-Details. They will be provided with a menu of ways they can stay engaged with 4-H, from contacting their local county to see how they can volunteer at events like Presentation Day, to doing something more at the state level like applying to be a Program Assistant at SLC. Please share this link.

Horse Day 2016
Saturday October 22, 2016, from 10:00 am to 4:00 pm
Horse Barn, University of California Davis

A Hands-On Approach to Equine Topics

Join us for the annual UC Davis Horse Day! Held at our Animal Science Horse Barn facility on Saturday, October 22, 2016, from 10:00 am to 4:00 pm, it will be a day filled with hands-on workshops dedicated to continuing education for the horse owner and enthusiast. This day gives you the chance to interact with the animals, talk to the experts and be more involved with the materials.

A special presentation by Dr. Robert Miller will occur at lunchtime and at the end of the day make sure not to miss the Knights of Mayhem jousting show!

Whether your interests lie with reproduction, nutrition or emergency aid, there is sure to be something to attract you to Horse Day!

Registration

To register for 'Horse Day 2016' and purchase your tickets click the following button:

[Click to Register]

Schedule of Events

Registration from 8:30am-9:45am in Cole A

Welcome at 9:45am in the Horse Arena

[schedule-of-events_2016_09_15.pdf]
The Merced County 4-H Shooting Sports training team will be offering a series of project leader and leader trainer classes in rifle, pistol, shotgun, muzzle loading and archery offered from September to December in Central California. All classes will be in a Saturday and Sunday format, 9 AM –4 PM, at the Safety First Shooting Association, River Oaks Range, 11584 N. Shaffer Rd, Winton 95388, in Merced County. Participants must become a 4-H leader or member and attend both days to receive certification to lead any of the shooting sports disciplines at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost for each discipline is $35 per person to include a resource binder, with Saturday and Sunday lite breakfast refreshments. Dry camping is available on site as is self-contained RV camping. You are responsible for lunches. The nearest shopping is 15 minutes away. It is recommended to bring lunches each day. You may bring your own firearms and ammunition or archery equipment. However everything will be provided if you want to use their equipment. Junior and teen leaders are invited but must attend with an adult or have a certified shooting sports adult leader they will be assisting back home.

Driving directions to the classrooms and range are at http://www.safetyfirstshooting.org/html/directions.html

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at http://4h.ucanr.edu/files/4785.pdf and an adult or youth 4-H medical release form and a $35 check payable to “Merced County 4-H Council” and mail to UCCE, 2145 Wardrobe Ave, Merced, 95341. Registration is due Friday, 7 days prior to the class you are taking, and space is limited to 25 attendees.

For more information call Darlene McIntyre at 209-385-7418 or email her at dlmcintyre@ucanr.edu. Range and class info contact is Dave Givens 209-614-1718 or dave@hammerstryke.com

Class Dates:

**Rifle Leader**
- Nov 5th and 6th (Registration due Oct 28th)

**Shotgun Leader**
- Nov 19th and 20th (Registration due Nov 11th)

**Archery Leader**
- Oct 8th and 9th (Registration due Sept 30th)
- Nov 5th and 6th (Registration due Oct 28th)

**Pistol Leader**
- Oct 8th and 9th (Registration due Sept 30th)
- Nov 19th and 20th (Registration due Nov 11th)

**Muzzle Loading Leader**
- Oct 29th and 30th (Registration due Oct 21st)
- Dec 10th and 11th (Registration due Dec 2nd)
Spring 2016 Spark Survey Highlights

Thank you to all the 4-H’ers who filled out their Spring 2016 Spark Surveys! Thanks to your participation, we are seeing evidence that 4-H is helping you prepare for a successful future.

Over 80% of 4-H’ers are growing in the 6 C’S

- 93% Understand the democratic process
- 87% Interested in science
- 75% Good communication skills**
- 74% Goal management skills
- 65% Make healthy food choices**
- 89% Positive attitude about physical activity*
- 90% Engaged in the community
- 80% Report high self esteem
- 69% Confident in their science skills
- 94% Skilled in collaborating with a diverse group of peers
- 91% Appreciate the cultural diversity of their peers

#4HGo - Receive a $10 Target Gift Card

From October 1 to January 31, the first 200 4-H’ers that take all of their Fall 2016 Spark Surveys in ORB will receive a $10 Target Gift Card.

Rules:
- Eligibility limited to 4-H’ers who have NOT earned a gift card in 2016 by taking the surveys at State Field Day
- Gift cards will be mailed in November.

Spread the word! Use #4HGo and let your fellow 4-H’ers know how to “cast their vote” to let us know how 4-H is making a difference in their life.

* Grades 4-7   ** Grades 8-12
Source: Spark Surveys; Spring 2016
California 4-H presents

MINDFULNESS
RETREAT

NOVEMBER 4-6, 2016
CAMP OCEAN PINES
CAMBRIA, CA

Save the date!

The mindfulness retreat will address:

- Exercise
- Understanding mindfulness
- Stress management
- Health advocacy
- Community connection
- Nutrition
- Relationship building

Teens ages 13 – 19 and adults are welcome to spend the weekend at beautiful Camp Ocean Pines developing their health and well-being. Teens will not only increase their personal skills in leading a healthy lifestyle, but will also gain skills needed to be a health advocate in their communities.

For more information contact
Anne Iacopucci
(aiacopucci@ucanr.edu)
or Jenna Colburn
(jcolburn@ucanr.edu)

University of California
Agriculture and Natural Resources 4-H Youth Development Program

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities. (Complete nondiscrimination policy statement can be found at http://ucanr.edu/sites/amstaff/files/169224.pdf) Inquiries regarding ANR's nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318.
**New Leader Orientation NOW ONLINE!!!**

Drum roll please.......our New Leader Orientation page is now UP AND RUNNING ONLINE! Any in person Orientations scheduled are now canceled, as it can now be accessed ONLINE anytime!

Please visit our County 4-H website at: http://cekern.ucanr.edu/Youth_Development/ and look for the
"Becoming a New 4-H Leader" page to get started!!! Please pass the word along to any potential leaders!!!

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**Food Safety Training Available ONLINE!**

The State 4-H Office requires that every club have at least one 4-H leader trained in Food Safety. The more leaders in your club that are certified, the more convenient it is for your club. It is required that a certified volunteer is to be present at all bake sales/food booths to make sure proper food safety guidelines are handled. Food Safety trainings are available anytime online! Please visit the website below, and use the provided sign-in/user information:

Website: http://ucanr.edu/sites/MISKIS/
Username: miskis
Password: makeitsafe_1234

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**4-H WEBSITES**

http://cekern.ucdavis.edu/Youth_Development/
http://www.areyouintoit.com
http://www.fourhcouncil.edu
http://www.4-h.org/fourweb
http://www.ca4h.org

**4-H ENROLLMENT WEBSITE**

https://california.4honline.com

**4-H VOLUNTEER WEBSITE**

http://ucanr.org/4-hvolunteers/

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**LINKS YOU CAN USE!**

4-H uniform page
http://4h.ucanr.edu/About/Uniform/

California 4-H Uniform Guidelines
http://4h.ucanr.edu/files/216262.pdf

Leslie Carman 4-H Supplies
http://www.4hsupplies.com/

California 4-H Branding Toolkit
http://4h.ucanr.edu/Resources/Branding_Toolkit/

California 4-H Dress Guidelines
http://4h.ucanr.edu/files/210170.pdf

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**KERN COUNTY 4-H IS ON FACEBOOK!**

Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and 'like' us! We will post updates, important event reminders, announcements—all sorts of important things! It’s the best way to keep up-to-date!
Check Us Out!!!

Kern County 4-H is stepping up our high tech skills! We now have the ability to send out TEXT reminders about upcoming events, deadlines, meetings, updates, etc. If you’d like to sign up for our updates, please follow the steps below!

Kern County 4-H would like you to join Kern County 4-H Updates!

WHAT IS REMIND AND WHY IS IT SAFE?

Remind is a one-way text messaging and email system. With Remind, all personal information remains completely confidential.

Visit www.remind.com to learn

To receive messages via text, text @kc4hupdate to 81010. You can opt-out of messages at anytime by replying, ‘unsubscribe @kc4hupdate’.

Trouble using 81010? Try texting @kc4hupdate to (510) 246-3493 instead.

*Standard text message rates apply.