FOOD DRIVE SUGGESTIONS

We recommend **non-perishable items** for most food drives and monetary donations are great help too!

If possible please keep cans separate from glass jars and/or crushable boxed items.

Some drives are a competition among the organization based on pounds of food donated. In this case, heavy is better! Some ideas of desirable heavy items: Sugar, coffee, peanut butter, bags of rice, beans or potatoes (5 lbs. and under pkgs. are best).

**Items we love to receive:**

**MEAT AND PROTEIN**
- Canned fish, meat, chicken or stews
- Chunky soup
- Chili
- Spaghetti sauce
- Spaghetti or ravioli
- Macaroni and cheese
- Peanut butter
- Canned beans and pork and beans

**VEGETABLES**
- Soup
- Canned vegetables
- Instant potatoes

**FRUITS**
- Canned fruits

**MILK**
- Canned Evaporated milk
- Infant formula

**STAPLES**
- Cereal
- Crackers
- Cake, cookie, muffin, or pancake mix
- Pasta
- Rice
- Sugar
- Coffee
- Beans
- Meals in a box, e.g. Mac & Cheese
- Jams, Syrup, Dressing in plastic bottles