### September 2010

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>06</td>
<td>UC EXTENSION Office Closed for Labor Day Holiday</td>
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</tr>
<tr>
<td>11</td>
<td>Horse show, 8:00 a.m.</td>
<td>Harold Tolbert</td>
</tr>
<tr>
<td>18</td>
<td>Project Linus: Make a Blanket Day</td>
<td>Michelle Willis</td>
</tr>
<tr>
<td>18</td>
<td>KC Fair Workday</td>
<td></td>
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<tr>
<td>09/23-10/03</td>
<td>The Great Kern County Fair</td>
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*Indicates meeting is held at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA

### October 2010

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-9</td>
<td>National 4-H Week</td>
<td>John Borba</td>
</tr>
<tr>
<td>21</td>
<td>*New Leader Orientation, 7:00 p.m.</td>
<td>Harold Tolbert</td>
</tr>
<tr>
<td>25</td>
<td>*Horse Leader’s Meeting, 6:30 p.m.</td>
<td>Harold Tolbert</td>
</tr>
<tr>
<td>26</td>
<td>*Project Chair Meeting, 6:00 p.m.</td>
<td>Joline Garone</td>
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<tr>
<td>26</td>
<td>*Leader’s Council, 7:00 p.m.</td>
<td>Joline Garone</td>
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<tr>
<td>30</td>
<td>Horse Awards &amp; Dinner, 4:00 p.m., Location TBA</td>
<td>Harold Tolbert</td>
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### Project Chair Meeting

**When:** 09-07-2010 @ 6:00 p.m.

**Where:** Extension Office

**Subject:** Recruitment of new members at the Kern County Fair

If you have any questions or comments please contact Joline Garone at 661-204-7050

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Attention Poultry Exhibitors
Check in time for the Kern County Fair has been changed to Friday, September 24, 2010, from 8:00 a.m. until Noon only. Poultry judging will be on Saturday, September 25th starting at 8:00 a.m. and this year the Showmanship will be on Sunday not Monday.

If you have any questions please call Melanie at 661-703-3777 or Orville 661-201-0708.

4-H Websites
http://www.areyounoit.com
http://www.fourhcouncil.edu
http://www.4-h.org/fourweb
http://www.ca4h.org

4-H Enrollment Website
https://california.4honline.com

Washington Focus 2011
Citizenship Washington Focus (CWF) is a week-long 4-H citizenship program for youth ages 14-19. Thousands of young people from across America stay at the National 4-H Youth Conference Center, near Washington, D.C., every summer to participate in the program, which provides opportunities for young people to:

- Strengthen their communication, leadership, and citizenship skills on a national level.
- Understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders.
- Exchange ideas, practice respect, and form friendships with other 4-Hers from across the country with diverse backgrounds.
- Experience hands-on learning using the historical classroom of our nation’s Capital city, Washington, D.C.

This summer, we have almost 1500 young people participating in the CWF program. Follow #4HCWF on Twitter to see up to the minute postings about what CWF 2010 is up to right now and visit the CWF website (www.4hcwf.org) to learn more about the CWF program. You can view videos under the media tab, read testimonials under the testimonial tab, or take a look at the CWF schedule under the registration tab.

Registration for CWF 2011 is now open! This is a once in a lifetime experience that allows your young people to see the world from a new perspective. Don’t let your 4-Hers miss out on this national citizenship and leadership opportunity. All you need to do is gather a group of 5 or more participants (including both youth and chaperones), visit the Citizenship Washington Focus website (www.4hcwf.org) and click on the registration tab to follow the steps to register your delegation. We are excited to host you and your young people in Washington, D.C. next summer!

Maternity Leave
Veronica Slaton will be on Maternity leave until November 1, 2010.

How do I reach my local 4-H Office?
John Borba 4-H Advisor jaborba@ucdavis.edu 661-868-6216
Veronica Slaton 4-H Program Rep. II vaslaton@ucdavis.edu 661-868-6235
Kimberlee Claffy 4-H Secretary kgclaffy@ucdavis.edu 661-868-6233
(Technical Projects Only)
Terrance Stroman Outreach/Prevention tdstroman@ucdavis.edu 661-868-6200
Berney DeLaCruz Operation Military Kids bdelacruz@ucdavis.edu 661-868-6227
Fax Number 661-868-6208

Volunteer Website
The volunteer leader website is a new interactive and growing site that can be seen at http://ucanr.org/4-hvolunteers/. There are sections that will change monthly, a 4-H Blog, 4-H Volunteer Voices, and updates in the program. In order to build this new section of the website, please send any recent stories of 4-H in the news in your community that you would like to share. You can email these stories to: fourhstateofc@ucdavis.edu
4-H Hat Etiquette
What you may put on your cap

Left Side
Place the Bronze, Silver, Gold, or All-Star 2” from the front. Only the current Star Rank held may be worn.
Place the Junior or Teen Leader emblem behind the star. This is worn only while the member is serving as a Junior or Teen Leader.
Fasten the All-Star pin to the center of the All-Star emblem.

Right Side
Place a year pin and stripe for each completed 4-H year behind the 4-H emblem, with the first year next to the 4-H Clover.
Junior members wear a white stripe on a green background. Senior members wear a green stripe on a white background. Junior Leaders use a gold stripe on a green background and Teen Leaders use a gold stripe on a white background.
Medals received in the California Incentives and Awards Program may be worn on either side of the cap. No other pins or ribbons are to be worn on the cap at any time. The 4-H cap should reflect the dignity of the 4-H Youth Development Program and not be cheapened by fastening to it every emblem, award, and ribbon won by the member. Some items not to be worn on the hat include buttons, fair medals, or all three stars at the same time.

Which, When, and Where?
Wearing a 4-H cap is not a requirement for membership. If a member chooses to wear a cap the following guidelines should be observed.

Green or White?
Junior members wear the green cap. A junior member is anyone in the 8th grade or below. Senior members wear the white cap. A senior member is anyone in 9th grade and above.

When to Wear?
Girls may wear the 4-H cap anywhere girls usually wear hats -- 4-H meetings, events, public gatherings and in church.
Boys do not wear the cap in church, at meals or at memorial services, indoors or outdoors, unless they are serving as color guards. Boys serving as color guards wear their caps until the flags are placed and they are seated. When saluting the American flag, remove your cap and hold in your right hand, over your heart.

Where to Get?
Obtain 4-H caps from the local club leader who purchases them from Leslie Carman. The manufacturer sews the 4-H emblem on the right side of the cap. For information on obtaining a cap, scarf, or tie locally, contact the Extension Office at 661-868-6233.

2010 California State 4-H Classic Horse Show
Submitted by: Melissa Hardy, Golden Empire

On June 24th – 26th, five friends and I attended the 2010 CA State 4H Classic Horse Show in Watsonville, CA. All the riders worked very hard preparing their horses for this state-wide competition, and were rewarded with awesome placings.

Michelle Williams: All-Around English Champion 13 & Under
Donnellia Gonzales: 3rd Place; Versatility
Eliza Zimmerle: 2nd Place – Western Horsemanship & English Equitation 13 & Under
Blake Slauson: 3rd Place – Western Horsemanship Walk/Jog
Taylor Slauson: 1st Place – Trail 13 & Under

This year a fun class was added; “Versatility”. In this class, riders were judged in English Pleasure, and then they had three minutes to do a complete tack change with the help of their teammates and be ready to show again in Western Pleasure. To determine the winner, the horse and rider must also complete a Cloverleaf Barrel Pattern. It was worth the 5 hour drive just to watch the parents push overflowing wheelbarrows across the arena at a full run!! We had a great time showing together in the 60° weather and making memories that will last a lifetime. I highly encourage more families to show next year. Watch the 4H newsletter for entry dates.

4-H Fee Changes for 2010
With the beginning of the 2010 4-H YDP year, July 1st, State 4-H program fees will increase to $15 per youth member. 4-H adult volunteer fees will remain at $6. The Statewide 4-H program fees provide accident insurance for 4-H members and volunteers and a variety of program supports.
Community Make a Blanket Day

WE Remember...

September 11, 2010, 9:00 a.m. – 3:00 p.m.
The Church of Jesus Christ of Latter-day Saints
5500 Fruitvale Ave., Bakersfield CA

We want to make this a special day as we remember those that have and are serving our country. If you have a special memory of someone that helped at Ground Zero in New York or has served or is serving our country. We will have a short program to pay tribute to these great Americans. Please mail your memory to Michele Willis, 10720 Palm Ave, Bakersfield, CA 93312.

Help us serve the special needs of children in our area and the heroes of our country

- Please bring scissors/sewing machine & accessories.
- You may bring completed blankets ready to donate.
- Fabric (cotton, flannel, fleece) batting (not stuffing) in 1 ½ yard lengths and yarn may be donated.
- NO EXPERIENCE NECESSARY All help is appreciated & you do not have to bring anything to participate.
- All styles of blankets may be donated….crocheted, knitted, flannel, quilted, fleece.
- Blankets preferably not smaller than 45x36
- Blankets are for infants through teen years, so any size is appropriate.
- Learn how to crochet, quilt - Knitters & Crocheters welcome.

For more information contact: Michele Willis, Project Linus Chapter Coordinator 589-1854 or quilts4kidz@sbcglobal.net or www.projectlinusbakersfield.com

4-H Policy at a Glance

The University of California Cooperative Extension 4-H Youth Development Program Policy Handbook contains all the rules and guidelines that administer the 4-H program. The handbook uses the term “unit” instead of club. The handbook can be accessed online at: http://www.ca4h.org/Administration/Policies/

An item from the handbook will occasionally be included in the 4-H newsletter to keep members, leaders, and parents informed of current policies. The policy item will be posted first as a question for you to test your knowledge. The correct answer and where it is located in the policy manual will then be included for your convenience.

Question: Are 4-H meetings open to the public as specified in the Brown Act?

Answer: No. The Ralph M. Brown Act (“Brown Act”) enacted in 1953, applies solely to California’s city and county government agencies, boards, and councils. California 4-H Youth Development Program meetings are not open to the public and are not subject to the Brown Act. The only exception would be a meeting/activity to which the public was expressly invited, such as a membership drive. This information was taken from Chapter 8: 4-H Council/Unit Management, Section VII. Brown Act and 4-H Unit/Council Meetings.

4-H National Youth Science Day

The third annual 4-H National Youth Science Day will be held nationally on Wednesday, October 6, 2010. Created to combat a shortage of American young people pursuing science college majors and careers, 4-H National Youth Science Day seeks to spark an early youth interest and leadership in science.
The State 4-H Leaders Forum provides a weekend retreat for 4-H volunteers across California to gather for networking, education, relaxation, and fun. Volunteers of all ages, experiences, and locations share this opportunity to further their volunteering "career," find new inspirations, and bring new ideas home to their counties and clubs. The conference is sponsored by the State 4-H Leaders' Council and the 4-H section planning the conference. Come to the most beautiful place on earth where the land meets the sea. Discover the Monterey-Carmel world with all its wondrous sights, historic sites, amazing attractions, and unique shopping opportunities.

Some of the best, most practical learning for 4-H leaders happens there. You’ll come home loaded with ideas and activities and the enthusiasm to implement them. Your County 4-H Program becomes stronger because you went. You will return with a deeper understanding of the 4-H mission, a stronger sense of what has to happen to accomplish it, and an expanded capacity to make it happen.

Talk with the 4-H leaders, staff and parents in your club and county, form a group, and come to experience "Upgrade, S.E.T. Your System, GO!" at the 2010 California State 4-H Leaders' Forum! The South Section Forum Committee has been working hard to create an event that will be a fun, stimulating, and educational. The 2010 California State 4-H Leaders' Forum that will have something for everyone: new leaders, experienced leaders, befuddled leaders, staff, and parents. Come share your 4-H community service, outreach, fundraising, new projects, and any other ideas/activities with the 4-H leaders, staff and parents throughout the state of California. At the same time, learn new ideas to take back with you to your club and/or county.

This year, the forum committee decided that it is time to change our mind S.E.T., focusing on sharing ideas about the various ways that the 4-H Youth Development Program educates its members in the S.E.T. initiative. S.E.T. can be integrated into any existing project and into county events. There will be opportunities to listen to speakers, to attend a wide selection of workshops, and to enjoy entertainment. Additional activities will fit the needs and interests of every 4-H leader, staff, or parent, including friendly competition at the silent auction.

Tentative List of Workshops
- Water Conservation and Quality 4-H Projects with There's No New Water! curriculum
- Applying Bio-Security Measures in 4-H Animal Science Projects
- Engineering Challenges
- Digital Photography
- Basic Computer Animation
- Online Tools for 4-H Clubs
- Designing Flyers and Brochures
- Engineering projects with TechXcite
- Handmade Little Books
- Growing 4-H: How One Club Does It
- Growing Youth Who Thrive
- Volunteerism 101
- Working with Special Volunteers
- Cardboard Automaton
- 4-H2O in Your 4-H Program
- Bring Them Back Alive: For Chaperoning
- Open Up The World: International Exchange
- Experience Government and Leadership
- Positive Communication and Thinking
- Fingerknitting
- Train-the-Trainer Babysitting Course
- Building a Successful Complaint Review Board

Date: Check-In at 3:00 p.m. Friday, November 5 through noon, Sunday, November 7, 2010.
Location: Asilomar Conference Center in Pacific Grove, CA
Registration: $45
Housing & Meals: $264.12 (double) or $204.40 (triple/quad)
Deadline: September 1
More information is available at http://www.ca4h.org/Programs/Conferences/SLF
Attention High School Members
Are you a high school 4-H member looking to get to know more high school 4-H’ers?!? Well HI 4-H is the place for you! HI 4-H meets once a month to have an activity, and help out at events around the county. If you would like to be a part of the 2009-2010 HI 4-H year, you must join by November 2, 2010. There will be a New Member Reception for anyone wanting information on HI 4-H, Tuesday, November 2, 2010, 6:00 p.m., at the 4-H Office. Parents are encouraged to come with their 4-H member! This will be a time where you can meet other HI 4-H members and ask any questions you may have!!! (Light refreshments will be served.) If this conflicts with your wanting to get out and vote, please let us know.

If this sounds like something you would be interested in please contact Kimberlee Claffy at 661-868-6233.

Club Officer’s Training
Saturday, November 6, 2010
Will the meeting please come to order! The 4-H Club Officer’s training will be held Saturday, November 6, 10:00 a.m. at the Extension Office. There will be separate workshops for President and Vice President, Secretary, Treasurer, Historian, Recreation and Sergeant at Arms. Parliamentary procedure will be covered in a group session. Everyone will learn games and ice breakers to take back to your club meetings. Clubs plan to send your officers. Parents and leaders are welcome to attend.

Congratulations Janelle!
Janelle Schaufelberger of Calloway 4-H was selected as a recipient of the 2010 California Higher Education 4-H ASFMRA Agriculture Scholarship. Janelle applied for this statewide award and was selected by the State committee to receive this 2-year scholarship.

4-H Stories Needed
A committee is working to revise the Officer Manual at the State Office and they need your help. Consider showcasing your work by writing a short story about your challenges, joys, or learning experiences from being a 4-H club officer. Topics can include, but are not limited to:

- Youth development;
- Overcoming obstacles;
- Thriving through engagement;
- Youth-adult partnerships;
- Parliamentary procedures;
- Stories about being in a particular club officer role (president, treasurer, etc.);
- Strategies for club officer success;
- Funny club officer anecdotes/stories
- Goat setting/management for club officers.

Submit your stories for consideration and possible publication to Ravi Rangi no later than 5:00 p.m., Sunday, September 26, 2010. Email stories to: rsrangii@ucdavis.edu

Record Book Tips
Kern County Fair
Attended 3
Fair Work Day 3
Project Exhibited 2
Showmanship 2
Grand Champion 7
Feature Booth 7
Specially Species Contest 2

Old Dress Revue Photos
The State 4-H Fashion Revue committee is compiling a manual for the state event which can also be used for enhancing county events. We are looking for history and photos from the Dress Revue or Fashion Revue (as it was later called) which was held during the State Leadership Conference at UC Davis. If you have any historical facts, tidbits, or photos could you please send them to me? If you could scan the photographs or news articles that would be appreciated. If you send me originals, I will scan them and mail them back. Thank you so much!

Please send materials to Sue Moore at samoore@ucdavis.edu<mailto:samoore@ucdavis.edu>
CA State 4-H Fashion Revue 2011

Make Fashion Cents with the $15.00 Challenge

Do you enjoy shopping? Do you look for great buys? Do you like to check out garage sales, thrift stores, or consignment shops? Have you ever brought your own ‘special touch’ to an outfit that makes it unique and individually YOU?

The $15.00 Challenge encourages you to:
• Shop in new places with a new perspective
• Be a wise consumer
• Put together a really great outfit

What you will learn:
• To locate clothing that makes you look and feel great
• To use expert shopping skills
• To find a bargain with high value
• To develop decision making skills
• To interact with the judges and share your windfalls and experiences in 30 seconds
• To communicate with the audience with your fashion show commentary

The rules:
• The spending limit is $15.00 for a complete outfit. This may include a jacket or vest and should give a coordinated total look.
• Shoes are not included in the $15.00 but anything else that shows is, including jewelry and accessories.
• Receipts are required, although they can be handwritten from garage sales.
• Sources may include garage sales, consignment stores, thrift stores, Goodwill, Salvation Army, etc.
• 4-Hers must qualify for the state event (SFR) by being the county challenge winner in their county Fashion Revue.
• Complete information about State Fashion Revue and entry procedures is available at the CA 4-H website for SFR, http://www.ca4h.org/Programs/Events/SFR/

Something to think about:
Enterprising 4-H Clubs may want to have their own garage sale. You can raise money for your club or another worthy organization. You might donate the unsold garments to a homeless shelter, dress for success center, or other locations that help people. Service to others is an important part of 4-H.

Help us win big! Play the State Farm® Go To Bat for Charity Game.

All you have to do to play is visit the State Farm Site and pick "Human Services" as your charity category, then pick "National 4-H Council" as your charity. Follow the instructions to sign up then Go To Bat and hit some home runs to win points (entries) for you and 4-H.

Here's how you and National 4-H Council can win:

Every person that signs up and selects "National 4-H Council" earns Council 1 point.

When you play the homerun derby, you have a chance to hit 10 homeruns. Each homerun counts as a point.

You can play once a day and every week one person will be randomly selected to win a trip for 2 to the World Series or a Cash Prize! The more home runs you hit, the more entries in the weekly drawing.

The charity with the most points will win $25,000! The promotion ends when the baseball season ends (9-26-2010), so hurry up and swing for the fences and win for you and Council!

The State Farm site has all the details so visit them today and start playing. Make sure you forward this email to your friends so we can let everybody know about this great opportunity.

http://n4h.convio.net/site/MessageViewer?dlv_id=5521&em_id=1725.0
Date: October 16, 2010, 9:30 – 3:00

Place: Cache Creek Nature Center, 14199 County Rd 20, Woodland CA 95695

Cost for this fabulous training: $20.00, which includes lunch, satisfying snacks, and of course, gourmet s’mores.

Who is invited: Camp directors, camp education directors, camp staff, 4-H members, volunteers, parents, staff, teachers, and anyone interested in promoting environmental education and wildlife management in your camp setting.

What to expect:

- CAL 4-H WHEP Advisory Team will share its revised, revamped, and innovative materials. All activities from previous editions have been reviewed and updated.
- A network of people with similar interests on whom to rely for assistance.
- Satisfaction for participating in a great environmental learning and growth experience while enjoying the variety of habitats at Cache Creek Center.
- Participants will receive…
  - California 4-H WHEP Camp Activity Manual and Staff Booklet
  - California 4-H WHEP Activity Guide
  - Assorted “stuff” and surprises for educational enhancement

Participants are asked to bring a healthy imagination, energetic stamina, and your own water cup/bottle. The water at the center is very tasty and plastic bottles are not welcome.

Registration and Fee Deadline: October 6, 2010

Contact: Mary Engebreth, (707) 996-2981, maryengebreth@comcast.net
2010 Experiment to Focus on Water Quality - 4-H2O
The 2010 National Science Experiment, 4-H2O, will focus on water quality and climate change. Using a three-tiered experiment model, the experiment engages youth of all ages to learn at the simplest level how carbon dioxide can affect aquatic animals, plants and other living organisms in lakes, streams, rivers and oceans. Facilitators will lead discussions to help youth better understand climate change. Visit the national website for more information - https://www.4-h.org/NYSD/

4-H National Youth Science Experiment Events in the Community
The 4-H National Youth Science Experiment is the perfect opportunity to promote 4-H to the community while sparking the interest of youth in learning more about 4-H science, engineering, and technology activities. In 2010, counties are encouraged to host at least one large NYSE event at a public venue. This could be at an existing community festival or a stand alone 4-H event. The event may be planned by the County 4-H Office, a group of 4-H volunteers and members, an All Star team, an Emerald Star project, or by a 4-H Club.

Shooting Sports Volunteer Trainer Course
Shotgun Discipline
2300 Vichey Springs Rd., Ukiah, CA 95482
Saturday October 23, 2010 - 8:00 a.m. – 5:00 p.m.
Sunday, October 24, 2010 – 8:00 a.m. – 5:00 p.m.
Upon successful completion of this course, 4-H leaders will be certified Trainers in the shooting sports discipline of Shotgun. They will be certified as Trainers and be eligible to serve as a Trainer for other shooting sports leaders in Shotgun. There is a $30 fee for the course. To get more information or register for the class contact Linda Edgington at lgedgington@ucdavis.edu or call 707-463-4495.