

The 4-H Network

Connecting all of Kern County

AUGUST 2011

3	*Rabbit Showmanship, 7:00 p.m.	Jana Goens 661-588-2094
9	*Community Club Leader Workshop, 7:00 p.m.	John Borba 661-868-6216
9	DUE: Records Books due for the Kern County Fair DUE: Re-enrollment <i>and</i> Enrollment Fees for Fair Exhibitors	Veronica Slaton 661-868-6235
12	Achievement Program, 7:00 p.m.	Teresa Andrews 661-979-1003
10	*Rabbit Showmanship, 7:00 p.m.	Jana Goens 661-588-2094
17	*Rabbit Showmanship, 7:00 p.m.	Jana Goens 661-588-2094
18	*Community Club Leader Meeting, 3:00 p.m.	John Borba 661-868-6216
20	Horse Show, 7:30 a.m., Parker's Arena	Harold Tolbert 661-205-1975
22	*Horse Leader Meeting, 6:30 p.m.	Harold Tolbert 661-205-1975
23	*Community Club Leader Meeting, 6:00 p.m.	John Borba 661-868-6216
23	*Leader Council Meeting, 7:00 p.m.	Christopher Deniz 661-978-6974
24	*Rabbit Showmanship, 7:00 p.m.	Jana Goens 661-588-2094

SEPTEMBER 2011

1	Project Chair Meeting for Recruitment, 6:00 p.m.	Veronica Slaton 661-868-6235
5	Office Closed for observance of Labor Day	
10	Horse Show, 8:00 a.m., Parker's Arena	Harold Tolbert 661-205-1975
16	Harvest Hall Exhibits	
17	Kern County Fair Work Day	
9/21-10/2	Kern County Fair	
*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA		

HIGHLIGHTS IN THIS ISSUE

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Do you have a photo
for the newsletter?
E-mail photos to
vaslaton@ucdavis.edu

NEWSLETTER DEADLINE!
 Articles/photos for the next
 issue of *The 4-H Network*
 must be received by
August 22.

Kern County 4-H
 1031 S. Mt. Vernon Avenue
 Bakersfield CA 93307-2851
 Phone: 661-868-6200
 Fax: 661-868-6208
cekern@ucdavis.edu



Farewell to Terrance Stroman.
 Terrance directed the 4-H Outreach
 Program and is leaving July 30th.
 Terrance has worked with us for
 almost 4 years, and his program has
 made a difference in the lives of
 many youth!

4-H WEBSITES

<http://www.areyouintoit.com>
<http://www.fourhcouncil.edu>
<http://www.4-h.org/fourweb>
<http://www.ca4h.org>

4-H ENROLLMENT WEBSITE

<https://california.4honline.com>

4-H VOLUNTEER WEBSITE

<http://ucanr.org/4-hvolunteers/>

LOCAL 4-H OFFICE

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4-H POLICY AT A GLANCE

The *University of California Cooperative Extension 4-H Youth Development Program Policy Handbook* contains all the rules and guidelines that administer the 4-H program. The handbook uses the term "unit" instead of club. The handbook can be accessed online at: <http://www.ca4h.org/Administration/Policies/>.

An item from the handbook will occasionally be included in the 4-H newsletter to keep members, leaders, and parents informed of current policies. The policy item will be posted first as a question for you to test your knowledge. The correct answer and where it is located in the policy manual will then be included.

Question: *Are 4-H clubs or councils allowed to have prayers or political announcements?*

Answer: *4-H clubs or councils can not have prayers or political announcements.*

A. Prayer and Political Announcements:
4-H YDP events and activities cannot include prayer or political announcements. See [National 4-H Headquarters Fact Sheet on Religion and University Neutrality on Religious and Political Matters](#).

This information was taken from Chapter 8: *4-H Council and Unit Management*, Section IX. *Religious & Political Activities*, E. *Prayer & Political Announcements*.

KERN COUNTY 4-H IS ON FACEBOOK!

Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and 'like' us! We will post updates, important event reminders, announcements—all sorts of important things! It's the best way to keep up-to-date!

CLUB WEB PAGES OR FACEBOOK PAGES

There are now **IMPORTANT** guidelines set in place about your club having a web page or social media page (Facebook). The 4-H Office **MUST** know about any club pages. There is now a form to be filled out, and signed, that is required to be kept on file. These guidelines are on our County website under '[Kern County Forms](#)'. If your club already has one of these, please fill out the form and make sure that your page is following the policies as soon as possible.

4-H ENROLLMENT FEE INCREASES FOR 2011-2012

The enrollment fees for membership for the 2011-2012 program year will be as follows:

Youth Membership.....\$20

Adult Membership.....\$6

KERN COUNTY LEADER COUNCIL

The Kern County Leader Council meetings are open to all 4-H leaders, members, and parents. We encourage you to attend and participate. Attendance for the June Council meeting is as follows:

<u>4-H Club Represented</u>	<u>No. of Attendees</u>
Buttonwillow	1
El Adobe	1
Four Seasons.....	1
God's Pride	4
Heart n' Home.....	2
Kern Creative Minds	2
Kern Delta	2
Magunden	1
Panama.....	2
Sierra Mountaineers.....	2
Southwest	7
West Bakersfield	2

CONGRATULATIONS TO CORA PADILLA!

Cora Padilla of Kern Creative Minds 4-H Club was selected as the 2011 Kern County 4-H Leader Council scholarship recipient.

Cora will receive a \$450 scholarship to assist her in her pursuit of a higher education.

FIND US ON FACEBOOK:

Kern County 4-H

And now we're on Twitter too!

@KernCounty4H

RECORD BOOK TIPS FOR AUGUST

<u>ACTIVITY</u>	<u>PDR CATEGORY</u>
Achievement Program	
Attended-----	3
Server-----	4
Horse Show	
Attended-----	3
Exhibited-----	2
Showmanship-----	2
Rabbit Clinic	
Attended-----	3
Participated-----	2

4-H MEMBERS EXHIBITING AT THE FAIR

The 4-H program year runs from July 1st to June 30th each year. When the Kern County Fair takes place, it is already almost three months into a **new** program year; it is not the conclusion of the previous year. Those who exhibit at the Kern County Fair need to be enrolled in the 4-H online system to be covered by insurance. **The following three items need to take place for those wishing to exhibit at the 2011 Kern County Fair:**

Record books for each 4-H member exhibiting at the fair are due at the Extension Office by Tuesday, August 9, 2011. Cloverbuds are exempt from this rule.

4-H members must re-enroll online or have a completed paper enrollment turned in to the Extension Office by August 9, 2011.

Enrollment fees for 4-H members exhibiting at the fair must be turned in to the Extension Office by August 9, 2011.

Those members who have complied with all of these requirements will have their names submitted to the Kern County Fair Office as cleared to exhibit.

VOLUNTEER RECORD BOOK WEBINAR

Volunteers may login to a state informational webinar on **August 23rd at 6 PM**. This one hour webinar will give volunteers a first look at the many innovative features in the California 4-H Youth Development Program Online Record Book system. Space is limited to the first 150 volunteers to login to the Adobe Connect system. The webinar is FLASH based and will require that your home computer is properly setup with speakers or headphones. This session will be recorded and will be available to Volunteers to view at a later date. Contact Quang "Hogan" Tong if you have any questions at qtong@ucdavis.edu.

Adobe Connect:

<http://uc-d.adobeconnect.com/volunteer/>

CATTLE T.B. TESTING

Dr. Martin has agreed to again this year provide to the exhibitors of cattle at the Kern County Fair a no cost T.B. testing Clinic. The Testing date is Aug 5th for the injection and Aug 8 for the reading of the test. **Exhibitors wishing to take advantage of this free testing must bring their cattle to the Fairgrounds on Aug. 5th between 5 pm and 7 pm for the injection and then must return the animals to the Fairgrounds on Aug. 8th between 5 pm and 7 pm for reading of the test by Dr. Martin.** We will again be using the beef barn area to do the testing. If you need more information, please contact Roger Riley at 832-9053.

"MY PLATE" DIETARY GUIDELINES REPLACE FOOD PYRAMID



The *2010 Dietary Guidelines for Americans*, launched in January of this year, form the basis of the federal government's nutrition education programs, federal nutrition assistance programs, and dietary advice provided by health and nutrition professionals. The *Guidelines* messages include:

Balance Calories

- Enjoy your food, but eat less.
- Avoid oversized portions.

Foods to Increase

- Make half your plate fruits and vegetables.
- Switch to fat-free or low-fat (1%) milk.
- Make at least half your grains whole grains

Foods to Reduce

- Compare sodium (salt) in foods like soup, bread, and frozen meals, and choose foods with lower numbers.
- Drink water instead of sugary drinks.

MEMBER RECORD BOOK WEBINAR

Members may login to a state informational on **August 30th at 6 PM**. This one hour webinar will give members a first look at the many innovative features in the California 4-H Youth Development Program Online Record Book system. Space is limited to the first 150 members to login to the Adobe Connect system. The webinar is FLASH based and will require that your home computer is properly setup with speakers or headphones. This session will be recorded and will be available to Members to view at a later date. Please contact Quang "Hogan" Tong if you have any questions at qtong@ucdavis.edu.

Adobe Connect:

<http://uc-d.adobeconnect.com/members/>

KERN COUNTY 4-H LEADER COUNCIL OFFICERS

The 2011-2012 Kern County 4-H Leader Council officers were selected at the June meeting. Listed below are the Executive Board and Project Chairs for the coming 4-H program year.

EXECUTIVE BOARD

President	Christopher Diniz	Southwest 4-H
Vice-President	Chuck Sears	West Bakersfield 4-H
Secretary	Jeanne Walford	God's Pride 4-H
Treasurer	Harold Bulford	Heart n' Home 4-H
Ag Coordinator	Harold Tolbert	Sundance 4-H
Home Economics ...	Judy Rose	Kern Delta 4-H
Co-Coordinators	Jeanne Walford	God's Pride 4-H

PROJECT CHAIRS

Clothing	Kathy Bird	West Bakersfield 4-H
Cloverbuds	Karen Bayne	God's Pride 4-H
Dairy Cattle	Herman Porter	Southwest 4-H
Dairy Goat	Harold Bulford	Heart n' Home 4-H
Dog	Claudia Burk	Countywide 4-H
Food/Nutrition	Ana Williams	Calloway 4-H
Horse	Harold Tolbert	Sundance 4-H
Market Goat	Paul Hudson	Southwest 4-H
Photography	Melanie Shugart	Shafter 4-H
Poultry	Orville Andrews	Southwest 4-H
Pygmy Goat	Nancy Hillberg	Heart n' Home 4-H
Rabbit	Jana Goens	Calloway 4-H
Rocketry	Paul Hudson	Southwest 4-H
Scholarships	Teresa Andrews	Southwest 4-H
Sheep	Jeffrey Chesser & Charlie Forshee	Countywide 4-H
Shooting Sports	Orville Andrews	Southwest 4-H
Swine	Chuck Sears	West Bakersfield 4-H

STATE LEADERS' FORUM 2011

The Annual State Leader's Forum is on-line and ready to go! Mark your calendars for **Nov 11, 12, 13, 2011** and come to beautiful Pacific Grove to share in the learning and fun of volunteer leaders.

4-H: The Magic of Transformation. You have the opportunity to share new ideas, discuss current issues, connect with leaders across the state and most importantly, transform yourself and your program from ordinary to extraordinary.

Registration forms are online at www.Ca4h.org. Follow the tabs from Programs to Conferences to State Leader's forum. You can also follow us on Facebook www.facebook.com/4HSLF.

Register now for an early bird discount!

Because we are beginning this conference on a very auspicious day (11-11-11) in a very auspicious place (Asilomar State Park by the sea) expect some especially wonderful events! Can't wait to see you there! For more info: Tacy Currey-Registrar: tacy@curreyranch.com or Vicky Bosworth-Chair: vgboz@comcast.net

SHARE YOUR VOICE:

4-H HEALTHY LIVING NEEDS ASSESSMENT

If you could improve the health in your 4-H club, where would YOU start? The 4-H Healthy Living Initiative Advisory Committee wants to hear about what is currently taking place within your county and club programming, and how the healthy living components and practices of California 4-H can be strengthened. To put it simply, we want to know how we can BEST provide the desired programs, resources, and activities that will benefit your 4-H community. Represent Kern County and have your voice heard: <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=5768>

TRAINING FOR 4-H LEADERSHIP PROJECT LEADERS ON THE WAY!

In the coming months, 4-H Thrive Master Trainers will be working to organize trainings for Project Leaders in your county. Look for training for adult volunteers who will be leading Leadership Projects starting in fall 2011 as part of the first phase of the 4-H Thrive rollout. Don't currently have a Leadership Project in your club or county? The team of Master Trainers from your area will be working with State 4-H Office staff to help plan flexible options for setting up and training new Leadership Project Leaders. Keep an eye out for further details from your county Master Trainer team.

KERN COUNTY 4-H SHEEP PROGRESS SHOW DIVISION A: SHOWMANSHIP RESULTS

(entry by grade currently in)

CLASS 1: 9th grade and above:

1 st Place	Nevin Thomas	Kern River 4-H
2 nd Place	Amber Isbell	Kern River 4-H
3 rd Place	Jaycee Shugart	Shafter 4-H
4 th Place	Marcelline Padilla	Kern Creative Minds 4-H
5 th Place	Christopher Fernandez	Delano Ag 4-H
6 th Place	Erik Jensen	Kern River 4-H
7 th Place	Austin Charles	Kern River 4-H

CLASS 2 & 3: 3rd through 8th grade:

1 st Place	Logan Colunga	Golden Empire 4-H
2 nd Place	Grant Rogers	Golden Empire 4-H
3 rd Place	Tucker Colunga	Golden Empire 4-H

CLASS 4: Novice 6th grade & above - 1st year lamb project members only:

1 st Place	Kyle Fields	Kern Creative Minds 4-H
2 nd Place	Noah Ostly	Kern Creative Minds 4-H
3 rd Place	Maria Snella	Kern River 4-H

CLASS 5: Novice 3rd, 4th & 5th grade or 9 years old members as of 1/1/2011

1 st Place	Baylee Saldino	Shafter 4-H
2 nd Place	Donnie Roy Daves	Shafter 4-H
3 rd Place	Lillian Peterson	Shafter 4-H
4 th Place	Sarah Ostly	Kern Creative Minds 4-H
5 th Place	Sydney Camarillo	Kern River 4-H

2011 JUDGE: Mr. Jordan Dooley

2011 SILK AND SILVER

Attention All Horse Exhibitors

COME JOIN THE MAGIC!
Wednesday, September 21st
6:00 pm, Main Arena

We want bigger class sizes! IF there are 5 or more exhibitors in each class (jr. and sr.) we will have the following prizes:

- Junior- 1st place, electronic device valued at \$250
- Senior- 1st place, electronic device valued at \$250
- All exhibitors will receive grooming supplies and/or gift certificates to local retailers

Recruit your friends! Remember, this class is weighted 50% on costume and 50% on showmanship. It is NOT a sewing class.

For questions or comments contact Elissa Watts
elissa6470@yahoo.com or 661-809-9773



Dear 4-H Community:

Citizenship Washington Focus (CWF) is a week-long, 4-H citizenship and leadership program for youth ages 14-19. Thousands of young people from across America stay at the National 4-H Youth Conference Center, near Washington, D.C., every summer to participate in the program, which provides opportunities for young people to:

- Strengthen their communication, leadership, and citizenship skills on a national level.
- Understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders.
- Exchange ideas, practice respect, and form friendships with other 4-Hers from across the country with diverse backgrounds.
- Experience hands-on learning using the historical classroom of our nation's Capital city, Washington, D.C.

Registration for CWF 2012 is now open! This is a once in a lifetime experience that allows your young people to see the world from a new perspective. Don't let your 4-Hers miss out on this national citizenship and leadership opportunity. All you need to do is gather a group of 5 or more participants (including both youth and chaperones), visit the [Citizenship Washington Focus website](#) and click on the "Register" tab to follow the registration steps.

This summer, we have over 1,600 young people participating in the CWF program. Visit the [CWF website](#) to learn more about the CWF program. You can view videos and read testimonials under the "Experience CWF" tab or take a look at the CWF schedule under the "Register" tab.

For more information about the program or how to register your group to participate, please don't hesitate to contact [Molly Young](#), Director of Youth Opportunities, with questions.

2011 4-H NATIONAL YOUTH SCIENCE DAY DURING THE MONTH OF OCTOBER

The fourth annual *4-H National Youth Science Day* (NYSD) will be held nationally on Wednesday, October 5, 2011. Created to combat a shortage of American young people pursuing science college majors and careers, *4-H National Youth Science Day* seeks to spark early interest and leadership in science.

2011 Experiment: Wired for Wind

In this year's experiment youth will enhance their engineering skills by designing, building, and testing two different wind turbine models. This year's National Science Experiment will also help youth relate their scientific experiences back to their own lives by determining the best location for a wind farm in their state or local area by calculating wind power and studying wind data and maps. More information and downloadable versions of the youth and facilitator's guides are available at <http://www.4-h.org/4-h-national-youth-science-day/>.

Bio-Security in 4-H Animal Science

http://www.ca4h.org/Projects/Curriculum/FREE/Bio-Security_in_4-H_Animal_Science/

This free curriculum teaches health safety importance of livestock in the community setting. Livestock shows are an important part of 4-H, but members need to be aware of the disease risks involved when stock from different farms come together in one place.

ENGINEERING & TECHNOLOGY CURRICULUM

4-H Robotics: Engineering for Today and Tomorrow (2011)

<http://www.4-h.org/resource-library/curriculum/4-h-robotics/>

This curriculum introduces robotics to youth ages 9-18 with beginner, intermediate, and advanced skill levels. Youth will develop decision-making and critical thinking skills, and implement an understanding of the scientific and engineering design process as they build real and virtual robots. The curriculum contains three tracks. The Virtual Robotics track of the project will provide youth with opportunities to build and test virtual robots. The Junk Drawer Robotics track will challenge participants to build robots from everyday items. In the Robotics Platforms track, youth will use a commercial robotics kit to explore the world of robots.

TechXite: Discover Engineering (2010)

<http://techxcite.pratt.duke.edu/curriculum/>

TechXite provides activities across a wide range of technologies in order to offer opportunities for middle school students to explore aspects of engineering that are most exciting to them. Modules include topics of biomedtech, wireless communication, and solar energy. Future topics are expected in architecture, digital imaging, GIS/GPS, and transportation.

4-H Filmmaking Studio (2009)

<http://www.4-h.org/resource-library/curriculum/4-h-filmmaking-studio-and-workshop/>

The 4-H Filmmaking Studio and Workshop will assist you with making your own film. Take your time and view each module. Practice with your camera, tell your story, and upload your film to share with others.

Design It! – Projects (2002)

<http://cse.edc.org/curriculum/designit/#orderinginfo>

These extended design engineering activities challenge children to build and refine working models of small machines and toys over a period of 3-6 weeks. While engaging in the activities, children gain experience in physical science, problem solving, experimentation, and collaboration as well as practical familiarity with a wide range of safe, inexpensive, and commonly available construction materials.

Electric Energy (2009)

http://pubs.ext.vt.edu/category/4-H_science-engineering-technology.html

Participants will investigate and understand the characteristics of electricity, which includes the nature of electricity (voltage, ampere, resistance, conductors, and insulators), circuits (open/closed, parallel/series), magnetism and magnetic fields, static electricity, and historical contribution in understanding electricity.

The Power of the Wind (2009)

<http://www.4-h.org/resource-library/curriculum/4-H-the-power-of-the-wind/>

Youth work with members of a team to design, create, build, and test a wind powered devices and are given opportunities to explore wind as a potential energy source in their community.

Aerospace Adventures

<http://www.4-hmall.org/Catalog/ProductDetails.aspx?ProductId=06881>

Participants will learn about many different aspects of aerospace and how physics is involved with flight. Topics become more and more advanced as youth progress through each stage. Every stage also provides activities for hands-on learning through constructible models.

Geospatial - Exploring Spaces, Going Places

<http://www.4-hmall.org/Product/4-hcurriculum-geospatial/08358.aspx>

Accessed entirely on one CD, the three youth levels and helper's guide are valuable resources to anyone interested in geospatial technology, geographic education, Geographic Information Systems (GIS) and Global Positioning Systems (GPS). Activities correlate with National Science Education Standards.